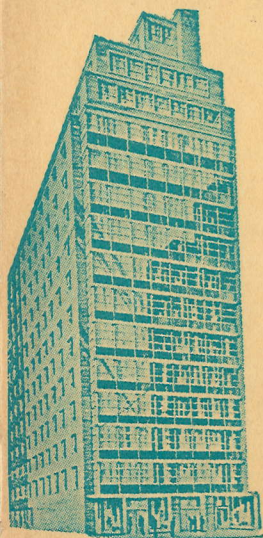


National Health Federation



25¢



MUCORHICIN MUST BE SAVED

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AMERICANS CRUSADING FOR BETTER HEALTH

Site of our Washington Office
1012 - 14th St. N. W.

Volume X—Number 4

April, 1964

BULLETIN

Setting the Record Straight

By Fred J. Hart

It has come to my attention that one of our members has, by a letter, somewhat disturbed the calm waters of co-operation between the Federation and the health food movement. This letter was not approved by the Federation and its contents came as a complete surprise to the officers of the Federation. Because of this disturbance, we record the following that all may know the position of the Federation in relation to all groups working in the health field.

The Federation desires to cooperate with all groups, as it believes that each group has a mission, and by and large is doing a good job.

The Federation does not attempt to do the work of any other organization, but in season and out of season endeavors to protect the health rights of organizations and individuals.

The Federation does not do research on its own, but it does all within its power to promote proper research in the health field.

The Federation does not endorse any system of healing, but it does fight for the rights of those who practice it to do so within the confines of their license, education, and experience, and for the right of a person to choose whichever doctor and remedy he desires.

The Federation, in its magazine, does not attempt to compete with the fine health magazines now available to the people, but does urge its members to be subscribers to these fine magazines.

The Federation is solidly back of the National Dietary Foods Association in its work and is doing everything it can to strengthen its position in the field of health. Working closely with that organization, we are in a position to know of the work it is doing behind the scenes

which it cannot publicize, because to do so would be to let the enemies of good food, vitamins, food supplements, and minerals know the strategy of the association, etc., and thus enable the enemy to take counter-measures to neutralize the program.

The Federation feels the move to have Dr. Walter Hodson spend his time for the next year lecturing to groups throughout the country on the values of good food, food supplements, vitamins, and minerals is a good move and should be supported by the industry.

We have known and admired Dr. Walter Hodson for the last nine years and he has from the very beginning of the Federation boosted it at every meeting he has held, with the result that many members have been added to the roll of the Federation.

Stanley Phillips, the active and courageous Secretary of the National Dietary Foods Association, was one of the organizing directors of the National Health Federation. He was such as an individual and not as a representative of the Association. Stanley saw the need of an organization of the people to represent the people, and thus gave a great deal of time to the Federation during its formative years. The health food industry owes a great deal to Stanley Phillips.

Paul Bragg has over the years been a very potent influence in the natural approach to health field. He still is, and we trust he may be spared many years to continue as an apostle of health. Paul in the last few years has worked hard to get people to join the Federation and we certainly appreciate his efforts, even though his latest effort has backfired.

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NATIONAL HEALTH FEDERATION BULLETIN

The NATIONAL HEALTH FEDERATION BULLETIN

VOLUME X

NUMBER 4

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FDA's Apparent Attitude

By Charles Orlando Pratt

N.H.F. Washington General Counsel

FDA by Policy and Action Limits the Use of Vitamin and Mineral Ingredients in Food Supplements

The FDA, in an effort to restrict the use of vitamin and mineral ingredients in a food supplement product as proposed in its food supplement regulation in 1962, has in effect, through court action and administrative procedure, enforced the proposed regulations by treating such ingredients as excipients and denying the right to list such ingredients on the label of the formula or in any advertising or promotion material relating to the product.

FDA Seeks to Circumvent the People's Will

Your Washington General Counsel has

been unofficially advised that FDA is still studying the opposition reports submitted against the adoption of the proposed suggested food supplement regulations. It is likely that the proposed food supplement regulations which restrict the use of vitamins to eight and minerals to four will never be adopted because of the opposition presented by the National Health Federation and of 188 other individuals, associations and corporations. However, FDA, without the official authority of legal regulation issued pursuant to the Food, Drug and Cosmetic Act, is nevertheless restricting food supplements to the use of eight

(Continued on next page)

The Federation has no official apostle or lecturers. It stands squarely behind any health lecturer who is telling the truth as he sees it. We may not endorse all that he says, but we are determined that he shall have the right to say it and the people shall have the right to hear it.

Bitter experience of the officers of the Federation has taught them that when an adversary desires to destroy an organization, or defeat one of its projects, it

first seeks to make the individual or organization so angry that he will impulsively do or say the wrong thing. Failing in this attempt, the technique of dividing and conquering is employed.

The Federation now pleads with those who received the letter which is the cause of this item to forget its contents and with malice toward none work together to build an even greater and more powerful National Dietary Foods Association.

vitamins and four minerals by requiring the inclusion of any additional vitamin or mineral ingredients to be left off the label and to be included only under the title of "excipients" or "food excipients." The position of FDA is that the other ingredients do not exist in the product in a sufficiently significant amount to have a nutritional value. Based on this theory, FDA charges that the product containing such additional ingredients, as listed on the label, is misbranded on the ground that such listing is false and misleading in that the presence of these ingredients is of "no nutritional significance for dietary supplementation."

Recent Court Decision

In a recent decision in the United States District Court for the District of New Jersey, it was held, among other things, that some of the ingredients in the product involved which constituted false and misleading statements included such as the following: Vitamin K (menadione), rutin, lemon bioflavonoid complex, monopotassium glutamate, 1-lysine monohydrochloride, desiccated liver, sodium caseinate, leucine, lysine, caline, histidine, isoleucine, phenylalanine, threonine, tryptophane, manganese, potassium, zinc, magnesium, sulfur, calcium, and phosphorous.

What Is the Normal or Ordinary Diet?

The court in the case mentioned above stated that the evidence produced at trial proves that the normal or ordinary diet supplies amounts of the above-listed ingredients greatly in excess of those necessary for good nutrition.

It has been quite well established that no one knows what the normal or ordinary diet is or how many people consume

the "normal or ordinary diet" each day. The U.S. District Court in Florida last fall stated in effect that the Food and Drug laws do not authorize legal action against a product or a person based on what the person has a right to eat or drink. That court recognized the fact that many people do not consume an adequate diet consisting of the minimum daily requirement of vitamins and minerals. The court in the New Jersey case as well as the Florida case recognized that some serious pathological diseases may be associated with vitamin and mineral deficiencies; and added that "the likelihood of these being caused by or associated with vitamin or mineral deficiencies in the U.S. today is very small."

Court and FDA Imply that Americans Are Not Intelligent

The New Jersey decision seems to be based in a significant way upon the idea that the ordinary reader of the labeling of the food supplement is not intelligent enough to know the meaning of the label or to understand his own need for dietary food supplements including vitamins and minerals.

The People Have Not Complained

To me, it is important to notice that in the New Jersey case there was no evidence whatsoever introduced in court to the effect that any purchaser or user of the product involved ever made any complaint to any official that he or she was misled in any particular way by the label or labeling or that he or she was in any respect disappointed in the value of the product. The only complaint

(Continued on next page)

about this product was apparently that presented for and on behalf of the Food and Drug Administration, which organization has stated many times, principally in the press and in speeches, that one of its aims and purposes is to destroy the dietary food supplement business on the grounds that it is "nutritional quackery" and that such business amounts to "medical quackery."

One professional witness for FDA stated to the court, "I would say that is true of most people, but I still say that there are some people who might be benefited, if they are on a poor diet or for some reason they have unusually high requirements." This witness apparently recognizes that people are benefited by food supplementation; and who is to say that the average person consumes a good diet as distinguished from a "poor diet"?

The same witness stated that "a vitamin capsule would provide nothing that is needed by the consumer if he is an average American eating average meals."

Americans Have the Right

If FDA is correct that the American people are spending between 500 million dollars and one billion dollars for unnecessary dietary food supplements and so-called natural foods, then it would appear that the American people in fact do believe that they need to supplement their "so-called ordinary or usual diet." Why shouldn't the American people have this right to fortify their ordinary or usual diet with dietary food supplements, vitamin-mineral products, concentrated foods, and foods for special dietary uses, especially since such products are not adulterated, deleterious, dangerous, or toxic.

Food Does Affect Mental Health

According to reports from govern-

mental agencies and reports on the newspapers and on the radio, one out of every 10 U.S. citizens will spend some time in the mental institutions in this country during his lifetime. Many experts in the field of medical psychiatry have found and reported that a certain percentage of patients suffering from mental illness have recovered their health when supplied with a balanced diet and when such patients' ordinary diet has been fortified by the use of vitamin and mineral products.

Americans Are Sick

The Social Security Administration, U.S. Department of Health, Education, and Welfare, has estimated that the health and medical care cost in the U.S. will approximate 33 billion dollars for the year ending last June 30, 1963.

The U.S. Department of Defense has recently issued a statement that one-half of the number of boys drafted for the army fail to pass their physical examination, and these boys range in age from 18 to 26.

In view of the physical and mental condition of many millions of Americans, as reported by governmental reports, it would appear that the U.S. Department of Health, Education, and Welfare could more wisely spend the taxpayer's money by protecting the American people from dangerous drugs and experimental drugs which result in the death of the innocent patient victims. There is very little evidence in the FDA reports to the effect that the manufacturers, shippers or doctors of medicine who use dangerous experimental drugs have been or are being criminally prosecuted for the sale, distribution and use of such products.

Why No Prosecution?

There was reported in the Washington

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National Health Federation Bulletin, published monthly January through December, except July-August which are combined, at 211 West Colorado Boulevard, Monrovia, California, by National Health Federation, a nonprofit corporation. Fred J. Hart, Editor-Publisher. Subscription rate of \$4.00 to nonmembers per year. \$1.50 of the annual \$5.00 membership dues is paid as a year's subscription to the National Health Federation Bulletin. Single copies 25¢. Second-class postage paid at Monrovia, California.

Post on February 25, 1964 that "about 15 persons died of strokes while taking a new drug for mental depression, the FDA said yesterday." The product was labeled, according to the newspaper article, "Parnate." FDA stated, as set forth in the article, that the manufacturers of the product "cooperated with the agency in revising the labeling on Parnate and issued a warning letter to all physicians, pointing out the new label provisions. The letter warned doctors not to use the drug under certain conditions, including observation of high blood pressure systems or in combination with other similar drugs."

FDA stated that "an honest difference of medical opinion exists between FDA and the eminent physicians we have consulted." FDA added "... nevertheless, we are withdrawing the drug from the market immediately."

From the foregoing, there is no evidence of intention to prosecute the manufacturer or shipper of this product for shipping in interstate commerce a dangerous, adulterated and misbranded product.

Are Doctors Paid Off?

Recently there appeared in the newspapers on February 23, 1964, an article to the effect that "a U.S. Senate subcommittee has information that some doctors have received \$20, \$30 and \$100 a patient to test drugs. These payments were made by the manufacturers' representatives for promoting the experimental use of such drugs by the doctors. The use of experimental drugs without the patient's knowledge or consent is legal under the new drug amendment to the Food and Drug Act. This legal right for a doctor to use patients as human guinea pigs was included in the new amendment to the Food and Drug laws upon the insistence of the drug industry promoting such products,

the American Medical Association representatives and with the approval of the FDA. The N.H.F. went before Congress and fought to require a doctor to obtain the permission of a patient before he could use on that patient an experimental drug that might have harmful effects or even kill the patient.

The N.H.F. is now, has been and always will be opposed to the use of dangerous food or drug products that are adulterated, deleterious or toxic. N.H.F. is opposed to any false and misleading statements made by anyone in connection with the sale, distribution or use of any drug product.

THE N.H.F. BELIEVES THAT CONGRESS, in passing the Federal Food, Drug and Cosmetic Act and its amendments, did so to protect the health and welfare of the people against dangerous products or any fraud in relation to such products. Congress did not intend nor did it have the authority to tell the American people what they should eat or what they should drink so long as the products involved were not in any sense of the word dangerous or harmful to the user and provided the user was not misled by false and misleading representations of the product.

IT IS THE OPINION OF YOUR WASHINGTON GENERAL COUNSEL that the decision in the New Jersey case mentioned above does not necessarily destroy the legal effect of the decision in Florida which held, among other things, that the FDA does not have the statutory authority to determine what the American people should eat or should not eat, provided the products are not adulterated, misbranded or mislabeled in any respect so as to defraud the public.

N.H.F. Editor's Note: For the state of the health of the nation as reported by the Government, see page 12.

\$9 Billion Quacks "Error" Discovered by N.H.F.

By Clinton R. Miller

On January 14, 1964, newspaper headlines in California and across America screamed: "MEDICAL QUACKS BILK AGED OUT OF \$10 BILLION A YEAR, SOLONS TOLD"—Santa Paula, Calif., *Chronicle*; "\$10 BILLION LOSS LAID TO 'QUACKS'"—Corvallis, Oregon, *Gazette-Times*; "L.A. ATTORNEY TOTALS COSTS OF QUACKERY"—San Diego, California, *Tribune*; etc.

These headlines were reporting to America the testimony given before the Special U.S. Senate Subcommittee investigating frauds affecting the elderly. The subcommittee was meeting January 13 in San Francisco to hold "field hearings" in California.

Star AMA witness, the "L.A. ATTORNEY [who] TOTALS COSTS OF QUACKERY," was none other than Deputy District Attorney John W. Miner, Chief of the Medicolegal Section of the Los Angeles County district attorney's office. He had his picture in *Life*, November 1, as the attorney who fought for and won a murder indictment against Dr. Marvin Phillips, a California chiropractor. *Life* noted that "Despite the fact that Phillips was defended by the celebrated attorney Melvin Belli, the jury convicted Phillips of murder, the first such conviction in the recorded history of law." The case is being appealed.

The writer was waiting his turn to testify at the hearings when Mr. Miner made his \$10 billion statement. (See testimony in last issue of the *Bulletin*.) Mr. Miner had already won a national reputation as one who was making American law history. One doesn't win cases against Melvin Belli with a shoddy disregard for the facts. The reporters

blinked, and looked at each other unbelievably. John Miner had spoken. The next day, millions of Americans gulped down the headline with their breakfast.

Quackery Up from \$1 Billion to \$10 Billion in One Year

A year before, when AMA witnesses had used a \$1 billion figure, the N.H.F. had challenged even this estimate as excessive. It had been fabricated by the American Medical Association, who refused to break it down. In 1963, before the same committee, the AMA spokesmen had estimated that there was \$500 million being spent in what they called "health foods quackery." We protested to the committee in our 1963 testimony (See N.H.F. *Bulletin*, March, 1963) that the entire health foods industry does less than \$100 million of business a year. We called the headlining that was done in 1963 "Smear-and-Run Tactics." For a year, we have tried to get someone to accept authorship for the suspect \$1 billion figure used at the 1963 hearings before the same subcommittee.

Now, one year later, it was up to \$10 billion.

Upon returning to Washington, the following letter was written to Mr. Miner. His reply, which follows our letter, is self-explanatory.

February 5, 1964

Mr. John W. Miner
Deputy District Attorney
Los Angeles, California

Dear Mr. Miner:

William Boquist, the *San Francisco Examiner* science writer, reported January 14, 1964, that you estimated the

(Continued on next page)

cost of the quackery racket as \$10 billion.

Were you correctly quoted by Mr. Boquist?

He stated, "A \$10 billion death-peddling racket that preys on the fears and frailties of the elderly was described here yesterday to a special United States Senate subcommittee. . . . The \$10 billion estimate came from the day's most flamboyant witness, Los Angeles Deputy District Attorney John W. Miner."

Respectfully yours,
Clinton R. Miller

February 13, 1964

Mr. Clinton R. Miller
National Health Federation
1012 14th Street, N.W.
Washington 5, D.C.

Dear Mr. Miller:

I wince at being described as flamboyant, but I cannot complain too vigorously because I was in error. **The amount involved in the cost of medical quackery should have been in excess of one billion, NOT TEN BILLION.** In my presentation to the Senate subcommittee, I used estimates and accredited them to the proceedings of the National Congress on Medical Quackery. **Unfortunately, inadvertently the estimate of the Congress of one billion was misread.**

Thank you for calling this error to my attention. I am notifying Senator Harrison A. Williams, Jr. of the mistake.

Sincerely yours,
JOHN W. MINER
Deputy District Attorney
Chief, Medicolegal Section

(Emphasis ours.—Ed.)

Editor's Note: The N.H.F. did not choose the term "flamboyant." We only quoted the **San Francisco Examiner**.

Somewhere within the AMA there may be another John Miner who "unfortunately, inadvertently . . . misread" some figures and thereby arrived at the \$1 billion figure that has been used to

justify two AMA-FDA sponsored National Congresses on Medical Quackery.

Watch future issues of the N.H.F. **Bulletin** as we force the AMA to give us a detailed breakdown of this \$1 billion cornerstone block of their whole shaky-superstructured witch-quack hunt.

* * *

That the FDA may be losing their zest for their rock-throwing, glass-house-living battle may be indicated by the following letter to Emmett J. Murphy, American Chiropractic Association (ACA) Director of Industrial Relations.

* * *

No Plans for Quackery Congress

December 30, 1963

Dr. Emmett J. Murphy
5737 13th Street, N.W.
Washington, D.C.

Dear Dr. Murphy:

You have asked if the Food and Drug Administration is planning another Congress on Quackery, similar to the one held recently with the American Medical Association.

The Food and Drug Administration has no plans to hold another such meeting with any group in the foreseeable future. We will, of course, continue to collaborate with the various groups in our efforts to combat quackery.

Sincerely yours,
Wallace F. Janssen
Dept. of Health, Education, and
Welfare
Food and Drug Administration

From the **ACA Journal of Chiropractic**, February, 1964.

N.H.F. Editor's Note: We are looking for the day when FDA will realize it should function without prejudice in all matters under its jurisdiction and will work with **all** groups interested in the health of the public. We believe there is a decided trend in that direction.

Beware When All Men Speak Well of You

By Fred J. Hart

For so did their fathers of the false prophets. This was true in olden days and it is still true in this age. One never throws a stone at a tree that does not have good fruit on it.

So much has been said about me as your president that I feel I should give you the facts of the case. I know of no better way than to reproduce herewith a letter I have just written to the Commissioner of the Food and Drug Administration.

March 10, 1964

Mr. George P. Larrick
Commissioner of the
Food and Drug Administration
Washington, D.C. 20201

Dear Mr. Larrick:

This letter is to bring a belated "thank you" for your letter to me in which you stated you had investigated my case and found that the court did not find me guilty when it accepted my plea of nolo contendere.* I trust that from now on you will see to it that members of your staff cease making the statement that I was convicted of a crime or inferring that the court found that I had committed a crime and fined me \$500.

The actual truth is that the court recognized that over a four-month period I had been over-persuaded by a Robert Jenkins, D.C., of Reno, Nevada, to let him have an instrument which belonged to me, and which I kept in my home for emergency treatment of myself and family, and in doing so was induced by the Food and Drug Administration to commit what it wrongfully considered contempt of a court order. This man Jenkins, former head of the Masonic Lodge of Reno, Nevada, came to me at my home

in Salinas late one Sunday evening and so impressed me with his sincerity and integrity that after refusing to let him have an instrument several times over a period of four months, I was finally persuaded, on the basis that he wanted it for research purposes, to allow him to have the instrument referred to above.

It turned out to be that this man Jenkins while practicing in Reno had been an employee of the Food and Drug Administration for 16 years and presumably had been, as such, spying on his fellow chiropractors in Nevada and California during that period of time. I did not violate the consent decree because I did not ship the instrument or convey it across state lines, and the consent decree did not prohibit the sale of the instrument in California. This man Jenkins carried the machine out of my home and there was no evidence submitted to the court that it had ever left the state of California, etc.

Mr. Jenkins and your San Francisco office were aware of the fact that the Electronics Medical Foundation was no longer manufacturing or distributing this equipment, and that in fact the corporation was being dissolved. While we are on this subject, I also would like to remind you that no court or scientific body ever investigated or declared this equipment to have no value, as and when applied to living tissue.

You will recall also that the temporary consent decree in question was issued at the request of the Electronic Medical Foundation itself in return for an agreement with the Food and Drug Administration that it would cease and desist from (1) issuing any publicity on the

(Continued on next page)

matter except that which was approved by both parties, (2) that it would not harass the some 3,500 doctors successfully using the equipment, and (3) that it would allow the equipment to be shipped to Mr. Harry Saine of Morgan Hill, California, for repair.

You are also aware of the fact that on the day our attorney requested the court to issue this **temporary** consent decree, which was to be in effect until such time as the case was tried on its merit, Mr. Crawford, who was then the Food and Drug Commissioner, issued a four-page defamatory statement and distributed it to all news media throughout the country. This statement so destroyed the reputation of the Foundation that it impaired its ability to defend itself.

The whole issue, as you well know, between the Electronic Medical Foundation and the Food and Drug Administration was that "in the opinion of the Food and Drug Administration advisors no radiation except radiation strong enough to produce heat, as in diathermy, has any value in the treatment of living tissue."

This position, of course, now has proved to be untrue, and magnetic and low power, pulsed, short wave energy, of the nature the Electronic Foundation's instruments produced, is now being accepted on an ever-increasing scale as having a beneficial effect on living tissue.

It is unfortunate that a department of Government, because of ignorance or false pride in a position previously taken, will seek to prevent honest attempts to solve the health problems of the people, and in doing so will seek to besmirch the character of leaders of the people who are crying for a solution to their health problems.

I feel sure that you appreciate the position I am in as head of the National Health Federation, for you too, as head of the Food and Drug Administration,

have all manner of evil said against you because of your position and/or activities of some of your subordinates, even though you are honestly trying to do a good job.

When we first opened our Washington office, in a conference with you I told you that the National Health Federation desired to work closely with your administration in an efficient and impartial enforcement of the Food and Drug Act, and that we would work together with you on all matters which our members felt were for their best interest, and we would support you in all positions you took against those who were doing injury to the public in the field of health. I am very happy to say now that our Washington office reports that in certain departments of your administration a new spirit of cooperation is being manifested. I am therefore hoping for the time to soon come when your administration will quit saying all manner of evil against the National Health Federation and its officers simply because we have had to oppose many of the evils which have grown up within the Food and Drug Administration, and which are now being exposed by Congressional investigation.

I have always held you in high regard and still do, and trust you also appreciate the fact that I too am honest and sincere in my endeavor to serve my fellow citizens, even though I disagree at times with your organization's activities.

With all good wishes, I am

Sincerely yours,
Fred J. Hart,
President,
National Health Federation

* Nolo contendere means "I do not wish to contest," or in criminal cases a plea by the defendant refusing to defend himself, but not admitting his guilt.

Magnetic Field Cancer Aid Seen

Mice Lose Malignancy and Increase Life Span in Treatment, Space Scientist Says

Mice live up to 45% longer after they have been subjected to certain types of magnetic fields, and cancerous mice lose their malignant growths after similar treatment, a Los Angeles space scientist said here yesterday.

Dr. Harold S. Alexander of North American Aviation Corp.'s missile division told scientists at an annual meeting of the Institute of Environmental Sciences at the Biltmore that much more research must be conducted before the effect of these magnetic fields on humans will be known.

But, he said, several leading cancer researchers are already pursuing the experiments pioneered by Dr. Jenő Baranóthy, Hungarian physicist now of Chicago, who also participated in yesterday's program.

"Aside from the effect on malignancies, we don't yet know why the mice live so much longer after four to six weeks in a magnetic field," Dr. Alexander said. "But we think the experiments have some effect on the rate of cellular reproduction."

He displayed photographs of two mice from the same litter which had reached an age equivalent to 90 years in humans. The one which had lived for a while in a magnetic field appeared only about one-third as old as the other.

—From Los Angeles Times,
April, 1960.

N.H.F. Editor's Note: The instruments put out by the Electronic Medical Foundation and so unjustly slandered by the Food and Drug Administration successfully used alternating magnetic energy in the treatment of living tissue.

Cancer Cure Test Hopeful by Thomas R. Henry

(North American Newspaper Alliance)
WASHINGTON, Feb. 22 — **Magnetic fields**, it has been found, inhibit rapidly dividing cells. This has raised the prospect of an entirely new method of treating cancers.

Mice kept for weeks between the poles of an **electromagnet** showed a greatly increased rejection of any transplants of malignant cells and almost complete inhibition of spontaneous breast tumors.

This advance has just been reported by **Medical Worlds News**, chiefly on the basis of work reported by the Biomagnetic Research Foundation of Chicago.

Adenocarcinomas from a British strain were implanted into a strain of Swiss mice. The transplant was rejected by five out of six magnetized mice while 16 controls died.

Forty mammary gland cancers were transplanted into 40 host animals of the same strain. Half the hosts were then exposed to a strong magnetic field. Twenty nonmagnetized controls were dead within a month, the magnetized animals remained alive much longer.

The next group of experiments involved mice with spontaneous tumors. Control animals all died within 50 days after the carcinoma first appeared. The magnetized animals were all alive 80 days afterward. When the magnetic field was stopped, however, the cancer started to grow again and all the subjects died within a month.

The method has not been tried with humans and many more animal experiments are considered essential before there can be positive conclusions.

—From Atlanta Journal and
Constitution, Feb. 23, 1964.

N.H.F. Editor's Note: More proof that those who say the energy produced by the Electronic Medical Foundation instruments has no value are being proved wrong.

AMA Opposes Drug Protection

Drew Pearson says

The American Medical Association has taken such a peculiar attitude toward drugs and cigarettes lately that some Senators are beginning to wonder whether the doctors are for health or against it. This bewilderment is unfair to the great majority of doctors, most of whom are too busy to know exactly what their "trade union" is doing in their behalf.

However, for their information and for the public's, here are the latest maneuvers which the AMA has made in behalf of the nation's doctors:

The AMA is lobbying behind the scenes to cut the new drug laws, particularly the provision that allows the Food and Drug Administration to ban useless drugs. The drug reforms were pushed through Congress by the late Senator Estes Kefauver, who had scarcely been laid to rest before AMA leaders quietly began their campaign to undo his work.

It is no secret that the drug manufacturers sell millions of dollars worth of pills and nostrums that have absolutely no medical value. The effect of what the AMA is doing is to keep these drugs on the market.

The AMA's council on drugs, which evaluates new drugs for safety and efficacy, has cut off the Government from access to its findings. Before the Food and Drug Administration had the power to stop the sale of worthless drugs, the AMA council permitted Government officials to sit in on its confidential discussions and read its confidential reports. Now the AMA won't let the Government know what drugs its doctors decide are no good.

On the eve of the powerful Government warning that cigarettes are a health hazard, the AMA suddenly an-

Mr. Average Pretty Sick During 1963

How healthy are you compared to your neighbors and the rest of the nation?

In the first study of its kind, the Department of Health, Education, and Welfare this week reported the results of a year-long survey of the nation's health.

You can compare yourself with these averages and find out whether you're more, or less, healthy than most.

During one year there were an estimated 401 million acute illnesses and injuries among the civilian, non-institutional population. That's an average of 2.2 cases per person.

Acute illness or injury sent the average person to bed for four days during the year, and restricted activity for about nine days.

Most illnesses reported were respiratory conditions—an average of 1.27 such cases per person. For every 100 persons, there were 61.5 cases of the common cold and 45.6 cases of flu.

Chronic illnesses, those that had lasted longer than three months, were reported by 81 million persons, or 45 per cent of the population.

From Miami Herald, February 9, 1964.

Let us keep the National Health Federation healthy by paying our dues promptly and/or giving liberally of our time and money. DO IT NOW —OUR Thanks TO THOSE WHO CAN AND ARE.

nounced an investigation of its own into tobacco and health. This played right into the hands of the tobacco interests, which can now cite the AMA investigation as evidence that more research is needed.

Family Circle

By Fred J. Hart

We are sort of thin and emaciated this issue. Please know this is not to be a chronic condition. The cause is that some of our members have failed to feed the Federation with its needed nourishment. The body cannot live without the proper supplements, and failing to receive them is unable to perform its regular tasks efficiently; just so, the Federation, as a corporate body, failing to receive its proper nourishment, cannot do what it normally should do.

You guessed it—our normal supply of money has not been coming in from our members. So, because our policy is to do only what our members indicate from their financial support they want done, we have cut back the size of the **Bulletin**, and unless the flow of money to the Federation increases, we shall have to make other cuts in the program. This organization belongs to the members, and its program is their program. It is our firm belief that what the members want done they will pay for, and we shall be governed accordingly.

What the Federation Needs

What the Federation needs is more members, and we appreciate the fact that our members are working to that end. We also need the payment of dues as promptly as possible, and we need more sacrificial donations from our members.

The Federation, in order that it may always be subjected to the will of its members, has a policy of not entering the commercial field in any manner, as it is a known fact that an employee or those directing an activity are inclined to slant the program toward those from whom the bulk of its revenue is received.

I am sure that the majority of our members agree with that policy and will do all that is humanly possible to send in sufficient funds to finance the Federation's program. That is the kind of faith I have in our members, but in spite of my faith it is my duty to see that the Federation does not spend beyond its income.

The "Bulletin"—Future Plans

"The best laid plans of mice and men gang oft agley," so whether I am a mouse or a man, I find my plans for the **Bulletin** have gone agley. Readers will recall that I stated in a previous issue that I had planned, with the April or May issue of the **Bulletin**, to add to our staff Linda Clark, the author of that wonderful book, **Stay Young Longer**. Linda was to be Associate Editor and have charge of a new section that from month to month would bring to our members documented facts about the value of vitamins, minerals, and food supplements to the end that our members might have facts with which to refute the untruths with which the public is being deluged through the press, radio and television. It is also the hope of the Federation that this new department will alert our members with ways and means of using healthful foods as well as to where and how to secure them. **Am I frustrated? The answer is "No."** It could well be that my timing was wrong and that later the members will indicate by their increased financial support that the time for this forward step has arrived, or it could be that I was entirely wrong in thinking the members wanted this forward-looking step to be taken at all. The Federation is here to do the will of its membership.

(Continued on next page)

Washington Office

Clinton Miller has been doing a bang-up job at Washington, but so many of our members have been writing to him about this and that, expecting him to answer them, that the office work has increased beyond measure. From time to time I have reminded our members that the main office of the Federation is in Monrovia, California, and that our members should direct their letters to this office and not to the Washington office. So many have failed to heed this admonition that I have now been compelled to issue orders to Clinton not to answer letters that are not directly connected with the legislative program of the Federation, and that if he receives letters not so connected they are to be forwarded to this office for answering.

Clinton is a very conscientious and able man, but he is just one man and he has more than one man can do looking after the legislative program of the Federation. When he has to take time off to answer letters that are more the concern of the main office, he has to over-do and also neglect the work he is in Washington to do. **Please, members, help us in this matter.**

Life Members

We are very appreciative of the number of our members who are sending in \$100, and thus becoming life members of the Federation. We are still 175 members short of reaching the 500 mark.

What a life member is actually doing is paying his or her dues in advance for 20 years and in return for this cooperation the Federation is extending his membership for the duration of his life. Financially this means that he is loaning \$100 to the Federation without interest to enable the Federation to immediately launch programs which would otherwise have to wait several years before the Federation would be financially able to move forward in that particular

matter, even though it was very urgent.

We owe much to our life members' cooperation. **Who will be next? We hope you will.**

No More Space

There is no more space left in this issue except to say "Thank you, fine members," and to add that I count it a great privilege to be working with you in this great crusade for health.

Members Are a Big Help

During the life of the National Health Federation, it has been blessed by members who took time out to cut out clippings from newspapers and magazines that said members felt we should see.

This service has been of great help to us, as well as saving us a great deal of expense were we to hire a clipping service to do this work.

We are now asking all of our members to be on the lookout for newspaper and magazine articles or items dealing with the following subjects:

1. Krebiozen
2. Quackery
3. Pesticide Use and Abuse
4. Lawsuits Against Doctors
5. All Articles on Enovid Specifically and Birth Control Drugs and Devices in General
6. Fish Flour
7. Vitamin, Mineral and Food Supplement Stories
8. Fluoridation
9. Air and Water Pollution
10. Any Other Editorial, News Article, or Letter to the Editor that Pertains to the N.H.F. Work

It would be very valuable and helpful to us if you would clip any such items you may see from time to time. Mail all such items to National Health Federation, P.O. Box 686, Monrovia, California, and we will distribute them to the proper departments of the Federation.

HEALTH NOTES

VITAMINS. The **Journal** of the American Dental Association reports that a multi-vitamin-trace mineral supplement reduces the depth of depressions in the surface of diseased gums. Twenty-two dental students with gingivitis who were given the supplement showed improvement. Twenty-one given a fake pill showed no change. "These changes appeared in dental students who had no apparent multivitamin deficiency, trace mineral deficiency or both," write Drs. W. M. Ringsdorf and E. Cheras-kin, both of Birmingham, Alabama.

NEW APPROACH. A Texas pediatrician believes it may be possible to treat diabetic children with medicines other than insulin. Dr. Luther Travis of the University of Texas Medical Branch thinks that early diabetes may not be caused by a pancreatic disorder but by a disorder in the blood. He has found that diabetic children seem to have trouble "freeing" the chemically-bound insulin circulating in their bloodstream. The problem might be with an enzyme that frees the insulin, Dr. Travis states. He is presently testing to see if any of the known enzymes are involved. If one is discovered, it could be given to the diabetic child instead of insulin.

SMALLPOX VACCINATION CAUSES VIOLENT REACTION. Doctors have amputated the arm of one-year-old John H. Rozier of Flint, Michigan, who developed a rare, but often fatal, reaction known as vaccinia to the smallpox vaccination. Lesions, which spread over the boy's arm killing the tissue, were caused by the live smallpox virus contained in the vaccine. They have now spread over his body, and he is "in very serious condition," according to a hospital spokesman.

Vaccinia, an allergic reaction, is estimated to occur in less than one case in 100,000. Other possible side effects from the vaccine are brain inflammation and a rare type of bleeding, or purpura.

In July, 1962, a British expert on infectious diseases reported shocking figures on the rate of such serious side effects from smallpox vaccinations. "Three times as many deaths are caused by vaccinating children than (would be caused) by waiting until they are adults," Prof. George Dick told delegates to the annual meeting of the British Medical Association. He estimated the rate at 20 babies a year in Britain, or 18 deaths for every million children vaccinated, as against five deaths in every million adults vaccinated. In contrast, he said, "... for the great majority of people living in Britain, there is no risk from smallpox, there never has been and probably never will be." Dick, a professor at Belfast University, Belfast, Ireland, was a member of a panel of experts responsible for advising the government on the use of vaccines.

COLD VACCINE WORKS THE WRONG WAY. A vaccine which is supposed to provide immunity against colds, flu and other infections has been found to actually cause additional illness. Made by Parke, Davis and Company, Ltd., of Canada, the vaccine was tested on over 500 children by doctors at Regina General Hospital in Saskatchewan.

The nine viruses in the vaccine were supposed to prevent respiratory infections, a classification which includes influenza, croup, bronchitis, pneumonia and what is

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known as the "common cold." Instead, the 259 infants and children who were "immunized" developed more infections than the 257 who received placebos, or fake injections. Croup and the common cold were the two infections caused most frequently by the vaccine.

N.H.F. Editor's Note: The foregoing items were gleaned from **Health Bulletin**, which is published weekly by Rodale Press, Inc., Emmaus, Pa. Subscription rates: six months, \$3.50; one year, \$7.00. For those who want weekly items such as the above, we recommend the **Health Bulletin**.

Warning

Penicillin tablets are being found in hospital-size bottles of Squibb aspirin due to a packaging error, the Food and Drug Administration warned.

Hospitals, pharmacists and consumers who have on hand any Squibb aspirin from 1,000 or 5,000-tablet size bottles are urged to make sure that all of the tablets have the word "Squibb" stamped on both sides. If any plain tablets are present, the container should be returned to the supplier immediately. Consumers should make the same check on any repackaged Squibb aspirin they have purchased from retailers.

Original, retail-size packages (12's, 100's, and 200's) bearing the Squibb label are not involved, FDA said, because machines filling such packages will automatically reject the slightly larger penicillin tablets.

15 New "D.O.-M.D.'s" Result from New York's Ruling

More than 15 doctors of osteopathy in New York State have become "D.O.-M.D.'s" in recent months through a ruling by New York's Dept. of Education, the state's professional licensing agency.

They have been registered as D.O.-M.D.'s after the Dept. of Education decided that M.D. degrees which they received through the California College of Medicine, Los Angeles, were also valid in New York State.

Same Licenses. The New York medical licensing examination is the same for M.D.'s and D.O.'s, and the state licenses issued to the D.O.'s gave them the right to practice medicine on the same basis with those of physicians with an M.D. degree. The Dept. of Education thus added the M.D. designation to the D.O. on their licenses.

Chiropractors Seek Court Ruling on Law

Four New York chiropractors have asked the State Supreme Court to hold key provisions of the 1963 state law providing for the licensing of chiropractors unconstitutional.

The suit was filed in Westchester, N.Y., against the State Education Dept. The four plaintiffs object to provisions of the new law which require them to take examinations similar to those taken by medical doctors in anatomy, physiology, hygiene, chemistry, pathology, and bacteriology.

They contend that only chiropractors can determine the proper examination of their own practitioners. The prelicensing examination under the new law is drawn up by the Board of Medical Examiners.

The Chiropractic Assn. of New York, which campaigned for passage of the licensing law last year, is not supporting the suit, said a spokesman.

Acquittal Is Won by Chiropractor

James D. Oyer, 43, Eden, N.Y., chiropractor, was acquitted of a charge of second-degree manslaughter in the death of a patient, 17, whom he had been treating.

The Erie County (Buffalo, N.Y.) Court jury of 11 men and one woman reported the innocent verdict to Judge Burke I. Burke after deliberating about 35 minutes.

Negligence Charged: Oyer had been charged with culpable negligence following the death of Thomas D. Peltier, a high-school student, on February 17, 1962. The chiropractor had treated the youth during a six-week illness.

In his charge to the jury, Judge Burke said that Oyer should be found innocent if it had not been proven that he illegally practiced medicine on the youth. If they decided Oyer had practiced medicine, the judge also told the jurors, they would then have to decide further that the chiropractor had treated the youth in a culpably negligent manner.

A pathologist who testified during the trial concerning the autopsy he had performed on the student's body attributed death to pneumonia, peritonitis, a ruptured appendix and blood poisoning.

Misdemeanor Filed: Oyer still faced a misdemeanor charge of practicing medicine without a license, but Asst. Dist. Atty. Edward Marschner told newsmen that his office most likely would ask for dismissal of the charge.

The same facts are involved in the misdemeanor charge, Marschner said, and since the jury had decided that Oyer did not practice medicine illegally, another trial might involve double jeopardy.

FDA Declares War in Tough New Drug Law

WASHINGTON—The Food and Drug Administration (FDA) today declared war on ineffective drugs. A new set of proposed regulations governing the sale of drugs in this country was made public by the FDA in the issue of the **Federal Register** published today. The proposed regulations would require the makers of all drugs marketed in this country between 1938 and last June 20 to prove to the FDA that they are not only safe but effective. If they fail, the drugs will be taken off the market.

The ultimatum will cover more than 2,000 drugs placed on the market in the past 26 years. But it does not affect drugs marketed since June 20 because they have had to have this proof under terms of the Kefauver-Harris drug amendment passed by Congress in 1962.

Before the amendment took effect, drug manufacturers had to prove only that their products would cause no harm in order to get government approval of their sale.

The amendment gave the FDA power to require a showing of effectiveness for all drugs but the power was not used retroactively because officials feared it would cause too much confusion.

The filing of the proposed regulations in the Federal Register indicated the FDA now is prepared to apply the test of efficiency to all drugs. Informed sources said "a substantial number of drugs" probably would lose FDA approval, but no accurate estimates were available.

A mild little man walked into an income tax inspector's office, sat down, and beamed on everyone.

"What can we do for you?" asked the inspector.
"Nothing, thank you," replied the little man, "I just wanted to meet the people I'm working for."
—Great Northern Goat.

Mucorhycin Must Be Saved

So urgent is this matter that we are making this special appeal to our readers to make whatever sacrifice they find necessary to help furnish funds to enable the attorneys for the Drosnes-Lazenby Clinic of Pittsburgh, Pennsylvania, makers of Mucorhycin, to successfully fight their battle with the Food and Drug Administration which, it appears, is determined to deprive thousands of sick folk of this remedy by enjoining this Clinic from shipping the product across state lines.

With seeming utter disregard for the lives of the people, the FDA succeeded in getting the court in Pittsburgh to issue a temporary injunction against the shipment of the product pending the final court trial. Legal action is now being taken to get this temporary injunction lifted. Legal plans are on foot to win the battle when the issue goes to court.

HERE IS THE RUB. Through continued harrassment over the past six months, the FDA has caused the Drosnes-Lazenby Clinic to exhaust their finances, so it becomes necessary to make this appeal for funds to help them continue to fight the case.

We have met many folk who have been cancer victims, and who, after the regular care, have been no better, but turning to Mucorhycin, "a food supplement," are still alive and earning a living, long after they were supposed to be dead. It is a harmless remedy and not expensive. It is not a secret remedy and is not a drug, but is a food supplement and as such has been sold for the past 12 or more years.

The National Health Federation cannot defend any particular remedy, but it certainly can and does appeal to its members to do what they can to help these folk defend this valuable remedy and can assure our members that if sufficient funds are raised whereby these folk can carry on this court fight, the Federation will at the proper time enter the case as *amicus curiae* because of two important issues tied into this case.

I am making this a personal appeal to our members, and because I never ask the members to do that which I am not willing to do myself, I am today writing my check for \$100 toward the fund. The fund will be known as The Mucorhycin Defense Fund, will be kept in a separate bank account, and will only be disbursed for the purposes stated above. The Federation will see that the account is properly handled and will render a report to those who donate. Make all checks and donations payable to The Mucorhycin Defense Fund, 418 Lorimer Street, Salinas, California.

It must be remembered that the Federation is not itself fighting this case, but is trying only to help the Drosnes-Lazenby Clinic finance its fight, and the fund will pay out the money as needed for that purpose only.

The Federation is at present busily engaged in the California cancer controversy, which is a matter of law and not of a particular product.

Be as generous as you can. Send all donations to Mucorhycin Defense Fund, 418 Lorimer Street, Salinas, California.

Sacrificial Giving Have You and I Done as Much?

February 26, 1964

Mr. Fred J. Hart:

Your recent letter of January 30, 1964 with your personal thanks. On 9/21/63 I mailed \$5.00 for my 1964 membership. I realize your position and that you have done wonders and have worked many hours overtime and we all appreciate how very much you have done. I am very thankful that we have you to look out for the people of the United States. I don't know where we would be without your help.

I truly would send you a lot more money, but I am 84 years old and my social security is just \$90.00 per month and no one will employ me. I am in excellent health and want to work to help my wife and others. I have tried very much to find employment. When I worked for the Michigan Bell Tele-

phone Co. I was responsible for \$5,000,-000 worth of equipment. Every place I go they tell me I am too old.

I am enclosing a check for \$3.00 and sure hope you get enough money to take care of expenses. Good luck, and thank you for all the good you have done for the people of the United States.

With kind regards,

(Name omitted, as the one who wrote the letter will recognize it and know we appreciate it.)

N.H.F. Editor's Note: This letter was heart-warming and yet it caused me to wonder if I was doing all I should do to justify such confidence and sacrificial giving. My greatest burden in this work is finding the funds to pay the bills, and having to say no to N.H.F. members and our staff when they want to do a needed piece of work in the field of health freedom, only because we do not have sufficient funds.

1964 Conventions

So successful have been the Federation's one-day conventions that we have decided to hold more of them during 1964.

Phoenix: On Saturday, April 11, the Federation will conduct a full one-day convention at the Sands Hotel. The convention will start at 10 a.m. and continue until 10 p.m.

Salt Lake: On Wednesday, April 15, the Federation will hold an all-day convention, starting at 10 a.m. and continuing until 10 p.m. The place—The Ramada.

San Francisco: On Saturday, May 9, the Federation will conduct a full day and evening convention, as it did last year. The convention will be at the Sheraton-Palace Hotel. It will start at 10 a.m. and continue until 10 p.m.

Reseda, California: The Federation will conduct a full day and evening symposium, May 16, 10 a.m. to 10 p.m., at which all approaches to health will be presented.

Chicago: The Midwest Convention of the Federation will be held at the Sherman House this year. The dates will be September 10, 11, 12, and 13. It is our plan to make this the most outstanding convention the Federation has ever held in the Middle West.

The charge for attending the one-day conventions will be as follows: For the full day, \$2; for one session or one lecture, the charge will be \$1.

More information will be given in later issues of the **Bulletin**. For your own sake, as well as that of the Federation, we urge you to attend the convention nearest to your home.

Those who are interested in displaying products should write at once to Howard Long, P.O. Box 686, Monrovia, California.

APRIL, 1964

NATIONAL HEALTH FEDERATION

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SPECIAL BULLETINS

1. **We are happy to announce** that the now famous book, **A Matter of Life and Death**, by Herbert Bailey, is now available in paperback form. The price is 60 cents per copy or 10 copies for \$5. This book tells the truth about the Krebiozen story and it is to be hoped that those interested in health will purchase not one but several copies and place them in the hands of influential citizens.
2. **Send all orders for "Life and Death"** direct to Books, P.O. Box 2422, Gary, Indiana.
3. **If you have not yet signed and mailed** the post card to Congressman Kenneth Roberts, which appeared as a part of your October issue of the **Bulletin**, please do so at once.
4. **By the time you receive this issue**, the National Health Federation will have successfully held a Louisiana State Congress on Health Monopoly, similar to the Congress held in Washington last October. This Congress is being

held in Baton Rouge, La., on the same day as one being held on medical quackery by the Louisiana State Medical Society. We are happy to report that this Medical Quackery Congress is not being co-sponsored by the Food and Drug Administration. A full report will be given in the May issue of the **Bulletin**. **The Federation is on the march**, so urge your friends to join. **WE NEED MEMBERS.**

5. **The Public Is Invited.** For a number of years, I. M. Frost, M.D. has been so successfully treating cancer patients in his hospital at Raymondville, Texas, that he is asking all who will to come and see.
6. For that purpose he is holding open house in Raymondville on May 17, 18, 19, and 20. This man has turned over all his possessions to this hospital, which is entirely nonprofit. At this open house he will challenge the world to give him cancer patients from far and near. We have heard many fine reports on the work of this very wonderful man.