

National Health Federation

BULLETIN

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*Americans
Crusading
for Better Health*

25¢

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TEN YEARS OF PROGRESS

This issue is given over to detailed reports of the Federation's activities during 1964. It is our hope that our members reading these reports will not only feel that their membership has paid off in a big way, but that they will also buy extra copies of this issue and use them to get new members. We are having many extra copies printed and they can be secured at cost of printing—seven for \$1.00 and 35 for \$5.00. The Federation is launching out on its largest program and needs members and finances to carry it through to a successful conclusion. The March issue will again carry our regular features, which have been omitted in order that this issue might give a complete picture of 1964 activities and accomplishments.

Family Circle

By Fred J. Hart

Ten short years—one decade—and the National Health Federation has grown to "man's estate" because its cause was just and its members were willing to pray, work and give to the end that humanity might be benefited.

In all phases of life, growth brings with it added responsibilities, with new problems and the need for new approaches. Each plane of an organization's growth, if that growth is to be sound and lasting, calls for slightly different leadership than that which went before. Such leadership must be administrative, rather than promotional, with the same dedication to the objectives of the organization as that which preceded it, yet younger and more vigorous.

New Officers

With the foregoing introduction, it is our pleasure to present to you the new officers of the National Health Federation.

Charles I. Crecelius of Monrovia, California, President, and, as such, executive head of the Federation. We have been training him for this position for the past three years.

Chris Engleman of Carmel Valley, California, Vice President.

Robert Howell of Long Beach, California, Secretary and Treasurer.

Based on our experience, as the executive head of the Federation for the

first 10 years of the Federation's life, we recommended to the Board of Governors of the Federation that they elect these men to the above positions.

With these men in charge of the affairs of the organization, I have no misgivings as to the future of the National Health Federation and its program.

Chairman of Board

The Board saw fit to elect the writer of this column to the position of Chairman of the Board of Governors, in which position I will be always available to Charles Crecelius, President of N.H.F., for consultation, or whatever the need may be. The Board, in the exercise of very good judgment, elected Rear Admiral A. I. Malstron, U.S.N. (Retired), of Washington, D.C., as Vice Chairman of the Board of Governors. Admiral Malstron is dedicated to natural approaches to health and to proper eating, and he practices what he preaches. He is familiar with the work of the Federation, as he has been an active member of the Board of Governors for a number of years.

Executive Committee

As its closing action, in regard to the guidance of the affairs of the Federation, the Board elected the following to serve as an Executive Committee: Charles I. Crecelius, Chris Engleman, (Continued on page 26)

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Adventures on Health Frontiers
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Tenth Annual N.H.F. Convention Briefs

By Don Matchan

With 10 hectic and productive years behind it, the National Health Federation enters the next decade with a broadened leadership base, an expanded program, heightened confidence in its purpose, and renewed resolve to achieve the twin goals of freedom of choice in health matters, and health education.

Probably the most significant of any convention since its founding by a small group of which Fred J. Hart was the determined, inspired catalyst, the four-day convocation December 30-January 2 in the International Hotel, Los Angeles Airport, was marked by leadership changes which have been developing "according to plan, and as a result of the prayers" of President Hart for a period of time. He has turned over certain responsibilities to a new chain of command which centers now in Charles Crecelius, 44-year-old elementary school principal and businessman-crusader who has been active in the organization since 1955, executive vice-president the past four months, and elected president during the annual meeting of the Board of Governors December 31.

Chosen to fill the post vacated by Mr. Crecelius was Chris Engelman, former Navy careerman, and active in business

circles in the electronics field, formerly of Washington, D.C., now of Carmel Valley, California. Succeeding to the post of secretary-treasurer held for a number of years by Dr. E. Hugh Tuckey of San Francisco, resigned, is Dr. Robert Howell, Long Beach, California.

The "old pro," Mr. Hart, is not out by any means—in a move unanticipated by him, he was elected chairman of the Board of Governors. In that capacity he will remain on the Executive Committee, will continue to be available for consultation with new officers and staff, and for a time will continue to edit the **Bulletin**.

In announcing to the convention that he had stepped down as president, Mr. Hart observed that "every individual, group, or corporation reaches new stages of development, a plane which calls for new programming, new approaches, perhaps. Success depends upon ability to recognize that changes may be necessary, that a different type of leadership and administration might be in the best interests of the organization.

"We've been blessed in finding men to do certain jobs. I think 80 per cent of

(Continued on next page)

our membership are praying people. Without you members and the originators of N.H.F., we would have no organization. We have become influential, useful, and our success is due to your dedication, your willingness to sacrifice and to labor, and to Almighty God. The future will depend on those same factors.

"I know of no more dedicated man, more able administrator, better speaker or thinker than Charles Crecelius. We found our headquarters building in Monrovia; Charles lives in Monrovia and thus can keep in close touch with organization affairs. He is on a sabbatical leave now, and is prepared to devote his time to N.H.F. business.

"The Lord also sent us a man who will serve as executive vice-president—Mr. Engelman—who lived in the East, has contacts with government and with business, has a good head, and believes in what we believe in. When he called me long distance one day, and told me they were now living in Carmel, I knew it was an answer, again, to prayer.

"And we are fortunate, too, to have a young go-getter for secretary-treasurer—Dr. Robert Howell—whom I have known for two years, who lives near Monrovia, and also is dedicated to our principles and purposes."

Mr. Hart described the early history of N.H.F., from the time it was first conceived at a meeting in Kansas City attended by Dr. Royal Lee, Ray Hauser, E. Hugh Tuckey, Mr. Hart, and others. Mr. Hauser gave six months (and salary of \$1,500) to help organize it, Mr. Hart revealed.

"We wanted a voice of the people that could speak out in the realm of health," he said. "A second meeting was held in

San Francisco six months later, when others came into the picture, and from that time we have steadily carried forward the original aims, and the organization has grown. We have able counsel in Washington in the person of Charles O. Pratt; we have a wonderful man as legislative representative in Clint Miller; we have another capable and dedicated man in Howard Long; and no record would be complete without mentioning our loyal office personnel headed by Julia K. Trayer."

At a ceremony Saturday, Mrs. Trayer was awarded the organization's plaque for meritorious service. She has been a devoted worker, spending many hours, even to holidays and weekends when there's work to be done. Her work is meticulously performed, and as Mr. Long stated, "We always know that if Julia is handling it, there's no cause for concern—the job will be done, on time and correctly!"

Mr. Hart paid tribute also to the contribution of his wife, Dorothy, who works side by side with him, handling convention registration, literature sales, and keeping books. Always there with a smile, she has endeared herself to N.H.F.ers who know her.

Continuing in his outline of the history of N.H.F., Mr. Hart recalled that it is structured after the Farm Bureau, which he also helped organize years earlier. "It is so organized that no group or individual with evil intentions can come in and take it over," he declared.

Mr. Hart headed an organization that possessed financial resources and equipment, and he "lent" substantial amounts to N.H.F., and later "wrote off" the

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obligation. He has served as president without salary during the intervening years.

Those close to him have watched him guide organization affairs through troubled periods when fractious personnel or scheming interlopers made life difficult; they have been aware of his unflagging faith in the ideals of the organization and its membership, and of leadership's responsibility to program and members. Those who have heard him pray have been conscious of an abiding faith in the Divine Purpose, and of his love of all of God's creatures; they have watched him in moments of extreme stress—exercising restraint, prudence, true humility, always making his will subordinate to that of the Lord he loves; and they have been conscious of the wise exercise of power, an ability to seek alternatives to vexing problems, and to mediate when that service was required. They have been conscious of his quiet strength, a well of wisdom which seems inexhaustible in content, unimpeachable in quality; they have seen him under fire—undaunted by adversity, calm in the knowledge that he is but part of a larger purpose, a great cause. And they have applauded the keen sense of humor which has carried him over many rough spots at critical times.

These are some—certainly not all—the qualities which distinguish Fred J. Hart, which set him apart, which make him capable of the job he has done in nurturing the National Health Federation through infancy and early growth stages. These qualities gave rise to his admonition during the convention that "the program must become devoid of emotionalism; we must achieve maturity; we must go down the middle of the road, recognizing the right of others to disagree.

"Now that you have a new administration, you may wonder what I am

going to do. Well, I'm going to let them run the ship. Since they have made me Board chairman, I'll be 'riding shotgun' to protect the cargo.

"What of the future? I see it as bright! And I would like to add that sometimes it becomes necessary for changes to be made. All jobs are replaceable. The president, who is the executive head of the Federation, has to possess the authority, and does, to be able to hire and fire. When this happens, know that it is for the good of the organization.

"We will continue to work for those things to which we are committed: to see that every organization raising funds from the public for health causes uses it for the purposes stated; that those committed to finding a cure for cancer use their funds for that purpose; that trial by press in cases brought by federal agencies be prohibited; that Americans regain the right to freedom of choice of treatment in matters of health; that the public be protected against contaminated air, water and food.

"We must continue to strive to build local membership. And please, don't get mad when you're trying to sell someone an idea if they're not immediately interested. We're not ag'in everything; we're not a bunch of crackpots. We do have a sound program that is of value to all Americans, and one of our tasks is to get this message out! The press is becoming more friendly. We have had some excellent coverage on radio, some television, and in newspapers within the last couple of years.

"On this tenth anniversary, your organization is the largest and most powerful influence in the health field crusading for the rights of the individual and a solution to the nation's health prob-

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lems. This is true because you, its members, have made it so. I thank you, from the bottom of my heart, for your co-operation, your prayers, your sacrificial giving, and hard work."

That Mr. Hart's contribution—which has included not only years of free service but thousands of dollars in actual cash—is appreciated by fellow officials, staff and membership was demonstrated during the surprise presentation on the last day of the convention of a beautiful silver bowl, appropriately inscribed as follows:

TO

FRED J. HART
PRESIDENT AND FOUNDER
WITH ENDURING AFFECTION
JANUARY 1, 1965

The new president, Charles Crecelius, has an M.A. in Education, and lacks only eight hours of course work for a Ph.D. He will be 44 in March, and lives with his attractive and hard-working wife, Jeanette, in Monrovia. Mr. Crecelius has been in the public school system 18 years, the last 13 as a principal. Four years ago, he and his wife established a distributorship which has become the largest within a nationally prominent direct sales organization. He has maintained a lively interest not only in N.H.F. activities but in crusades involving humanitarian objectives. He is widely known in Southern California in connection with these efforts, one of which included a campaign (successfully waged) to keep gambling out of his home city of Monrovia.

First Day's Program

Following registration, the convention got under way at 11 a.m. with an hour-long round-table on "Federal Controls on Pesticides and Air Pollution" conducted by the Washington representative, Clinton R. Miller. Dr. Walter J. Hodson presided over a round-table re-

viewing "Problems Facing the Health Food Industry and How to Solve Them." In the afternoon, Walter De Land, University of Utah athletic director, spoke on "A Coach Looks at Health." Senator Jack B. Tenney, N.H.F. legal adviser, presented the "N.H.F. Legislative Program for 1965." E. E. Rogers, M.D., C.M., spoke on "Medical Delusions." The evening program opened with an address by Howard C. Long, "They Said We Couldn't Do It." Dr. Bernard Jensen addressed the group on "Strengthening Man's Kingdom." Mr. Crecelius presented the "Report of the Executive Vice-President," and the remainder of the evening was spent visiting the 55 exhibits.

Dr. Wilson on Acidity-Alkalinity

The second day of the convention opened with a round-table conducted by Betty Lee Morales on "Pesticides." "Acid-Alkaline Balance—a Cue to Health" was the subject of an address by Dr. George C. Wilson, formerly chief of cancer research at Spears Hospital in Denver.

Using a specimen of urine, Dr. Wilson performed a test with litmus paper (Squibbs) and observed that a yellow color indicates an acid urine, dark blue highly alkaline urine. He said that instead of using a norm of 6.0 pH, he has established a "functional norm" of 5.8, since "the normal pH of the body is slightly on the acid side—the body functions better when it is slightly acid. Anything over 5.8 we must call an alkaline condition."

Pointing to the test tube, he continued, "... here you can see incompletely digested proteins; we can find the percentage by letting it stand or placing it in centrifuge. From the urine specimen we can determine whether a body is toxic.

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"During four years at Spears I saw the worst cases; we got those really difficult ones, the terminal cases. In spite of the advanced stages of illness, many, nevertheless, got well. I learned at Spears that all chronic ailments are too alkaline. A patient doesn't die except from a heart attack, drowning, etc., **except from alkalinity.** I saw thousands of cases, and a large percentage got well. Cancer is no more difficult to cure than any other disease—there's a time it can be cured—but when it reaches the stage it announces its own presence, it then may be irreversible. Cancer can develop from 96 itis (inflammation) ailments. Nephritis can become cancer. The government didn't stop us from researching; if it hadn't been for the death of Dr. Leo Spears and the strain on my health, research would have still been carried on.

"There are several kinds of bacteria in an alkaline background. No person becomes sick until too alkaline. To change the situation we must acidize the body. Two M.D.'s, a dentist and myself have written about alkaline conditions in patients, and have learned the level of health could not be altered until alkalinity was changed. Dr. Jarvis in **Folk Medicine**, Dr. Sam E. Roberts in **Ear, Nose and Throat Deficiencies and Imbalances**, and Dr. Hawkins in **Applied Nutrition** have learned the answer—so simple that it's laughed at. It can be bought for 78 cents a gallon. It's apple cider vinegar, not distilled, but live, a live culture that brings about chemical change resulting in acetic acid, not apple cider. When you have a sore that won't leave, swab it out with water, then with apple cider vinegar. A couple of treatments and a healthy scab will form. It will even relieve psoriasis; it won't cure it, the outside cannot be cured when the inside is left with garbage.

"Eat enough bulk for good elimination. And if you want to create a better acid-alkaline balance, drink vinegar cocktails: A tablespoon of vinegar in a half glass of water, followed by a quarter glass of water. Take one in the morning and another at night. If you've eaten something during the day that hasn't agreed with you, take another vinegar cocktail. Genuine over-acidity does result in real heartburn, but most people are not over-acid.

"Dr. Jarvis found that if you have diarrhea, cramps, or tend to ptomaine, it can be counteracted through vinegar. These things you can test for yourself. The time to make the test is three to four hours after a meal. If you've eaten a lot of fruit, it might show acid if taken soon after eating. To find out whether you're alkaline or acid during the night, take the first specimen of urine in the morning. To determine the systemic acid-alkaline condition, take a second specimen of urine later in the morning. Alkalinity should register 6.9 to 7.0. The last urine specimen before the evening meal should register 4.5 to 5.0 acidity. Proteins are the best acidizers, next to apple cider vinegar. Vitamin C and B foods also are good acidizers.

"Foods may be classified as follows: Greases, fats and oils; starches and sweets (pastries), fruit, proteins, green and root vegetables. The first four groups won't mix without interfering with the digestive process, but vegetables can be mixed with any of them. A good meal, containing proper elements, but mixing fats, fruits and starches, turns into what I call garbage. We should have fruit, but not mixed with meat. The older you get, the less fruit you need, the better off you are from the less fruit you eat. Meat is highly acidizing;

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the others are highly alkalinizing. Green, leafy vegetables and fruits in a cold climate would wreck you; in a cold climate we need to be acidized. Hot weather tends to acidize us; if we eat alkalinizing foods in winter we defeat Nature."

Dr. Wilson suggested as a protein breakfast, two soft eggs with whole-wheat toast, a little fruit perhaps, or old-style oats, soaked eight hours and eaten cold or warmed but not boiled, with a teaspoon of brewer's yeast and molasses if desired. He listed as "one of the worst alkalizers," milk and milk products, least offensive of which are cottage cheese and buttermilk. For the chronically ill and older person, "milk is the worst. Drink milk and test your urine," he challenged. For lunch, Dr. Wilson suggested salads—vegetable, tuna, salmon, cottage cheese. "If you have meat, don't eat too much, and don't cook the life out of it. A robust person on the acid side can eat meat. Some of the more highly alkalinized cases I observed were people not eating meat. The important thing is the effect that meat—or vegetables—produces on the body!"

Report from Clinton Miller

Washington Representative Clinton R. Miller presented his report, following an introduction by Dr. Walter Hodson, who commented, "I wonder if you people know of the dedication, the respect for rockribbed character, the reputation for fearlessness and integrity that your money is keeping in Washington?"

Mr. Miller described the N.H.F. congresses on health monopoly held to focus public attention, not on quackery as the AMA-FDA-sponsored sessions have done, but on "the quality of food we're getting." He said several M.D.'s expressed such concern, and declared themselves as believing in freedom of choice.

"How long will it be before we have the same tolerance in medical belief that we do in religion?" he asked, adding that "the odds are changing quickly."

He welcomed the expression of ideas from members of N.H.F., routed to the headquarters in Monrovia and then passed on to him in Washington. These ideas are adapted and used, he said. "Most of the work we do will never be credited to N.H.F.," he said, "but this is a basic principle. Much of the effective work done in Washington by senators and representatives is a result of our behind-the-scenes efforts. We now have 56 congressmen (17 senators and 39 representatives) who introduced the Krebiozen fair test resolution at our request. We now can get any bill introduced; there are enough senators and representatives who know we won't ask them to become identified with frivolous matters. This still doesn't mean too much, except that the hot breath of legislation often deters improper practices. For example, the hot breath of legislation led to adoption by the tobacco industry of a code of their own to curb objectionable advertising practices. We are known as an organization with no personal or commercial ax to grind, and this is important."

Dr. Hodson Speaks

In an address titled "Where the Quackery Is in Health," Dr. Walter J. Hodson pointed to the sums spent in this country for cosmetics (\$6 billion), on burial service (\$2 billion), on soft drinks (\$2 billion), on tobacco (\$8 billion), on alcohol (\$11½ billion)—and yet they tell us that when we spend \$2 billion to keep well by use of proper foods, this is quackery! A newspaper article says 2½ million ill persons in Europe and the U.S. will die this year. But when 14 persons go to the office of the

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director of the Department of Health, Education, and Welfare to seek a hearing for Krebiozen, they are arrested. Where's the quackery? We can spend billions on booze, but when we buy carrot juice, it's called quackery. How naive do they think we are? They say they want to help us, so they put out a booklet telling us how to prepare food, and they suggest the vegetables we take home be cooked carefully. Why? They're already dead! I suggest that the vegetables be treated carefully, but to preserve the enzymes. We say that for the eyes, clean up the bloodstream and take Vitamin A; they say go to the oculist. For 20 years they said Vitamin E was not needed in the diet; now they say it is. Who changed, Nature's Vitamin E or the government's ignorance? You've never put your money into anything that gives you as great a return for your money as does the program N.H.F. stands for. N.H.F. is protecting you against the three R's—ridicule, restriction, reconstruction. If by ridicule or restriction the drug industry and the AMA cannot eliminate unwanted ideas and practices, they try reconstruction, as with the osteopaths in California. Is folic acid good for us? Yes, so they have it put on prescription. If they can't laugh you out of it or restrict you from getting it, they say, 'All right, we'll give you a nice synthetic copy of it! Let us stand with N.H.F.; let us support it with our dollars and our actions.'

George Hamilton, Chicago, spoke briefly, endorsing the principles of N.H.F. and pledging his efforts toward achievement of a membership goal of 100,000. He organized five chapters following the convention in Chicago earlier in the year.

Use of what he calls specific antigen therapy by Dr. I. N. Frost, Raymondville, Texas, in degenerative disease cases, was described by Elsa Welch who

works with Dr. Frost at his Memorial Hospital for Cancer Research. She said Dr. Frost first worked with virus and cancer in the period 1917-20 when the bacteriologist left without explanation. His interest in this approach was revived later, and he studied the Koch therapy, Lincoln bacteriophage, Dr. Scott's serum, and later investigated the autogenous vaccine approach pioneered by Dr. Fonti of Milan, Italy, using it in conjunction with other substances such as Krebiozen and Mucorhizin.

"Dr. Frost says all disease is caused by a bug, worm, bacteria or microorganism, that cancer is caused by a virus," Miss Welch said. "He is convinced the only successful remedy is a serum containing the specific antigen."

In addition to cancer, Dr. Frost has worked with emphysema, diabetes, epilepsy, palsy, muscular dystrophy, each of which, he believes, is caused by viral infection. He takes cultures from the patient's nose, throat, urine or fluid, makes a vaccine which, when reintroduced to the body, usually orally, "stimulates anti-bodies within the patient's body to combat the disease." Patients take a six-month supply; the treatment is said to be relatively inexpensive.

Dr. Frost is in his eighties, was graduated from the Memphis, Tennessee, Medical College in 1903 and has practiced since. He was president of the Wyoming Medical Association in 1917.

Mr. Pratt's Report

A luncheon for life members of N.H.F. was held the third day of the convention and Mr. Hart introduced new officers and a few honored members who have been devoted to the organization's ideals for several years.

"Legal Matters Affecting Your Health" was the subject of an address by Charles Orlando Pratt who has been the Washington Counsel for N.H.F. for several

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years. (Mr. Pratt's address is published in detail in this issue of the **Bulletin**.)

Declaring that "the power of public opinion lies with people like you," Mr. Pratt said he is encouraged by accomplishments of the past year, "because there is coming a realization that something is wrong. This organization stands for the thing that motivated the Boston Tea Party participants—freedom!"

The Washington attorney repeated, for emphasis, that he has "faith in the courts of this land when the courts know the facts." He told of several experiences he has had in which justice prevailed after the facts had been presented. Ignorance of the law, by lawyers as well as defendants, can result in a miscarriage of justice, he implied. He hailed as a "victory" the ruling by a federal court in Detroit that generalizations are not sufficient, that the Food and Drug Administration must specify "which sentences of which paragraph of which page of which book was responsible for the charges brought. Until this ruling the government had just said 'the book' in its mislabeling cases." He told of a case in which a community was engaged in a fluoridation campaign and the opponents were denied access to radio and television facilities. Drawn into the case at the last minute, Mr. Pratt obtained from the Federal Communications Commission an order that the man be granted time to be heard. The vote the next day gave opponents 3,000, proponents 2,000.

"Government people are human; they make mistakes," he continued. "They have been under the control of the drug monopoly and the powerful machine of the doctors. But let it be understood that anyone in the United States has the right to use dietary food supplements and no one has the right to stop

him, provided false claims are not made that it treats a specific disease. Foods may be used for age, and as far as I know, when the heart beats that's some kind of age.

"Because of the 54,000 protests sent to Congress by this organization, the Food and Drug Administration did not put through the regulation requiring that food supplements be available by prescription."

Mr. Pratt told of an article by Dr. Frederick Stare who cautioned readers to "beware of health food stores."

"It provoked us," he said, "and I wrote an article expressing the opinion that no one has license to charge an entire industry with fraud, and pointing to a recent decision sustained by the Court of Appeals that books in a store do not necessarily misbrand all the products on the shelves of that store. Dr. Jarvis is criticized for saying apple juice and honey are good for us, but there is no evidence that Thalidomide which brought misformed children into the world was called a fraud. More than 80 million persons are suffering from some kind of disease; if that's the progress, then I thank God for people like you who believe in sunshine, clean air and food grown on good soil. The government does not have the constitutional statutory authority to destroy any industry producing food, provided it's not harmful. It does not have the right to destroy the practice of chiropractors. When its agencies attempt to do this by intimidation, knowing their acts are without legal basis, this is wrong. And it is wrong, too, when agencies condemn by press release a man or business before the defendant has even seen a copy of the complaint. This is another abuse of power that the National Health Federation is pledged to oppose."

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Demonstration by Mr. Brenner

One of the best-received presentations on the program was a demonstration by Mr. Brenner, stainless-steel ware distributor of Los Angeles. Mr. Brenner showed how soft metals (iron, aluminum) retain grease and food particles and change chemical form because of heat. He told of surgery required for persons swallowing slivers of porcelain or glass from other types of cookware. And he showed how the nutritious elements of vegetables leave the vegetable when immersed in boiling water.

Dr. Noble Speaks

Dr. John W. Noble, Portland, Oregon, naturopath, spoke on restrictions which aid allopathic practice and discriminate against the practice of chiropractic, osteopathy and naturopathy. No public funds for educational institutions of any healing art except allopathy have ever been made available in this country, he asserted, recalling the vain plea of Dr. Benjamin Rush, a signer of the Constitution, that that document include a passage to guarantee freedom of medical choice.

"The only licensed professionals remaining are the chiropractors, osteopaths and naturopaths," he declared. "The only reason they still exist is because they say, 'We won't go along.' Not one nickel of public funds has ever gone into educational facilities of these three groups. Basic science laws were passed in 28 states requiring that any individual to be licensed to practice in the healing art must first pass that examination, in six subjects. We began to educate our men and they began to pass it. When the allopaths found they couldn't get us out of business by these means, they staffed the National Health Institute, the Public Health Department and the Food and Drug Administration with their people exclusively.

They are autonomous, and exercise power through intimidation. A few years ago, their first Congress on Medical Quackery was held. Yet it is a well-known fact of history that what was yesterday's heresy is today's dogma. Dr. Abrams' device was branded quackery, but now they've come out with an instrument by which they say carcinoma can be detected. If they had their way, they'd prevent anyone from practicing without an allopathic license. We've never had tax money to support our institutions, but the nonallopathic professions have been recognized by Congress—the G.I. Bill of Rights educational funds may be used to study at our schools."

Dr. Noble said a six-year course is required, and naturopaths in states with basic science requirements get everything the allopath does except the training in allopathy. The naturopath uses botanical compounds instead of drugs.

Dr. Vann on Hypnosis

"Medical Hypnosis in Dentistry" was the subject of an address by Dr. John C. Vann, North Hollywood, who described the hypnosis used by dentists and doctors as "the professional man's ability to influence a patient's habits. Hypnosis is an art, not a science. Its use varies from person to person. Fear of the unknown is the greatest enemy of hypnosis and the greatest barrier to good health."

Classes were given at the University of California on hypnosis, Dr. Vann disclosed. "People hate changes that tend to upset established ideas. The status quo is comfortable. Hypnosis is susceptible to unwarranted condemnation and distortion, abuse, too much enthusiasm, and wishful thinking," he continued. "War neuroses and battle fatigue brought it into greater use. It is a true branch of psychological science. The

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mind is complex; we know little about it. Hypnosis can be described but not defined. It is a state of relaxation a person enters when he accepts the suggestions of the doctor and acts on them.

"Hypnosis has been described as a pleasant feeling; some call it a heavy feeling; others say they enjoy a 'peaceful state of mind' under hypnosis. It is a complete state of mental relaxation. Is it harmful? No. A person may have a fear of riding in an elevator. If the doctor explains for an hour during the conscious state why it shouldn't be feared, the person will probably say, 'I agree with everything you say, but I'm still afraid.' If given a posthypnotic suggestion, the patient loses the fear.

"The power of hypnosis lies in the subject's imagination. When imagination and will power conflict, imagination usually wins out. Fear is the greatest enemy of hypnosis. What has a person associated it with? Perhaps a performance he saw, a movie, in which disagreeable associations exist. But it does have its place in the practice of the healing art."

On the final day of the convention, the morning session opened with a round-table conducted by Mr. Clinton Miller dealing with "Federal and Legislative Programing for 1965." An address by Dr. Royal Lee had to be canceled because of his last-minute inability to be present. The afternoon program included an address by Dr. Leonard Savage, "A Chiropractor Looks at Health"; a round-table and an address by Kurt Donbach, and introduction of the 1965 officers and Board by Mr. Hart. The evening program included an address by Howard Long, George Hamilton, "What's Happening to Nutrition?" and the climaxing speech of the convention by nutritionist Adelle Davis, probably the greatest and best known in the health field.

Quotes from "Medical Economics"

"Why Cultists Flourish"

"Let's Stop Subsidizing Cultists!" Dr. Edgar Rosen warns against the rising influence of non-M.D. healers. The peril Dr. Rosen deplores originates in our medical schools, which are frankly committed to turning out scientists rather than healers. Fully 80 per cent of illness is functional and can be effectively treated by any talented healer who displays warmth, interest and compassion, regardless of whether he's finished grammar school. Another 10 per cent of illness is wholly incurable. **That leaves only 10 per cent in which scientific medicine—at considerable cost—has any value at all.**

"We should try to restore the M.D. to the position of prime healer. A graduating M.D. intent on pursuing a career in science isn't going to make an acceptable healer. Forced by his medical school professors to abdicate that role, he leaves it vacant for usurpers.—Arthur Robroff, M.D., Seattle, Wash."

"Chiropractic has advanced far beyond most of our fears. It's second only to medicine in number of practitioners. If there's a solution to this problem, it may well be the same solution we found to our problem with osteopathic physicians: acceptance.—M.D., Illinois."

"In defense of cultists"

"Whatever their faults may be, cultists do less harm than some practitioners of so-called 'scientific medicine.' Just consider the rise in iatrogenic [diseases caused by drugs] diseases. Medical sources admit that 90 per cent of patients will get well without treatment and that about 50 per cent of diagnoses are wrong. Before going after cultists, M.D.'s should start cleaning up their own stable and stop trying to monopolize health care.—Carl I. Fagan, D.O., Monterey, Calif."

1964 N.H.F. General Activities

By Howard Long

This is the second annual report it has been my pleasure to present to the Board. Membership has been listed first as the growth pattern is significant to those of the Board who have been with N.H.F. for a period of years.

The November mailing is used for purposes of this report because of a time element. The subject mailing in 1963 totaled 8,690 with bulk in addition at 689. This year the subject mailing totaled 9,499 with the bulk at 728. Actual membership at this time is 9,747 plus bulk or a total of 10,475.

The daily increase in membership is now averaging nine. It is interesting to note that an increasing percentage of the new memberships is from persons of the professions.

Losses in 1963 were 1,501 and in 1964 dropped to 1,459.

Total affiliate memberships (individual) approximate 376. At this time N.H.F. is reaching 10,851 homes. Using a national average for families, which was prepared by the U.S. Government, which is 3.7, we are reaching between 32,000 and 40,000 persons as contrasted to 29,000 to 35,000 at this time last year or an increase of approximately 4,000.

Membership increase in 1963 was 8.53 over 1962. The 1964 increase was 9.17 or a difference of .64%. At this present trend, the membership in December, 1964, would be 11,000. This is an acceleration of over 10% if based on years previous to 1963 and is technically exceptional by U.S. Government Small Business Administration surveys considering that our net worth is also increasing annually.

In 1963 we gained 104 Life Members and two Perpetual Members. In 1964 we gained 170 Life Members and three Perpetual Members.

Chapter Activity

On January 1, 1963, we had 42 chapters listed in our files. On examination it was found that many were not active and had not been so for over a year. Additionally, several had not been formally chartered by headquarters. Officers were contacted on three occasions. Materials were forwarded and assistance given when required. As a result, many of the chapters were eliminated and those remaining strengthened. At this reporting we have a total of 35 active chapters representing from ten to over 400 members. The increased activity and interest through liaison is encouraging. A new, detailed folder has been prepared for chapters which will facilitate proper establishment and maintenance in addition to stimulating financial support.

Mr. George Hamilton has shown exceptional interest and ability in organizing and stimulating chapter activity. As a result of his effort in the past three months, several chapters have been "re-activated" and a number are to be formed. He has made 15 speaking engagements that I am aware of. He is directly responsible for having started three substantial chapters. He is acting as President of the Chicago Chapter at this time. He has traveled at his own expense as far as New Orleans and that group changed their identity and applied for a charter.

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Affiliate Activity

At the present time, we have eight active affiliate groups representing about 376 persons. During 1964 we have gleaned approximately 50% of the membership of these groups as members of N.H.F. At each opportunity we encourage groups to become affiliates and here, again, the picture is a good one.

Headquarters Building

The headquarters building has been painted on the interior and exterior. A new roof has been installed, a parking area paved and some minor interior work accomplished. The building is in excellent condition. We are presently trying to rent three available room groupings for additional income.

Equipment

General equipment is adequate and in good repair with the exception of two typewriters and the automobile. Extensive repairs or replacement may be necessary during 1965. The newest piece of equipment is a letter stuffer which has been an excellent, time-saving addition. It was acquired by soliciting savings stamps and cost \$1,246.21. Thus far we

have redeemed the stamps for \$857.00 and will continue to solicit them for necessary future payments on the contract and later for office materials. Green and blue stamps are most helpful. We need blue stamps with which to purchase a conventional type typewriter.

Convention Activity

Shortly after I joined N.H.F., I urged a stepped-up convention program and Mr. Hart concurred. Often we make little profit and the preparation is difficult and time-consuming; however, it has been proven that such activity has enabled the membership to personally identify with us and as a consequence they have been "stimulated" into more active interest in many ways. I still consider convention activity the best method of promoting continued, effective and stable growth.

Following is a breakdown of expense, cost and surplus on conventions in 1964. The surplus column DOES NOT reflect memberships received during or after one-day conventions, but does include memberships and donations received at the Chicago and Los Angeles four-day conventions:

	Expense	Income	Surplus
January — Los Angeles (4 days)	\$1287.04	\$5637.00	\$4437.00
April — Baton Rouge Congress	1992.00	1699.41	- 292.59
April — Phoenix	392.64	549.00	156.36
April — Salt Lake City	559.60	533.74	- 25.86
May — San Francisco	705.49	594.50	- 110.99
June — San Diego	699.51	1073.00	373.49
June — Encino	406.34	773.26	366.92
August — Denver	150.00	370.00	220.00
Sept. — Chicago (4 days)	2642.53	6539.67	3897.14
October — Seattle	444.23	399.50	- 44.73
October — Portland	544.55	387.80	- 168.95*
		Surplus	\$8807.99

*Includes cost of one-day Congress on Health Monopoly

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Total memberships received at the conventions reflected above were 63 Life and 410 Regular. There were many pledges made and many renewals in addition.

Gross income at the conventions was \$26,906.88 including memberships. In addition we have received many members subsequent to conventions. Further, we can expect a good percentage of members to support us through the year by making donations and possibly acquiring additional members.

Of significant value is the fact that we had three congresses on medical monopoly in addition to the other conventions. One was held in Baton Rouge, one in Portland and one in New York City. All were successful.

Two additional one-day affairs were held in Ft. Wayne and Peoria with Dr. W. J. Hodson and Clinton Miller in charge. These were experimental and did not have commercial displays. The gross from each approximated \$700.

For the year 1965, your executive secretary and executive vice president prepared a tentative plan which was approved by Mr. Hart and now awaits the approval of the Board. The plan calls for one-day conventions in Phoenix, Houston, Dallas, Miami, Jacksonville, Baton Rouge and New Orleans in April. This would be called the "Spring Swing" and run from April 9 through April 19. By including so many one-day affairs in one trip the expenses are considerably less. Additionally, we would like to have one-day conventions in Oakland, Portland, Seattle, Salt Lake City, Denver and San Diego, plus the regular Midwest four-day convention in Chicago.

The programing is aggressive and will be time-consuming, but it has been proved that such activity is beneficial

to our general program. More important, conventions develop personal "identification" and strengthen and stimulate membership and activity.

Public Relations

Your executive secretary has worked closely with NDFA and NDFA regional organizations (NORCAL, SOCAL, NW-DFA) and regularly is able to have materials printed in their publications. The liaison is excellent and we will continue to receive increasing membership and financial support from these groups. We also now have regular monthly columns in **Let's Live** magazine and **The Naturopath**, which I prepare. This year I was privileged to speak before one church, eight civic groups, 11 chapters, two chiropractic groups, one massage association, one naturopathic group, one show at the local Shrine Auditorium, one health food store group, and one two-hour radio program, on 11 television programs and, additionally, prepared 16 newspaper releases. This was in addition to the congresses and conventions. I was also District Chairman for the annual fund-raising campaign for the Boy Scouts of America and recently arranged a meeting of Citizens for Decent Literature. On each occasion N.H.F. received excellent publicity. Without a special effort, special employee or specific budget, I do not think we could do or expect more.

Political Activity

In 1964 your executive secretary appeared before three Cancer Advisory Council hearings, one on pesticides, one on air pollution and two on drugs. On each occasion N.H.F. had a prepared statement which was made a part of the record. It is interesting to note that our opinion and activity is solicited directly from Berkeley and Sacramento

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now. I was recently asked to appear before a Commerce Commission hearing on air pollution which will be held in January.

Staff

Last year we reported the elimination of one employee. Through Mrs. Trayer's efforts and the new machine it has not been necessary to effect the replacement. Additionally, Mr. Miller was without a secretary for a few months and I was without one for two months. The new Washington, D.C. office is also less expensive than the previous location. The total wages paid in 1964 will exceed those paid in 1963 because of increased membership and health educational projects.

Financial Condition

In all years to date we have had loans and operating deficits, but if the current trend continues we expect to be debt-free by the end of 1965, with the exception of the building loan, of course. Quite naturally, however, we expect to increase our activity when possible which would increase expense to some degree. Although we have had increased activity and production in 1964, the operating costs were lower.

Summary and Recommendations

There is nothing in this report to cause alarm. It is, to the contrary, one which is encouraging. I have no doubt but that N.H.F. is steadily moving ahead and is becoming increasingly important in society. I am cautious in my conduct, and to those who would change N.H.F. am unyielding when confronted with excellent offers which would alter our effective policies. N.H.F. is unsullied, as it should be, but because of our necessary policies we have a continuing problem of finance. Although the picture I have presented is encouraging, though not based on other than fact, we do not

have a much-needed capital surplus account.

I wish to thank the Board for hearing this report. It will be my pleasure to discuss any or all of its points with any member of the Board. It has been a pleasure serving N.H.F. in 1964.

Respectfully submitted,
HOWARD C. LONG

The Naturopathic Way to Health

The **Naturopath**, handsome, information-packed monthly magazine published by the National Association of Naturopathic Physicians to acquaint lay readers with natural health and organic gardening facts, is now being offered to members of the National Health Federation at just half its regular subscription cost.

Each month the **Naturopath** presents down-to-earth facts on preserving natural health and physical well-being. It delves into the ever-fascinating world of herbs and botanical research; explores the origins and dramatizes the rich legacy of age-old folk medicines and healing lore; provides a practical month-to-month guide to richer, happier living. Here is a modern magazine produced by the oldest school of healing arts known—a profession that traces its beginnings back to Hippocrates and beyond!

N.H.F. members may now obtain a year's subscription to this informative, hard-hitting monthly champion of Nature's Way of Life for only \$1.50. Send your subscription, indicating your N.H.F. membership, to The Naturopath, 1920 N. Kilpatrick St., Portland, Oregon. Or send 25¢ for a sample copy.

1964 N.H.F. Washington Office Activities

Report by Clinton Miller

The year of 1964 was so filled with National Health Federation victories, accomplishments, growth, and favorable legislation that it is with great difficulty this report is written in less than jubilant terms.

Bearing in mind that it is difficult to disentangle the overlapping accomplishments of one year from another, and especially to dissect a Congressional two-year term, the report will try to emphasize those areas where events in 1964 won or presage great or significant victories.

Unreportable Labors—The Hidden Influence of the N.H.F.

Much of the most useful, enduring and time-consuming work of the N.H.F.'s Washington Office cannot be reported in detail simply because its effectiveness would be destroyed by taking credit for it. Our most important gains in the past, and increasingly so in the future, come when we get senators, representatives, scientists, or government officials to do our work in their names. As "ghosts," we do the research. We dig up the evidence, do the homework and prepare the cases. We have frequently arranged in 1964 for unbought and unbiased specialists to appear before congressional committees or government agencies to give testimony supportive to the N.H.F. program. But we lean overboard to prevent identification between ourselves and our increasing unpaid staff of specialists and experts. We have gained the confidence of medical friends, attorneys and scientists who know they can trust us to hold a confidence and give them reliable information and leads and they

introduce us to others. Now our circle of influence reaches into the highest levels of government.

N.H.F. as a Catalyst in Washington

A great deal of N.H.F.'s Washington work in 1964 was as a co-ordinator (catalyst) between senators and representatives who are friendly and interested in our program, but are not aware of other congressmen's parallel views. So busy are senators and representatives that they are often not aware of similar health views held by other solons whose offices are next door. The N.H.F. legislative advocate has, with increasing competence, acted as a catalyst, bringing together those who think alike. Most congressmen **WANT** to do something to correct health matters, but need to know of interested colleagues before they are able to work most effectively.

During 1964, as never before, the Washington Office of the N.H.F. has used the catalyst approach and "other mouths" to plead our cause. It has paid off. Hidden influence is like virtue, however; when you talk too much about it, people become suspicious as to whether or not you have it.

N.H.F. and Health Funds Drive Legislation

H.R. 346 by Representative Sidney Herlong (D-Fla.) took a giant step forward towards ultimate passage in the 88th Congress. (H.R. 346 is the same bill as H.R. 9319 of the 87th Congress.) It would amend the Internal Revenue Code of 1954 to require the filing and publication of pertinent information

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by tax-exempt, nonprofit organizations which conduct public fund drives. It would protect the public against improper utilization of the proceeds of such drives.

We are pleased to report that, in spite of efforts by certain fund-raising organizations to prevent it, Representative Herlong was able to get the overly-busy House Committee on Ways and Means to refer the bill (H.R. 346) to the Department of Treasury for "comment."

This is standard operating procedure for any bill that is taken off the shelf and is really seriously started through the legislative machinery. Over 90% of all bills that are introduced die in committee without ever being referred to the appropriate agency for "comment." If the agency views are strongly adverse, and the bill's sponsors and backers will not amend the bill to oblige the agency, the congressional committee is reluctant to hold hearings. The bill is labeled as "CONTROVERSIAL" and those who would be adversely affected have an excellent ally in the agency staff.

If, on the other hand, there is general agreement between the bill's sponsor and the agency, the committee is naturally far more inclined to hold hearings. **This, happily, is now the case with the N.H.F.-backed Fund Drive Bill (H.R. 346).**

The Treasury Department gave their views on H.R. 346 as follows: "Since this bill . . . is a step in the right direction towards a fuller public disclosure, this Department would not be opposed to its enactment." It then listed several minor constructive comments to make the bill more effective (which Mr. Hart agreed were in harmony with the N.H.F.'s intent), and closed its statement with, **"Subject to these comments, we would not be opposed to the enactment of H.R. 346."**

By the time the Treasury views were returned to the Ways and Means Committee of the House, it was booked solid for the balance of 1964. Your Washington Office has already contacted Representative Herlong to have the bill re-introduced in 1965 with the Treasury Department's modifications. In addition, we have contacted Senator Fritz Mendal of Minnesota who may start action for us in the Senate. As Attorney General of Minnesota, he has exhibited great interest in this problem in the past and is given credit for exposing the Sister Kenney polio fraud in 1960. (See N.H.F. May, 1962 **Bulletin**.) We intend to have the bill introduced in the 89th Congress in the Senate for the first time.

Strategically, we are now in the excellent position of having the Department of Treasury backing our bill. The target fund-drive lobbies are on record as saying to Congressmen that they already report the information our bill would require them to reveal, so they will have difficulty testifying against it. And to top this off, we have a possibility of strong Senate support for the first time since the bill was introduced.

Congressional and Agency Testimony by N.H.F.

The legislative advocate of the National Health Federation testified on most major health legislation before the appropriate Senate or House committees during 1964.

I. N.H.F. Testimony before Representative Fogarty's Appropriation Committee. For the first time in its history, the N.H.F. testified before the powerful Appropriation committees of both the Senate and the House. Luckily, something in our House testimony sparked an interest on the part of Rep. Fogarty who seemingly had never heard a strong, nonapologetic presentation of our point of view. Following the reading of our

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written statement of 3,000 words, your legislative advocate was encouraged to amplify some points. There followed an extended "on-the-record" discussion with Rep. Fogarty which lasted for 2½ hours, and fills 35 pages of the printed hearings (over 17,000 words). The various health magazines, including **Prevention**, have quoted widely from this testimony.

In response to our suggestion to the committee, Representative Lesinski (D-Mich.) introduced a bill to start an Institute of Nutrition at the National Institutes of Health that would be oriented toward the prevention of illness rather than its treatment (medically).

II. N.H.F. testimony was given before Senator Lister Hill's Senate Subcommittee on Health Appropriations. The N.H.F. was extended a courteous and fair reception.

III. N.H.F. testimony was given by your legislative advocate before Senator Harrison Williams' Subcommittee on Frauds Against the Aged at the San Francisco Field Hearings.

IV. N.H.F. testimony was given to the House Health Subcommittee when they considered legislation dealing with cigarette advertising and labeling.

V. N.H.F. testimony and thousands of N.H.F. postcards were put into the Committee Hearing record of the House Health Subcommittee as they considered Rep. Libonati's bill to provide judicial review of agency orders concerning biological products.

VI. Testimony was given to the Federal Trades Commission on their proposed rule-making pertaining to advertising and labeling of cigarettes.

N.H.F.'s Special Interview With Esther Peterson

The Washington Office of N.H.F. was able to secure a personal interview with Mrs. Esther Peterson, and establish an excellent rapport with President Johnson's Consumer Advisor.

Two Regional Congresses on Health Monopoly

I. The Washington Office of N.H.F. participated in the Baton Rouge, La., Health Monopoly Congress.

II. The Washington Office of N.H.F. arranged and directed the New York Congress on Health Monopoly, November 20, 1964. We claim our Congress caused the AMA-FDA "anti-quackery" Congress slated for the same date to be canceled and a "staff meeting" called which was attended by 22 in a hall that was large enough for 350 and it was closed to the press. The N.H.F. Congress was very successful. We had an **overflow** crowd of more than 500 in attendance. Carlton Fredericks appeared on our platform along with many other dignitaries. We gained over 40 new members. Following the New York Congress, your legislative advocate appeared on New York radio shows for 11 full hours by invitation.

Speaker at NDFA Convention

The N.H.F.'s Washington Director was a featured speaker at the annual convention of the National Dietary Foods Association held at Denver, Colorado.

Speaker at American Massage and Therapy Association

We were happy to present the N.H.F. program to the American Massage and Therapy Association at their annual convention in Milwaukee, Wisconsin, August 7.

Speaker at Other Meetings

In addition to the above national convention invitations, we were invited to address the Layman's Homeopathic League of Washington, D.C., the Fairfax Lions Club, the Washington, D.C., Natural Hygiene Society, and others.

Fort Wayne, Indiana, and Peoria, Illinois, Experiment

Following the Chicago convention, the writer traveled to Fort Wayne, Indiana, (Continued on next page)

with Dr. Hodson to give a trial educational and membership lecture. It was very successful, resulting in several lifetime memberships, new members, and renewed local interest.

This meeting was followed by a one-night lecture in Peoria, Illinois, with similar successful results.

Krebiozen

The Washington Office of the N.H.F. has played a key role in the Krebiozen battle. We were partly responsible for forcing the Krebiozen issue to a show-down while Dr. Ivy and Dr. Durovic are still alive and thus able to defend the issue.

The N.H.F. was instrumental in getting the Krebiozen Resolution introduced, and in guiding the energy and activities of Krebiozen patients and friends to getting 56 Congressmen to co-sponsor the Resolution. The flood of Congressmen who were demanding a fair test was increasing each week. To stem the tide, the FDA precipitously announced that Krebiozen was only creatine, which may prove their undoing.

Fluoridation

The fluoridation battle was fought to a standstill in 1963 and 1964. Our bills died in committee, so did the proponents'. Our strategy in 1965 will be to continue to block proponents' legislation, but to introduce new bills which will attack the problem from another angle.

Moved Office

The Washington Office of the N.H.F. was moved during 1964 to a less expensive but more convenient and equally adequate headquarters closer to Capitol Hill. Early in 1964 we were forced, because of lack of funds, to release a secretary, and functioned most of 1964 with no secretarial help.

Public Law 206

N.H.F. gave testimony and helped secure the passage into law of H.R. 6518, known as "The Clean Air Act of 1964." It is now Public Law 206.

Proposed FDA Vitamin Regulations of 1962

The Washington Legislative Advocate of the N.H.F. kept a close watch on FDA's 1962 proposal to "update" the dietary food regulations. We accurately predicted that no action would take place on the regulations in 1964 in spite of many rumors and newspaper articles to the contrary. On the other hand, we reported that the proposals are very much alive, and are not "dead" as some falsely claimed.

Ribicoff-Rosenthal Pesticide Bill

The N.H.F. supported the passage of S. 1605 and H.R. 9739 and was pleased to report that in 1964 this important legislation passed, which closed an important loophole in the USDA's pesticide registration procedures.

Adverse Prejudging Publicity Bills

The N.H.F. worked to keep the Hoover Commission recommendation to prevent adverse prejudging publicity by agencies in the Senate's all-inclusive administrative procedure reform bill. The bills are moving slowly but surely to hearings.

Hospitals That Are Unfair to Be Denied Tax Advantage—Bill

The N.H.F.'s bill to deny tax exemption to hospitals that are unfair to non-AMA members was in mothballs during the 88th Congress. The bill will receive more attention during 1965.

N.H.F. Editor's Note: Space does not allow us to tell of many other activities of the Federation in Washington.

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The man who walks close to God will leave no room for the devil to come between.

—Walter E. Isenhour

National Health Federation Legal Report for Period of January 1, 1964, Through December 31, 1964

Delivered by Charles Orlando Pratt
Washington General Counsel, National Health Federation
at the Tenth Annual Convention

Your Washington General Counsel makes this his annual report of his legal activities on behalf of the National Health Federation during the year 1964.

During this period your Washington General Counsel attended and took part in the following conventions held and sponsored by the National Health Federation and/or its members: The National Health Federation Annual Convention, Los Angeles, California, January, 1964; The San Francisco Chapter Meeting of the National Health Federation, January, 1964; The United States Senate Hearing on Aged, San Francisco, California, January, 1964; The National Congress on Health Monopoly, Baton Rouge, Louisiana, April, 1964; The International Research Society, Tiffin, Ohio, August, 1964; Group Meeting of Members of the National Health Federation, Penn-Sheraton Hotel, Pittsburgh, Pennsylvania, September 27, 1964.

The purpose of the Pittsburgh meeting was to discuss the legal rights of non-allopathic professions in relation to federal and state food and drug laws and the state medical practice laws. As a result of this meeting, 12 persons joined the National Health Federation and indicated their desire to establish a chapter in the Pittsburgh area.

National Health Federation—Eighth Annual Midwest Convention, The Sherman House, Chicago, Illinois, September, 1964.

New York Congress on Health Monopoly, sponsored by the National Health

Federation, Hotel Commodore, New York City, N.Y., November, 1964.

Evidence of Freedom in Health Matters

During the year 1964 there were important signs of encouragement for the members of the National Health Federation as evidenced by federal court decisions relating to civil and criminal prosecutions under the Federal Food, Drug and Cosmetic Act. As examples of victories in the direction of freedom in health matters, there are set forth below the following:

The Federal Trade Commission dismissed a case against a food supplement when it was learned that its expert medical witness had not examined the product involved; and

The United States Post Office Department dismissed a proposed fraud order against an author of a book relating to the benefits of proper nutrition when it was pointed out that the United States Post Office Department had no legal authority for such proposed action; and

The United States District Court in Detroit, Michigan, in a criminal action against a lecturer and distributor of dietary food supplements, **ordered**, at the request of the defendant's attorneys, that the FDA prepare and file a precise and detailed Bill of Particulars setting forth the words, sentences, paragraphs, and books which it alleged misbranded the food products. FDA and the prosecuting attorney fought this order, but the court said the defendant was entitled to this information so he could defend himself; and

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A United States District Court held, for the first time in many years, that books on the shelf of a health food store **do not label or misbrand the food products** sold in the store in the absence of clear evidence of the intention to promote and label the particular food product on the shelf based upon expressed or implied therapeutic claims for certain nutritional ingredients described in the books and contained in the products; and

A federal court held that the American people have the right to choose their food and diet and that a food product can be fortified with vitamins or minerals and the label of the product can so state; and

The platform of a national political party adopted a plank calling for more adequate protection of the consumer against the unreasonable exercise of the power of FDA under the Federal Food, Drug and Cosmetic Act and related laws.

Heretofore, both major political parties had urged more power for FDA and more appropriations for broader enforcement of the food and drug laws.

In addition to the above encouraging signs, the federal courts have held that an over-the-counter sale of a food product does not give FDA federal jurisdiction on the ground that the purchaser of the product had told the seller that he was going to take the product across the state line into another state. This stopped federal prosecutions on over-the-counter sales.

No new proposed food supplement regulations were adopted in 1964 which would have further unreasonably restricted the sale and use of dietary food supplements, vitamin-mineral products, concentrated foods, or foods for special dietary uses.

The 1962 proposed food supplement regulations were not adopted and did not become law. Officials of FDA said

that your National Health Federation used its influence to prevent the adoption of these proposed restrictions in the sale and use of foods for dietary uses.

Based upon the encouraging decisions in federal courts, the members of N.H.F. have reason to have renewed faith in our courts when the true facts are clearly and fairly presented by the counsel for the defendants or products involved.

New Curbs on Trial by Press Releases and Publicity Supported by the United States Judicial Conference

The United States Judicial Conference, composed of Justices of the Supreme Court of the United States and Judges of the United States District Courts and the United States Courts of Appeals, has backed fines of \$1,000 for unauthorized disclosure of information about federal criminal cases. This measure would restrict out-of-court statements by defendants, prosecution lawyers, defense lawyers, or "any employee of the United States" government.

In the past on many occasions, FDA officials, United States Department of Justice officials and United States prosecuting attorneys have issued press releases prejudicial to the defendants or their products before trial, conviction, sentence or appeal. Fortunately, there is much evidence that public opinion will effectively demand that "trial by press releases" will be stopped.

The American Bar Association Urged Restraint by the News Media to Stop Making Spectacles Out of Public Trials

Your Washington Counsel has been serving on a committee of the American Bar Association whose purpose was to encourage Congress to adopt a law restricting what is called trial by press release and publicity.

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Recently, in Houston, Texas, the President of the American Bar Association pointed out that the basic question in any code of ethics covering reporters, lawyers, courts, and public officials "must always be the protection of the rights of the accused."

Speaking at a Texas Bill of Rights Foundation dinner, the President of the American Banking Association said an "unbiased jury is a public concern just as freedom of the press is."

The only way to establish and protect freedom in health matters is to stop the practice of the so-called use of trial by press releases which causes public ridicule of the defendant and sometimes creates a biased jury. The source of prejudicial information must be stopped. The National Health Federation has worked to stop unfair statements by FDA officials and law-enforcement officials which do harm to the defendants before trial, and sometimes prejudices juries and even judges of the courts.

In addition, your Washington General Counsel took part as defense counsel or associate defense counsel in trials held in Washington, D.C., Miami, Florida, San Diego, California, the U.S. District Courts of Washington, D.C., Springfield, Illinois, Toledo, Ohio, and Detroit, Michigan, and in the Supreme Court of the United States.

Resolutions have been prepared for the approval of N.H.F. and for submission to Congress or governmental agencies.

During this period, hundreds of letters and legal opinions were written and given orally on long-distance phone calls or in conferences.

Informative legal articles have been written each month for the N.H.F. **Bulletin.**

A major function has been to serve as legal adviser to the President, Assistant to the President and Washington

Legislative Representative, as well as the Executive Secretary of N.H.F. and other officials.

Equal Time on Radio and TV Obtained for Opponents of Fluoridation in Santa Maria, California, Resulting in Defeat of Fluoridation in That City

In April, 1964, Dr. Charles C. Hayes, President, Chiropractic Heart Foundation, Inc., Santa Maria, California, who was working with citizens against fluoridation, phoned my office to request me to try to arrange to get equal time on the radio and TV to present arguments against a local referendum to force the city of Santa Maria to have fluoridation in its city water.

At our request, the Federal Communications Commission ordered, within a few hours, that the radio and TV stations grant equal time. As the result, fluoridation was defeated the next day in Santa Maria by a vote of 3,130 to 2,037.

N.H.F. Is the Forum for the Expression of Freedom of Choice in Health Care

The National Health Federation was organized and established during the past decade for the purpose of providing a forum for the American people through which they could express their desires for the freedom of choice in health matters.

This country does have a serious health problem, according to reports issued by medical experts and federal and state governmental agencies having administrative responsibility in connection with the health of the American people.

The Medical Profession Cannot Do the Whole Job

It is certainly recognized by the American people that the medical profession has made great progress and is rendering a valuable service to the American people, especially in keeping them alive.

(Continued on next page)

However, it is certainly time for the American people to recognize that the medical profession cannot do the whole job with surgery, drugs, antibiotics, tranquilizers, and sleeping pills.

According to official medical reports, the lifespan of the American people has been extended during the past 50 years. However, such increase in the lifespan has not meant to millions of our citizens that they have enjoyed good health; and it is because of this natural desire to search for a means to enjoy a feeling of well-being that the American people have sought other means and procedures to improve their health, outside of the medical profession which has failed in coping with the health problems of millions of our citizens.

It has been estimated that the vast majority of our citizens who seek health care and health diagnosis outside of the medical profession have sought to use the professional care and products made available to them by the non-allopathic professions and through the purchase of products from so-called "health food stores," and the purchase of dietary food supplements, vitamin-mineral products, concentrated foods, and foods for special dietary uses. The cost of such products, according to reports by the FDA, has amounted to several billion dollars. It is important here to know that anyone has the right to buy, sell or use food products in this country such as those described above, because such products are not drug products or medicines within the meaning of federal and state applicable drug laws.

Because of the tragic health situation that exists in this country today, the N.H.F. has become one of America's bulwarks of freedom of the individual and the constitutional right of the people to inquire and to seek all methods of the healing arts professions. This

includes the freedom to buy, sell and use all kinds of foods—natural or processed—as the individual may choose. This freedom does not mean the right to impose upon the people any particular kind of health food or health care.

Faith in Our Government

If executive officials fail to protect the freedom of the American people in health matters, or grow autocratic, the judicial branch of government must bring them within the confines of their duty.

The Constitution of the United States guarantees freedom of speech, freedom of the press and freedom of religion. The National Health Federation is working for freedom in health matters, and does not endorse any product or profession or branch of the medical profession engaged in the healing arts field. The National Health Federation, in brief, is concerned with the health of the American people and is opposed to health monopolies of any kind.

Freedom to Choose Our Own Callings and Freedom to Buy or Not to Buy

Recently, Mr. Herbert Hoover, the thirty-first President of the United States, on the occasion of his birthday, lauded "Freedom of Choice in U.S."

He said, in effect, that the key which has given America its superabundance is that among us there is greater freedom for the individual man and woman than in any other great nation.

In the Constitution of the United States and in the Bill of Rights, specific freedoms are enumerated. Then there are many other freedoms which are not a matter of specific constitutional or statutory law—such as freedom to choose our own callings, freedom to buy or not to buy, and freedom for each man to venture and to protect his success, always subject to the rights of others.

(Continued at bottom of next page)

CATALOGUES OF N.H.F. CONVENTION AND OTHER SPEECHES AVAILABLE ON TAPE THROUGH N.H.F. RECORDED LIBRARY DEPT.

c/o MERLE ENTERPRISES, Box 145, Lombard, Illinois 60148

Any two selections may be combined on one tape for \$1.00 plus cost of highest of the two chosen.

CAT. CH4 N.H.F. Convention, Chicago, Ill., 8/10-13/64

CH4-1	"Cooking for Health" by Mrs. Karl B. Lutz plus "Nutrition & Arthritis" by Mr. Karl B. Lutz	\$4.00
CH4-2	"N.H.F. Washington Legal Report" by Attorney Orlando Pratt	4.00
CH4-3	Report on N.H.F. Congress on Medical Monopoly, held at Baton Rouge, La., by Dr. Doughty Beck, plus No. 50E Eyewitness Report of AMA Quack Congress by Harold Edwards, 1961	4.00
CH4-4	"Pesticide Legislation and Problems—Comments on the Film: 'Silent Spring' " by Betty Morales	4.00
CH4-5	"The Difference Between Diet & Nutrition" by Betty Morales	4.00
CH4-6	"N.H.F. Krebiozen and Other Washington Office Activities by Clinton Miller	4.00
CH4-7	"Fluoridation" by Attorney Kirkpatrick Dilling plus No. 10A sound portion of a telecast, "Fluoridation—the Undesirable Aspects" (reference copy) (WNBQ-TV—3/11/61)	4.00
CH4-8	"Cancer Facts"—Panel Discussion led by Betty Morales	4.00
CH4-9	"Live Food vs. Dead" by Doris Hill substituting for Mr. Irons	4.00
CH4-10	"Krebiozen and Cancer Control" by Dr. George Crane	4.00
CH4-11	"Eat Healthy to Stay Healthy" & "Fight to Protect Your Right to Do That," by Dr. Walter Hodson	4.00
CH4-12	A paper on cancer treatment by Dr. Frost as read by Miss Elsa Welch. May be combined with any other speech for \$1.00 plus the cost of the other speech. (Too short to run alone.)	
NOTE:	In reference to Dr. Beard's speech, "Has Cancer Problem Been Solved?" the recording is not complete on tape and we recommend No. 2, "Chemotherapy—Approach to Cancer," given at Cleveland, 1960, by Dr. Beard, for \$4.00, and instead of Mrs. Thompson's talk, "Breastfed Babies," which is not complete on tape either, we recommend No. 16A, "Womanly Art of Breast Feeding," given by Mrs. Thompson at Peoria, 1961	4.00

There are over 100 other speeches available. Write to the above address for a free catalogue.

In short, we have freedom of choice. And the product of our freedom is the stimulation of our energies, initiative, ingenuity, and creative faculties.

Mr. Hoover said, "Freedom is the open window through which pours the sunlight of the human spirit and of human dignity. With the preservation of these moral and spiritual qualities, and with God's grace, will come further greatness for our country."

Sincerely yours

Charles Orlando Pratt

Krebiozen

The cancer fight goes on and on, and in an effort to help educate in the specific area involving Krebiozen, we just purchased 1,000 copies of Herbert Bailey's book entitled **A Matter of Life and Death** which enabled the publisher to print this paperback. Retail price is 60c and N.H.F. members may send for a copy for 50c. Please do help us get these books out to the people. Purchasing a copy helps N.H.F., the Krebiozen battle, and informs the public regarding the insidious monopoly keeping the truth from them. Send all orders to N.H.F., P.O. Box 686, Monrovia, California.

Family Circle

(Continued from page 2)

Robert Howell, Dr. Royal Lee, and Fred J. Hart. At its first meeting, the Executive Committee elected Fred J. Hart as Chairman. The reason behind this action was that it would keep him in close touch with the affairs of the Federation and would more readily make available to President Crecelius the results of his experience during the first 10 years of the life of the organization.

It must be understood that Charles Crecelius, as President, is the executive head of the organization and that the Chairman of the Board or Chairman of the Executive Committee cannot or will not, in any way, interfere with his handling of the affairs of the Federation.

Headquarters

The Board of Governors approved the present staff and its activities during the past year and elevated Howard Long to the position of Vice President in charge of organization, membership, education, promotion, public relations, and conventions. As Vice President in charge of these activities he will work directly under the President of the Federation.

Washington, D.C.

Clinton Miller was elevated to the position of Vice President and as such will be in charge of the Washington activities of the Federation, to wit: legislation and regulations having to do with health and the Federation's legislative program. He will work directly under and be accountable to the President of the Federation.

Legal

Charles Orlando Pratt, who has done such an able job for the Federation, will continue as Washington General Coun-

sel, and Jack B. Tenney will continue as Legal Counsel to the President of the Federation on problems general to the Federation's program.

P-P-P-L Department

Chris Engleman, as first Vice President, will head the following departments: Policy and Procedure, Publication and Literature. Chris, by experience, is ably qualified to handle problems in connection with these departments.

N.H.F. Bulletin

The Board of Governors, with our recommendation and that of Vice President Chris Engleman, authorized the employment of Linda Clark (of **Stay Young Longer** fame), beginning with the May issue, to serve the Federation as editor of the **Bulletin**. Fred J. Hart, for some time, will serve as managing editor, as it is the desire of the Board that the general policies of the **Bulletin** be continued, with only occasional minor changes to meet changing conditions.

An Adventure in Faith

The Board of Governors also felt that it was time for the Federation to launch an aggressive program of health education and, along with it, a stepped-up organizational program. To this end, the Board referred the matter to the Executive Committee for immediate action. At its first meeting held January 7, 1965, the Executive Committee approved a plan to employ two men, well known to many of our members, to devote full time to this work. As contracts are now being negotiated, it would not be good policy to publish the names of these two individuals at this time. Full details will be given in the March issue of the **Bulletin**. This is a real step of faith and we will all have to work and pray hard to make the venture the success we hope it will be.

(Continued on next page)

California Legislative Program

The Board of Governors also approved a California legislative bill, which, in the form of an amendment to the so-called Cancer Quackery Control Act, will put a stop to the abuses which have taken place this past year. A copy of this bill follows. The Board also approved the introduction into the California Legislature of two bills in connection with pesticides.

The introduction of these bills means that all California members of the Federation and their friends will have to work hard during the next few months. We believe the bills are fair, and as they are aimed at remedying some very evil practices, they will receive widespread public acceptance and support. All California members will be kept informed by mail. The **Bulletin** will also carry news from time to time regarding this activity. This will be a big year for the Federation.

A Personal Note

With the new order of things, the Federation will no longer depend on the life of one individual and we are convinced it will continue to grow in strength and usefulness. I urge our members to give the new officers the same prayerful, personal and financial support they so graciously gave to me during the past 10 years.

Signed: Fred J. Hart.

Grace is the sweetest sound

That ever reached our ears.

When conscience charged and justice frowned,

'Twas grace removed our fears.

'Tis freedom to the slave,

'Tis light and liberty,

It takes its terror from the grave,

From death its victory.

—T. Kelly

Proposed California N.H.F. Cancer Control Amendments

An act to add Sections 1700.1, 1700.2, and 1709.1 to the Health and Safety Code, relating to the definitions of the phrases "investigation or testing," and "investigation and testing," the definition of "testing," and the invalidation of cease and desist orders unless accompanied with a copy of the findings of the Cancer Advisory Council's investigations and testings.

The People of the State of California do enact, as follows:

Section 1. Section 1700.1 is added to the Health and Safety Code, to read:

1700.1. For the purposes of this chapter, the phrases "investigation or testing" and "investigation and testing" are in the conjunctive and are defined as meaning both "investigation" and "testing."

Section 2. Section 1700.2 is added to the Health and Safety Code to read:

1700.2. "Testing," for the purposes of this chapter, is defined as meaning (1) medical, surgical, or other therapeutic treatment of cancer patients under controlled conditions in hospitals, clinics, or similar institutions; (2) the analysis and evaluation of substances, drugs, compounds, devices, or other agents of whatsoever kind relating to, or purporting to be, treatment for the relief, arrest, or cure of cancer; (3) the experimental use and application to lower forms of life of drugs, compounds, devices, or agents of whatsoever kind relating to, or purported to be, treatment for the relief, arrest, or cure of cancer.

Section 3. Section 1709.1 is added to the Health and Safety Code, to read:

(Continued on next page)

Section 1709.1. No order to cease and desist, as provided in this chapter, shall be valid for any purpose, unless such order shall have attached thereto a copy of the findings of the Cancer Advisory Council's investigations and testings.

Proposed California Pesticide Control

An act to add Section 1082.10 to the Agriculture Code, relating to the use in agriculture of economic poisons containing chlorinated hydrocarbons, carbonates, or organic phosphorus, and such other substance as may be determined by the Director of Agriculture to be harmful to the public health.

The People of the State of California do enact, as follows:

Section 10. Section 1082.10 is added to the Agriculture Code, to read:

1082.10. It is unlawful to use in agriculture any economic poisons containing chlorinated hydrocarbons, carbonates, or organic-phosphorus compounds, or such other substances, compounds or preparations found to be harmful to the public health and the human body by the Director of Agriculture.

All statutes in conflict with the provisions of this section are hereby repealed.

This section shall be effective January 1, 1968.

Proposed California Aerial Spraying

An act to add Section 1011.5 to the Agriculture Code relating to the spraying of economic poisons from aeroplanes, helicopters, and other flying devices, prohibiting such spraying except in cases of emergency, and repealing all other conflicting statutes.

The People of the State of California do enact as follows:

Section 1. Section 1011.5 is added to the Agriculture Code, to read:

1011.5. It is unlawful to spray with economic poisons from any aeroplane, helicopter, or other aerial flying device, except in cases of actual emergency, when such actual emergency has been determined and declared by the Director of Agriculture. All the statutes in conflict with this section are hereby repealed.

This section shall become effective January 1, 1966.

MODERN MEDICINE

One little Doctor looks you thru and thru,

Can't diagnose your case; then there are two.

Two little Doctors failing to agree, Call for a consultation; then there are three.

Three little Doctors poke you o'er and o'er,

Send for a specialist; then there are four.

Four little Doctors wonder you're alive, Another brings a stomach pump; so there are five.

Five little Doctors trying fancy tricks, Order an anesthetist; then there are six. Six little Doctors preparing you for heaven,

Call in a D.D.—then there are seven. Seven little Doctors decide to operate, Call in a surgeon; then there are eight. Eight little Doctors think it is your spine,

Send for a neurologist; then there are nine.

Nine little Doctors, all of them men, Send for Nurse Williamson; then there are ten.

Ten little Doctors standing by your bed, Come to a decision; they find you are dead.

—From Hemet Guide Post, March, 1960.

N.H.F. Safe Water Division News and Comment

By Betty Franklin

P.O. Box 426, Fairfax, California

It is our good fortune to have been able to secure none other than Betty Franklin to edit each month and present to our readers news and facts about fluoridation of America's water supplies. Betty and her husband have distinguished themselves over the years by conducting successful campaigns against fluoridation. We know of no better-informed person on this subject than Betty Franklin. Her first contribution will be general rather than specific.

Giant Strides Forward

During 1964, giant strides were made toward the ultimate exposure and defeat of artificial fluoridation. For instance, the renowned weekly magazine **Saturday Review**, particularly respected by individuals of liberal persuasion and those of professional and academic training, devoted considerable space to fluoridation, thanks to Science Editor John Lear. Both pro and con discussions were included, often in the form of letters, one of the lengthiest having been penned by Harvard's Frederick Stare. Arch fluoridation promoter Stare expressed outrage at the series which established beyond any reasonable doubt that fluoridation is **wrong morally and hazardous physiologically**.

As editor Lear stated in the April 4 issue, one very special consequence of the series can be documented: "**Prior to the SR reports,**" pro-fluoridationists habitually made the claim that no scientific evidence had ever been produced anywhere in the world to support the notion that steady ingestion of one part of fluoride in a million parts of water could harm the human body. After the SR reports appeared, Dr. Frederick Stare of Harvard, foremost spokesman for fluoridation in this country, wrote a letter in which he acknowledged that the claim should be abandoned. He pledged himself to say in future only that no such harm had been proved within the confines of the United States!

A New Group Alerted

There is no question that the **Saturday Review** series managed to reach an entirely new group of individuals, heretofore not alerted to the hazards of fluoridation. Particularly impressive were the January 4 issue, "Documenting the Case Against Fluoridation," and the February 15 one, containing an editorial by Norman Cousins, editor-in-chief and president of the publication. Mr. Cousins supported his science editor's stand against fluoridation, emphasizing the mongoloid birth increase in fluoridated areas and Professor Hugo Theorell's concern over the chemical's effect on the enzyme system.

Station WCBS-TV Drops Fluoridation Bombshell

Earlier, the CBS network "flagship," WCBS-TV in New York, dropped a bomb on promoters by expressing on the air their opposition to fluoridation. They were "convinced that until qualified experts are in closer agreement on the effects of this chemical, we should not fluoridate the city's water supply—a procedure that would impose a controversial method of treatment on everyone regardless of need or health, or personal wish."

Promoters clamored for and received equal time to rebut the editorial. Dentist Alfred Rosenthal, their spokesman, made a number of fallacious claims and charges. These instigated a second edition (Continued on next page)

torial from WCBS-TV, exposing for example, that "Dr. Rosenthal claimed that Professor Hugo Theorell, a Swedish Nobel Prize winner and one of the world's leading enzyme chemists, favored fluoridation. Dr. Rosenthal was wrong. Speaking over the phone from Stockholm, Sweden, this morning, Professor Theorell told WCBS-TV he felt strongly that much more research was needed before fluoridation of drinking water was acceptable. He said he had recommended to members of the Swedish Parliament last year that they vote against general fluoridation and that his advice had been followed."

WABC-TV Says Go Slow

Another national network, ABC, through their flagship station, WABC-TV in New York, editorialized: "We think that as long as there is strong opposition from responsible medical people, the Mayor should approach the problem with the greatest caution. We don't think Mayor Wagner or the City Council have any right in December or next year to force everyone in this city, regardless of age or physical condition, to accept fluoridated water."

Michigan Votes Fluoridation Moratorium

On April 24, the Michigan State House of Representatives recommended a two-year moratorium on fluoridation. Revealed in the special committee report is testimony regarding both bodily harm, commercial aspects, promotional methods of the USPHS, and the rights of the individual to decide what may be taken into one's body. Reproductions of this report in the No. 67 Journal of The House of Representatives, Lansing, Michigan, Regular Session of 1964, are obtainable from various anti-fluoridation committees and should be given wide distribution.

Denmark Bans Fluoridation

A further devastating blow to artificial fluoridation promoters—perhaps one of the greatest of all time—was Denmark's banning of the measure. This little country, universally admired for sound government and high living standards, is considered one of the most modern, well-educated and scientifically oriented of all nations. After long, careful consideration, the Danish Ministry of the Interior, in January of 1964, announced that "fluoridation of public water supplies, as well as of all other consumables, is prohibited with the exception of the addition of fluoride to tooth paste under certain conditions." Those conditions, seven in all, are so rigid and complex as to make one wonder if toothpaste manufacturers would even attempt to comply!

The Grim Truth About Fluoridation

Then—the long-awaited book by veteran newspaperman Robert Buck, **The Grim Truth About Fluoridation**, was published in late June. Small, but packed with priceless ammunition for fluoridation battlers, it should surely be handed out to all local public officials, dentists, physicians, teachers, etc., both here and abroad. Public information media people, particularly journalists, are impressed with Mr. Buck's broadside, consisting almost entirely of documented reports. Individuals who weren't reached even by the **Saturday Review** articles have been converted by **The Grim Truth About Fluoridation**. Major newspapers, such as the New York Journal American, and several widely read columnists have also spoken out against artificial fluoridation, among them nationally syndicated John Chamberlain and the San Francisco News-Call Bulletin's Arthur Caylor.

(Continued at bottom of next page)

Motions Delay Krebiozen Case

More than 20 pre-trial motions were filed just before the deadline in United States District Court in Chicago by attorneys for two physicians recently indicted for mail fraud and other charges in connection with the so-called "anti-cancer drug," Krebiozen.

The flurry of motions filed by lawyers for M.D.'s Andrew C. Ivy and William F. T. Phillips, both of Chicago, led Federal Judge Julius Hoffman to postpone indefinitely the starting date of the trial, which he had previously set for January 11.

Judge Hoffman gave federal government attorneys until January 5 to answer the motions, and set January 15 to hear the new motions. He said that he would set a new trial date at that time.

Editor's Note: This is the latest development as of January 11, as the **Bulletin** goes to press. In succeeding issues we will keep you up to date on happenings in this case.

Safe Water (continued)

The Price of Liberty Is Eternal Vigilance

Obviously, promoters, particularly the USPHS and the ADA, are frenzied in their determination to prevail in the face of these unprecedented gains by opponents. And even greater exposes are on the way! Along with rejoicing over blessings, our vigilance and dynamic action are more vital than ever to free the nation for all time from the fluoride menace. With the continuance of God's help and your dedication, it can be accomplished.

The Durovic brothers have funds for their defense. Dr. Ivy does not. Anyone desiring to help financially should send a donation through the National Health Federation and it will be placed in a separate fund and only paid out as Dr. Ivy and his attorney approve. This procedure is necessary, due to the fact that "too many cooks spoil the broth." Right at this moment, some well-meaning friends are hurting Dr. Ivy's case by taking precipitous action in tune with what they think should be done, although such is contrary to the best thinking of the attorneys involved in the defense. Send your contribution to N.H.F., P.O. Box 686, Monrovia, California.

Mucorhycin Progress Report

Things of a legal nature move very slowly. To date, the Mucorhycin attorneys have appealed the case to the higher courts. Well-written and lengthy briefs have been prepared and filed. The case is now in the hands of the judges. As soon as a decision is rendered, Mr. Drosne will advise each one who donated funds information relative to the outcome. In the meantime, to those involved, thank you for your co-operation, without which the attorneys would not have been able to proceed.

Natural Remedies

This page, along with other regular features carried each month in the **Bulletin**, has been omitted in this issue because of lack of space. It will be resumed next month. We appreciate all of the many letters we have received approving this venture. It must always be understood that the Federation in no way endorses or recommends any of the natural remedies which may be reported from time to time. This feature is published in order that our members may have a means of telling others about natural remedies which have been helpful to them in times past.



N.H.F. CAPSULE NEWS

By Howard Long

Another Fine Gesture

N.H.F. published a post card in an issue of the **Bulletin** for a mailing to Congressman Roberts regarding Krebiozen. One of our members, Mrs.

Opal Burroughs of Redlands, California, knew we couldn't afford the printing and distribution of the cards additionally and took it upon herself to have 1,000 printed and THEN distributed them to friends and associates. With unsolicited assistance like this from our membership, N.H.F. can not fail in its dedicated task.

Congratulations

A member who joined N.H.F. last year attended the annual convention in Los Angeles last month. She has been so encouraged with the progress and activity in N.H.F. that she became our ninth perpetual member. We want to publicly express our deep and sincere appreciation to Mrs. Kathryn McAyeal. Her name will be placed on our permanent bronze plaque in headquarters as a lasting tribute to her gift to N.H.F.—and all mankind.

Annual Convention

The annual convention was the most successful in the ten-year history of N.H.F. Mr. Hart will discuss the convention elsewhere in the **Bulletin**, but I wanted to report that we had a total of 58 exhibitors. We had to turn seven away as we could not accommodate them. This could not have happened a few years ago. N.H.F. is growing and the exhibitors have helped in a large part to make this so. I wanted to take time to publicly thank them. Without their support we could not have the excellent accommodations and programs

we are now producing for the membership. This year they were responsible for 27 door prizes given in convention, also!

Insurance

A broker has been selected to continue efforts to procure insurance for N.H.F. members. It is expected that if it is possible to get insurance we will have an acceptable plan within a few months. The membership will be notified.

Chapter Activity

The annual convention has encouraged the chartering of three new chapters. This is most encouraging, but those established need to become more active. Dr. Howell, who produced the recent one-day convention in Long Beach INDEPENDENT of headquarters, wrote a letter to us recently suggesting that chapters consider the one-day affairs as a fund-raising project. If handled properly, it is not a difficult task, and not only provides educational programing, but stimulates interest and membership. If chapters would conduct these affairs, a good profit would derive to headquarters and save much time, planning and expense by the inadequate staff in Monrovia. I do hope the chapter officers will consider the project and feel free to write if headquarters can be of any assistance.

We Helped Tell the Story

Several years ago, we purchased a number of copies of a book entitled **The Pittsburgh Trial** which is about the Harry Hoxsey (cancer) trial. It is illuminating and to the point. It retails for \$2.00 and we have cut the price to 50¢. We have about 300 on hand. Will you help us liquidate this stock? If you haven't seen or read the book, do add it to your library now. Send all orders to N.H.F., Box 686, Monrovia, California.

Why There Are So Few Osteopaths

By David J. Rodgers

From the turn of the century until 1962, California saw a growing osteopathic profession in their state, growing because of an increasing warm reception by the public as their patients. Unknown to most of the public, there were many attempts by the allopathic profession (M.D.'s) to destroy this profession growing in public acceptance and offering an additional choice of the kind of health care available to the public.

Since the M.D.'s could not destroy the osteopathic profession, despite attempts on both national and state levels, a strategem of "divide-and-conquer" was developed. There followed several years of discussion on how to destroy the osteopathic profession in California by "absorbing" it. This eventually produced an amalgamation or merger plan that culminated in 1962 with a contract between the California Medical Association and the California Osteopathic Association, to "merge" the two **associations** into the C.M.A. This merger has often been wrongly characterized as a merger of the two **professions**.

There were many facets to the merger contract, but the principal factors were: (1) that the College of Osteopathic Physicians and Surgeons must be "converted" to an M.D.-granting school; (2) that the D.O.'s then licensed as physicians and surgeons in California could purchase an M.D. degree for \$65; (3) that legislation be effected that would permit holders of this "\$65" M.D. degree to change identification and use only this M.D. designation in their professional practice; (4) that legislation to deny reciprocity licensure to future D.O. applicants become effective; and (5) that the Osteopathic Initiative Act of 1922 be so amended that the Board of Osteopathic Examiners **continue only**

as an agency to relicense those D.O.'s who refused to participate in the merger. Passage of Proposition No. 22 now prevents the Board of Osteopathic Examiners approving and examining osteopathic colleges in other states, examining applicants for licensure in California, and issuing any **new** physician and surgeon licenses to future applicants, **no matter how well qualified**.

At the beginning of the 1964 license year there were 423 D.O.'s licensed in California, far more than the architects of the "merger plan" expected. Thus, to a degree, the well-laid plan for "destruction by absorption" had failed.

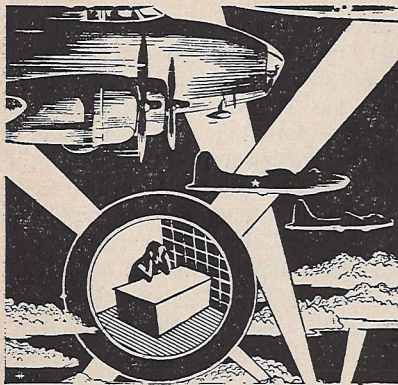
Those D.O.'s who wished to maintain their osteopathic identity organized Osteopathic Physicians and Surgeons of California (O.P.S.C.). This association was recognized by the American Osteopathic Association as the approved division affiliate of the A.O.A., receiving its charter in January, 1961. (The formerly chartered affiliate lost its charter in July of 1960.)

The membership of O.P.S.C. consists of those D.O.'s licensed in California who voluntarily joined their professional association. Despite normal losses due to deaths and retirement, in mid-1964 O.P.S.C. had more than 300 members.

This small number of physicians, many of whom are remaining in a full-time practice only because their patients cannot find osteopathic care elsewhere, are unable to completely satisfy the demands for their services. The loss of the licensing function by the Board of Osteopathic Examiners assures that this **inability to satisfy patient demands will continue to intensify** unless changes in the law are made by the Legislature.

(Continued inside back cover)

Crossing My Desk . . .



WE LIKE THESE

★

When one door of happiness closes, another opens. But often we look so long at the closed door that we do not see the other which has been opened for us.

—Helen Keller

★

If you remove its rocks, the brook will lose its song.

★

The God who gave us life, gave us liberty at the same time.

★

An elderly woman, watching a tennis game, saw how often the ball hit the net. Exasperated, she declared, "Why don't they take down the net?"

A golfer complained how hard it was to drive the ball over the ditch. A practical-minded friend said, "I don't understand why the golf club doesn't fill up the ditch, to make the game easier."

Some folks cannot comprehend the value of obstacles or opposition. They never realize the satisfaction and exhilaration experienced by those winning against odds.

If the time ever comes when all of our ditches are filled up, all our nets taken down—when competition and opportunity are wiped out—existence will become hopeless, colorless, pointless. Ob-

stacles keep us on our toes. Stones that stand in our way are grindstones that sharpen our skill and hearten us in our future struggles.

When carried too far, security defeats itself. It is risky to take all the risk out of life. The discipline of difficulties keeps men and nations strong.

★

Every person should make the most of himself, for that is all he will ever have to work with.

★

Sooner or later youth will have to learn that the world will not pay him (as his parents did) for taking his medicine.

★

When you hire people who are smarter than you, it just proves that you are more intelligent in the long run!

★

Getting even with a person means putting yourself on his level.

★

What God Hath Promised

God hath not promised skies always blue,
Flower-strewn pathways all our lives through.

God hath not promised sun without rain,

Joy without sorrow—peace without pain.

But God hath promised strength for the day,

Rest for the laborer; light on the way,
Grace for the trial, help from above,
Unfailing sympathy—undying love.

—Author unknown

Sincerely,

Fred J. Hart

Managing Editor

Osteopaths

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The Future

California continues to suffer a chronic shortage of physicians to serve its rapidly expanding population. This has been recognized in state government surveys, and is of continuing concern to the Legislature. The Governor's Report on Health Care in California, published in 1960, emphasized this problem and noted that California trained less than one-half of the new physicians needed in this State each year. In 1964, the Lieutenant Governor of the State, on two occasions, used this fact as the basis for urging the development of additional professional schools in the University of California educational complex, to be built and supported with tax dollars.

This is in contrast to the experience of the osteopathic profession in the five-year period 1957-1961, when 736 physician's and surgeon's licenses were issued to new applicants—an average of 147 per year. Since the average medical school class seldom exceeds 70 students, this is equivalent to the output of two medical schools, and these licentiates were all graduates of privately financed schools, **not** tax-supported schools.

California now presents the paradoxical picture of a state whose rapid growth in population is not matched by a corresponding growth in physicians entering the state to practice. Yet under present law the state continues to deny to equally trained graduates of five accredited osteopathic colleges the right to licensure as physicians and surgeons.

The desire for osteopathic care comes not only from present residents of California, but from many new residents coming from the other states. **In no other state** is the opportunity to practice denied to a graduate from an osteopathic school!!!

To help meet the growing shortage of

physicians in this state, the osteopathic profession could annually provide 50 to 150 well-trained physicians. Many people look at California as the ideal place to live, which accounts for the burgeoning population. Many physicians come to California to practice because of the demand for their services. The unsatisfied demands for osteopathic care in California would be an added incentive for osteopathic physicians to establish their practice here.

Legislators, representing the tax-paying public, should carefully consider the capital cost and the annual cost of operation of several new professional schools. Currently, the cost of building a new school approximates \$30 to \$40 million, and the annual cost of operation will exceed \$8 million. To save the cost of one or two such schools will make a handsome savings in the state budget. In addition to the dollars, it must be realized that, from time of conception of a school, it takes four to five years to draw the plans and translate those plans into school buildings staffed to start teaching the first class. Another five years is required for the entering class to complete their four years of academic training and a one year's internship before they are ready to enter practice. To depend only on new schools will mean a 10-year delay—thus severely aggravating the shortage of physicians.

What Must Be Done to Change

This Unique Situation?

To re-establish licensing of new osteopathic physicians the Legislature must enact changes in the Osteopathic Act. These changes would restore to the Board of Osteopathic Examiners the responsibility of examining and approving osteopathic schools, examining and approving hospital internships, giving examinations (as provided in the Business & Professions Code for physician and surgeon certificates), and issuing new licenses. Section 2310 of the Business & Professions Code would have to be changed to permit physicians already licensed in other states to apply for licensure in California by reciprocity.

More than a million and a half people in California, based on the "No" vote on Proposition No. 22 in November, 1962, and the patients who told their physicians that they thought a "Yes" vote would keep osteopathy available, are interested in maintaining the availability of osteopathic care in this State. It is this public that the profession wants to continue to serve, not asking for special privilege or gain at the expense of any other profession or lay group to achieve this end. To do this will require changes in the law by the Legislature to restore to the Board of Osteopathic Examiners the authority to license new applicants.

If you wish to see the osteopathic profession continue in California—offering its special abilities to those who wish to choose the kind of health care they prefer—then write to your State Senator and Assemblyman urging them to look with favor on bills that will restore to the Board of Osteopathic Examiners the authority to license new osteopathic applicants in California.

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2. **To effectively do this** will cost a great deal of money, which no true scientist is ever able to accumulate.
3. **These funds must come from true Americans** who believe that there is a solution to the cancer problem and that scientists must not only be unfettered in their research, but the facts they develop thereby must be applied and honestly and sincerely tested for their efficacy, regardless of whose pocketbook such procedure affects.
4. **Those of our readers who desire to help** in this direction may send their donations through the National Health Federation Office. All sums received will be forwarded to the proper people, with care being exercised by the Federation to the end that all funds thus received are spent for the purpose given.
5. This is America's fight and we must win for the sake of suffering humanity.

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