

National Health Federation



FLUORIDATION SPECIAL

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AMERICANS CRUSADING FOR BETTER HEALTH

Volume VIII—Number 6

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Site of our Washington Office
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BULLETIN

Mid-West Convention News

By CLINTON MILLER

"Come to Columbus and Discover America"

Every city and state has its chamber of commerce that says it is best, and I've heard most of them. But Ohio is unique. It really has something! There is something fundamentally AMERICAN about Ohio. It's hard to describe, but you'll feel it when you come to the NHF convention July 1-2-3 and 4 at Columbus, Ohio.

Ohio is one of the few places in America where there is more organically grown food available than there are people educated to its advantages. This is due to many factors that have given Ohio some very conservative, agricultural communities that have refused chemical fertilizer and pesticide crop raising practices. But it remained for an aggressive Natural Foods Associates movement in Ohio to begin to solve the distribution problem of getting this food, grown on fertile soil without sprays and poisons to people who demanded it. Our NHF banquet, July 3, will be entirely of organically grown food, served family style, in Ohio manner, and would be worth driving many miles to enjoy.

Children Under 14 Free at Columbus Convention

To help the NHF launch its Youth Movement, the management of the beautiful Neil House Hotel in Columbus have offered us the following rates for

members who will bring children. For children under the age of 14 there will be no charge (limit 3 per paid room). The rates per room are \$7.00 single and \$8.00 double. This means that one adult can bring 3 children for a total of \$7.00 a day and two adults can bring 3 children for \$8.00 a day. **This will only apply for the first 144 children registered**, for this is all the extra cots the hotel has. After the first 144, a child under 14 will be ½ price. We urge and recommend that you immediately write for your reservation with the number of children you expect to bring. Children over 14 are charged regular rates (two for \$8.00). For reservation simply write Neil House, Columbus, Ohio. Don't you wish you had known what you know now about health when you were young enough to build a strong body to prepare for parenthood? A lasting, lifelong dedication to Health Freedoms can be sparked when these young children hear the greatest leaders in the American Health movement speak. Grandparents, bring your health conscious grandchildren. They might be inspired to resolve against smoking, or otherwise damaging their body, and prevent a lifetime of sorrow and sickness by coming to this great convention.

Bob Hoffman, coach of our Olympic weight lifting teams, will inspire our young men and women to a clean, wholesome, healthful, patriotic, American life. Those who know Bob and have heard him will want their children to meet him.

tion to it, but if on the other hand he should receive it once each month for six months, it would be very apt to get his attention, because of curiosity, if for no other reason. The names I sent you were of rich and influential folks, so who can say how much of good may result from this venture?

Sincerely Yours,
J. C. Carlson
Tulsa, Oklahoma

NATIONAL HEALTH FEDERATION BULLETIN

The NATIONAL HEALTH FEDERATION

VOLUME VIII

NUMBER 6

BULLETIN

Adventures on Health Frontiers

Published Monthly

JUNE

1962

Family Circle

By FRED J. HART

On the back cover of this issue we call your attention to the sixth annual midwest convention of the National Health Federation. On two other pages we are printing the program setup, that you may know what to expect when you attend.

It is our fervent hope that this convention will be the largest and best the Federation has ever held. We want it to be a real **patriotic rally** and a time of **rededication** to the cause of **liberty**. It is for this reason we are holding it during the Fourth of July week.

We hope it will be a real **family affair**. We want parents to bring their children as we plan on launching a **young peoples health movement** during the convention. Plan now to attend. The Hotel will make no room charge for children under 14 years of age.

LIFE MEMBERSHIPS

In all things relating to the life of an individual or an organization there is a proper time for everything. From letters received from members and from a consideration of the status of the Federation, its finances, and future program, we were led to believe the time was ripe to launch a trial balloon in connection with the question of life memberships. We launched the balloon with the April issue of the Federation Bulletin. The response of the membership has been wonderful. As this issue goes to press we have received dues for

32 life members. Each life member will receive a number, said number to correspond to the time we receive the dues. The payment of the \$100.00 life membership will automatically make the person sending in the dues a member of the 300 Club of the Federation. The name of the club comes from the fact we are limiting the number of life memberships to 300.

It is not the purpose of the life membership movement to in any manner relieve a member from duty of making donations to the work of the Federation as the program demands and he is able. What a life membership actually does is to give a member the right to pay his dues in advance and thus loan to the federation sufficient money to properly advance the Federation program. The time has arrived in the life of the Federation where it must be properly staffed to move forward. **Its life must no longer, in any manner, depend on the life of one individual.** The day has arrived when the Federation must have a competent individual to handle membership promotion. State Federations must be organized. County Federations must be set up and existing ones strengthened. A business manager is badly needed. The Youth movement which will be launched at the convention in Columbus, Ohio, will need a paid leader, if it is to get off the ground. As funds come in from life

(Continued next page)

MAIL BAG

National Health Federation March 22nd 1962
Gentlemen:

Your letter of March 12th thanking me for the \$50.00 contribution to pay for the sending of N.H.F. Bulletin for 6 months to 23 people, is at hand. My idea is, if only one bulletin is sent to a person he is very apt to put but little atten-

memberships they will be used to carry out the above plans, subject always to the will of the people as expressed by the Board of Governors of the Federation. The day for which the Federation was organized is here. We must take advantage of it and move forward on a permanent and practical basis.

Who will be the next to advance \$100.00 to the Federation by paying his dues for life?

JUNE FIRST IS THE DAY

On June first the dues of regular members will be raised from \$3.00 to \$5.00. This means all present members who have not paid their dues by that date will have to pay the new rate. It also means, because of post office rulings, present members who have not paid their dues by June first will receive no more Bulletins until they have paid their dues. To be as helpful as we can to present members who have not paid their dues we will continue to accept three dollars as payment up and until June 30th. That is the absolute deadline.

All persons who join the Federation after June first will have to pay the new rate of \$5.00, but the payment of the \$5.00 will give them a paid up membership for the balance of the year and through all of 1963. This is in keeping with our present plan of making all memberships date from January first to December 31st each year.

Our heartfelt thanks to the thousands of you folks who have or are paying your 1962 dues. Your fine response is very gratifying to us.

IF YOU HAVE NOT PAID YOUR 1962 DUES BY JULY FIRST, THIS WILL BE THE LAST ISSUE OF THE BULLETIN WE CAN SEND YOU UNTIL YOU HAVE PAID FOR 1962.

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Health Food Dinners Pay Off

In the May issue we reported that one of the Federations chapters originated the idea of having Health Food Dinners in different homes. The purpose was to have people learn first hand, how good a health food dinner can be, and at the same time make some money to help with the work of the Washington Office of the Federation. That it is a practical approach is evidenced by the following.

Dear Mr. Hart:— I herewith enclose a check for \$25.00, which we earned from 2 home luncheons, and which we offer to help towards salary of a secretary for the Washington Office of the Federation. Bless you in your wonderful work for humanity, Yours very truly, Mrs. Ruth H. Mitchel, 7400 Portola Rd., Atascadero, California. Secretary of the Atascadero Chapter of the National Health Federation.

Editor's note:— We suggest to Health Clubs — this is a good way to educate the public and to make money for the work.

FLASH

Hearings on H.R. 10541, a bill to authorize federal aid to mass immunization programs (see page 7 May issue of Bulletin). Clinton Miller on behalf of the Federation presented a very fine case against the bill as now written. In addition he got others to appear on behalf of freedom of choice.

One thousand copies of the entire Committee report will be printed for free distribution. Members of the Federation who desire a copy of the report should write at once to Clerk House Committee on Interstate and Foreign Commerce, House Office Building, Washington, D.C. and request a free copy. Orders will be filled only as long as the supply lasts. **ACT TODAY.**

Mass Medication — Inoculation Proposed By President Kennedy

One begins to wonder if we live in a Republic, a Democracy or a Satellite of the Soviet.

No president in history ever took it upon himself to tell people how they should treat themselves.

No president in history ever gave open public approval to a mass inoculation medication program.

The Journal of the American Medical Association, January 27, 1962, under title — Washington News, Sub-title: Kennedy Health Proposal.

“President Kennedy in his State of the Union speech said the administration will “propose a mass immunization program aimed at virtual elimination of such ancient enemies of our children as polio, diphtheria, whooping cough and tetanus.”

Is this what you want?

If it is not what you want make a vigorous protest to your newspaper, your congressmen and direct to President Kennedy, and point out to him how ill advised his statement was, and that there is a growing awareness to insist upon: “Free choice,” as guaranteed under the Constitution.”

A Subsidy for Medical Compulsions

The Kennedy mass inoculation bill, introduced in Congress by Senator Lister Hill, is anything but innocuous.

It proposes to spread the practice of mass medication, under strong public suasion, far beyond anything previously experienced in the United States.

Its stated purpose is “to assist states and communities to carry out intensive vaccination programs.” These have been familiar as against smallpox. Now campaigns would be supported against four

other maladies and “any other diseases of an infectious nature which the Surgeon General finds . . . to be susceptible of practical elimination . . . with vaccines or other preventive agents which may become available in the future.”

This would be an extremely broad and open-end authority.

The bill further describes an “intensive community vaccination program” as one designed “to achieve . . . the immunization . . . of all or practically all susceptible persons in a community,” especially those under five years old.

Nothing is directly said here of the use of compulsory methods. The beneficial motives of the advocates need not be questioned. Yet the effect of this legislation would be to place the weight of federal financial subsidies behind the utmost practicable use of state police powers in enforcing acceptance of inoculation regardless of the wishes of individuals for themselves or their children.

Even where inoculation drives have been supposedly on a voluntary basis, zeal in some areas has made doubtful uses of public facilities. Certain states compel vaccination, without exception, as a condition of school attendance. Such practices, however well-meaning, constitute an invasion of personal rights which ought to be respected, even protected.

We hope that congressional consideration of the mass inoculation bill will take these aspects of the matter into account. H.R. 10541

The Christian Science Monitor, Saturday, March 10, 1962.

FLASH

If you want a free copy of the complete report on the hearings just held on H.R. 10541, you must write at once to Clerk House Committee on Interstate and Foreign Commerce, House Office Bldg. Washington, D.C. There are only 1000 available. There won't be any more.

Britain Advertises Against Cigaret Smoking

The British government today launched a hard-hitting poster campaign against cigaret smoking.

More than 400,000 posters were dispatched to all parts of the nation.

The drive started as a result of last month's report by the Royal College of Physicians that there is a direct connection between cigaret smoking and lung cancer.

THE GOVERNMENT is using three different posters. Across the top of each is the word "danger!"

"The more cigarets you smoke the greater the risk of death from lung cancer, bronchitis or heart disease," one poster continues.

The second version:

"Heavy cigaret smokers are 30 times more likely to die of lung cancer than non-smokers."

The third:

"**DEATHS** from lung cancer are nearly five times more than 20 years ago and they are still rising. The more cigarets you smoke, the greater the risk."

The texts all were taken from the physicians' report.

Nutrition and Health

by **SIR ROBERT McCARRISON**

In 1936 Sir Robert McCarrison gave a series of lectures before the Royal Society of Arts which were accumulated and published in the form of the above book.

THIS WORK IS NOW INTERNATIONALLY FAMOUS, AND ITS INFLUENCE HAS GROWN RATHER THAN DIMINISHED THROUGH THE YEARS SO THAT IT MAY BE TRULY

CALLED:

"A NUTRITION-CLASSIC"

Rare, indeed, is the great scientist who is dual-equipped to do original research and be expressive in common language so that his vital value may be read and appreciated by the average reader. McCarrison is such a man.

Reading his book is an intimate experience with this great scientist — a humanistic experience — since the author expresses in a homey fashion that which is usually only presented in technical style in scientific journals — all the more impressive because the author has the authority of the highest scientific accomplishments.

McCarrison is the author of the first scientific book on nutrition: **STUDIES IN DEFICIENCY DISEASE** (1921), a book, which because of its scientific facts, startled the entire medical world and was the real beginning of The Nutritional Revolution.

"There is a Constructive Idea on Every Page..." Royal Lee's comment.

Scientific facts never change. This 1936 "collector's item" still stands as a monumental contribution to those readers who wish to get a feeling of the inner economy of their own bodies and desire an understanding of the intimate association between nutritional science and our functional efficiency in the modern civilized world.

Price: \$3.50

Now Available from:

**Lee Foundation
for Nutritional Research
612 North Vermont Ave.
Los Angeles 4, Calif.**

20% discount to NHF Members
who attach NHF stamps to orders

Fluoridation Ousted in Many Cities

At least 25 cities have **THROWN OUT** fluoridation after trying it. These include Akron, Ohio; La Crosse, Wisconsin; Sheridan, Wyoming; Williamstown, Massachusetts, etc.

More than 425 cities with a total population over 30 million have rejected or refused fluoridation.

NATIONAL HEALTH FEDERATION BULLETIN

What Are the Legal Rights of a Witness Being Questioned by a Federal Food and Drug Inspection?

By **CHARLES O. PRATT**, Wahington Counsel

Suite 712, Barr Building,
910 Seventeenth Street, N.W.,
Washington 6, D. C.

296-3522

Several times recently, members and their friends have been questioned by people who said they were official investigators for the Federal Food and Drug Administration and/or the United States Department of Health, Education and Welfare, of which the Food and Drug Administration is one part or agency.

Those questioned, frequently became greatly frightened by the methods used by these investigators, some of whom seem to suggest or imply that the person being questioned must answer all questions, including leading and damaging questions.

THE PERSON BEING QUESTIONED DOES NOT HAVE TO ANSWER.

Based upon the knowledge and experience of your Washington Counsel, you do not have to answer any questions presented by any government investigator, whether he be an employee of the Federal or State Government, if you have reason to believe that the question is unfair or prejudicial to you or the one about whom the questions are being asked.

If you are being questioned, it is suggested, first, that you request to see and examine the official identification card and/or official badge of authority of the investigator. If he refuses, then you should decline to answer any questions in a courteous manner.

If the investigator suggests or implies any threats to you or the one he is investigating, you should courteously decline to answer his questions.

If you desire, you have a legal and commonlaw right to tell the investigator that you will confer with him only

in the presence of, and with the guidance and advice of your lawyer.

If the investigator threatens you in any way or promises you any benefit or immunity from any lawful prosecution, you should report such action at once to the office of the nearest United States Attorney. It is illegal for an investigator to mistreat, threaten or abuse any witness or to promise any legal benefit to a witness being questioned about himself or another.

THERE IS NO LAW THAT REQUIRES YOU TO ANSWER INVESTIGATOR'S QUESTIONS ABOUT YOU OR ANY ONE ELSE.

If you have any doubts as to whether you are required to answer any investigator's question, it would be appropriate to tell the said investigator that you will frankly and honestly answer all questions under oath when so ordered by a judge of a Court of competent jurisdiction by which Court you have been subpoenaed (ordered) to appear. The U.S. Constitution protects one from being compelled to answer possible incriminating questions.

ANSWER QUESTIONS BY INVESTIGATORS IF IT WILL HELP YOU OR THE ONE ABOUT WHOM QUESTIONS ARE BEING ASKED.

Frequently, a person who has been questioned by government investigators has been in a position to give good evidence that has been helpful to the Government, to himself and to clear the one about whom the questions have been asked.

The purpose of investigations is to get the facts and the truth.

(Continued next page)

WASHINGTON, D. C. CHIROPRACTOR QUESTIONED BY ASSISTANT U. S. ATTORNEY CONCERNING HIS PRACTICE AND RELEASED.

Just this week, a prominent chiropractor advised your Washington Counsel that he had been ordered to appear at the Office of an Assistant U. S. Attorney to explain and informally show cause why he should not be prosecuted for allegedly "Practicing medicine without a license" for several reasons, including his use of vitamin-mineral products.

The chiropractor took his local attorney with him to this investigative conference. He explained clearly and honestly the nature and method of his practice of chiropractic.

At the close of the conference the Assistant U. S. Attorney cautioned the chiropractor to practice within the provisions of his chiropractic license. Then, he advised the chiropractor that he did not intend to prosecute him on the evidence presented and because of the doctor's clear honest and forthright answers.

The foregoing case illustrates the value of frankly answering questions presented by proper authority, in a fair and proper manner, with the guidance and advice of an attorney.

WATERED HAMS ARE STILL IMITATION HAMS

Earl Warren, Chief Justice of the United States, at the request of the United States Department of Agriculture issued an Order in the Supreme Court of the United States directing the United States Court of Appeals For the District of Columbia Circuit to stay the temporary injunction of the U. S. District Court which would have permitted the adding of water to hams, as in the past, until the Supreme Court of the United States finally decided whether, in its opinion, the U. S. Department of Agriculture Regulation was valid which required the meat packers to label watered ham as "Imitation Ham".

The Supreme Court Order of Chief Justice Warren was a great victory for the millions of housewives and families which felt that it was unfair and fraudulent to charge them for ham that had been materially and substantially watered.

The National Health Federation helped to work for this victory by urging the U. S. Department of Agriculture and Members of Congress to require that watered ham be labeled "Imitation Ham" or to stop the practice.

ILLEGAL PESTICIDES AND FOOD ADDITIVES CHARGED IN FOOD AND DRUG ACTIONS

The U. S. Department of Health, Education, and Welfare, Food and Drug Administration just reported that excessive pesticide residues resulted in separate seizure actions against bulk shipments of lettuce, fish oil and wheat.

The release contained the following statements:

"Romaine lettuce shipped by xxx, was found to bear residues of DDT and toxaphene in amounts exceeding the safe 'tolerance' set by Federal regulation. The 'tolerance' is the amount of the pesticide which scientists have determined may safely remain on a food crop without injury to the consumer".

"Fish oil, labeled 'Sea Pep Vitamin A & O Feeding Oil' shipped by xxx, was found to contain residues of DDT, DDD, and DDE. No tolerance has been established for these pesticides in fish oil; no residue is permitted in the absence of a specific tolerance for it".

Bulk wheat, shipped by xxx, was found to consist in part of 'pink wheat' — seed wheat treated with a poisonous mercury compound to prevent the seed from rotting after it is planted. Wheat so treated is illegal for food or animal food".

CHILD'S DEATH TIED TO LACK OF WARNING FIRST SEIZURE UNDER NEW LABELING LAW

(Continued bottom next page)

NATIONAL HEALTH FEDERATION BULLETIN

New Appreciation of Seaweed

By BETTY LEE MORALES

4207 West 3d St., Los Angeles, Calif.

MR. E. BOOTH, OF THE INSTITUTE OF SEAWEED RESEARCH IN SCOTLAND has contributed much in the newer understanding of the importance of trace elements in agriculture.

"IT IS EVIDENT" he said, "that our ideas of the quantities of trace elements required by plants need revision, and more attention should be given to the ability of the plant to manufacture chelating materials and chemical compounds within the plant, these in turn being secreted back into the soil, to break down the minerals required, which are present but not readily available. To properly complete this process, the plant requires necessary building material.

"SEAWEED IS THE MOST ABUNDANT SOURCE of this necessary building material, and being photosynthetic, it is not only readily available to the plant, but is organically combined in nature's proportions."

AT THE THIRD INTERNATIONAL SEAWEED SYMPOSIUM, Frank reported that the manganese content of tomato leaves rose several hundred percent when small quantities of man-

"A soldering compound implicated in the death of a six-year old child was seized in the first court action under the Federal Hazardous Substances Labeling Act".

This is the type of accident the Federal Hazardous Substances Labeling Act was intended to prevent, xxx".

"The Act, which requires household chemical products to bear warning information to protect users and to prevent accidental ingestion by children became fully effective February 1, 1962.

ganes were added to compost through the addition of seaweed, the increase being greater than the total amount of manganese in the seaweed, and hence must have been released from the soil.

AHMED & JONES in 1960, working with soya bean in rigorously purified nutrient solutions proved that cobalt at a concentration of one part in 10,000 million, increased the dry weight of the plant 69%. A similar effect has often been demonstrated through the use of seaweed.

HALSWORTH, et al, in 1960 showed that cobalt at 0.6 ppm restricts growth of legumes, while in much smaller quantities (such as added through seaweed) (0.006 to 0.06 ppm) stimulated N-fixation and increased the number of leaves produced. Halsworth also found copper to be toxic to legumes at 6 ppm, but beneficial in the much smaller concentrations as found in organically combined seaweed.

ALEXIS CARREL, the Nobel prize winner, wrote twenty years ago, "Chemical fertilizers, by increasing the abundance of crops without replacing the exhausted elements of the soil, have indirectly contributed to change the nutrient value of cereals."

TODAY, EVIDENCE EXISTS on every hand to indicate that man, animal, plant and soil are bound together inextricably. Literally, health begins in the soil. And just as literally evidence on every hand indicates that our precious top soils are rapidly becoming collectively polluted with the accumulation of toxic agricultural chemicals, dusts and sprays.

IS THE UN-HEALTH OF OUR NATION, and the poisoned, spent soils we are bequeathing coming generations so easily ignored, or rationalized? Are not the very free enterprises which have made America strong, and rich, now catapulting her to the brink of some form of socialism? How far will selfish

(Continued next page)

interests push before they realize that as man, animal, plant and soil are bound together, so is government and business inextricably dependent upon the people — the millions of little people who in reality support this super-structure? The state of health of the people is any Nation's greatest strength or weakness.

Wells and Monuments

"It is better to dig a well than to build a monument. When you dig a well, you invite nature to fill it; when you build a monument, you challenge nature to destroy it.

Build a monument, and your name will be known but your merit, if any, is soon forgotten. When you dig a well, your name may not be known, but generations will drink of its water and be refreshed. When you build a monument, you perpetuate your name; but dig a well, and you perpetuate your influence.

Build a monument, and you mark your grave; dig a well, and its abundant supply symbolizes your immortality. You live again in lives refreshed as they drink of its water.

The monument is a symbol of a self-centered life, and the stars in their courses are pledged to destroy it. The well is a symbol of unselfish service, and the resources of God are pledged to fill it."

From Secret Place — by F. W. Petersen, Wolfville, Nova Scotia.

Editor's note: — Those who by sacrificial labor and giving are supporting the work of the National Health Federation, are digging wells through which future generations will be blessed. We can keep on digging wells after departure from this world by leaving a portion of our estate to the Federation. What better project could we leave our money to. It is far better to be a digger of wells than a builder of monuments.

Melrose Clinic Jury Disagrees

LOS ANGELES — A jury was dismissed after it was unable to reach an agreement on conspiracy and grand theft charges against four men accused of operating a fake cancer clinic.

After a mistrial was called Wednesday the district attorney's office said the four men "definitely will be tried again." No date has been set.

On trial were Dr. Charles Hawk, 60; Dr. Willoughby W. Sherwood, 83; Dr. Roy W. DeWelles, 55, and Forrest S. Schickedanz, 40. They were associated in the operation of "The Melrose Clinic," Los Angeles.

The trial lasted 11 weeks. The jury of nine women and three men deliberated nine days before informing the Court they were hopelessly deadlocked.

From the INDEPENDENT, Thurs., April 12, 1962.

Humanitarian Award to Dr. Royal Lee in Columbus

One of the greatest humanitarians of our age, if not of all time is Dr. Royal Lee, of Milwaukee, Wisconsin. He will be awarded the highest award of the National Health Federation—the Humanitarian Award—at our Columbus Convention July 1, 2, 3, and 4. All friends of Dr. Lee will want to make a special effort to honor him at this occasion.

Few men excel Dr. Lee as a scientist, inventor, or business man, but far fewer have done more as a humanitarian with these gifts. Some day a statue will be erected to his memory. NHF doesn't like to wait till a great man dies to honor him.

Parent Versus Counselor Control

By CLINTON MILLER

Director of N.H.F. Washington Office

A model bill for introduction into your state legislature is the one introduced by N. Y. State Senator Henry M. Curran in the State Assembly of N. Y. The pertinent sections follow:

"Section 704-a. Certain tests to be given only with parental consent. Tests of a student for anything other than mental ability and proficiency in basic skills and subject matter of the curriculum shall be given in the public schools of New York State only after showing proposed tests to the parent and receiving written parental permission. The full record of every such test shall be available to the parent of the child upon request.

Sec. 2. This act shall take effect immediately."

A good state bill should include the right of the parent to approve and be informed of any test before it is given, AND the right to examine the full record of every school child upon request.

Edward J. Van Allen, Managing editor of the Long Island Kernal won a court suit last year to see his 12-year old son's school record at Woodland Junior High School, L. I., N. Y. The New York State Psychological Association joined the New York State Teachers Association and the School Board in contesting the right of parents to see their children's school records. They argued that "Parents might misunderstand and misinterpret portions of school records." When the preceding bill was introduced in the N. Y. Assembly, Dr. Gilbert Trachtman, Head of the N. Y. State Psychological Association, school division, immediately denounced this bill giving parents the right to approve tests and see school records of their children. He said "This would completely destroy the validity of tests, which are confidential in na-

ture." "In addition," he added, "many of the tests wouldn't mean anything to the untrained person. This bill would relegate professional responsibility to the layman instead of the professional person."

Backing the bill are two Long Island groups . . . The Mothers and Fathers Committee for the Protection of Public School Children, headed by Edward J. Van Allen of East Meadow, N. Y., and Freedom in Education, whose president is Clifford C. Edwards, East Hampton attorney. They are supported by the Greater New York NHF chapter, (Mrs. R. F. Woodhull, 28 Royal Road, Rockville Centre, L. I., N. Y., Sec.). Mr. Edwards and Van Allen defend the bills as laws to "restore to parents the right to control the educational destinies of their own children." "The Basic issue," Van Allen insists, "is, of course, whether children are mere chattels of the state and their parents only their procreators for state purposes." He and the other petitioners charged that some of the tests "snoop into religion, family income and activities of parents in religious, political and fraternal groups.

Again we stress that inasmuch as most education and its control is still under the states, this bill, and H.R. 10508 (Ashbrook, R. Ohio) NHF April Bulletin) are MODELS for introduction into the various state legislatures by LOCAL NHF members and other interested groups. Every state should have a similar bill introduced and passed with these safeguards if there are no provisions presently in the state law.

A Dangerous and Bad Bill

87th CONGRESS
2d Session

S. 2892

A BILL

To amend title V of the National Defense Education Act of 1958 in order to provide for guidance, counseling, and testing programs in **elementary schools**, and to provide for training for individuals engaged in counseling and guidance in elementary schools.

By Mr. Case of South Dakota

February 26, 1962

Read twice and referred to the Committee on Labor
and Public Welfare

We are printing the above, because to extend "youth counselors" guidance and testing programs to **ELEMENTARY SCHOOLS** with Federal Funds under the National Defense Act would be disastrous and because it is a classic example of how prophetic Senator Goldwater's warning was when the National Defense Education Act was favorable reported in 1958 from the Senate Committee on Labor and Public Welfare. The bill was tremendously popular with both parties, and Sen. Goldwater was a 'voice crying in the wilderness' in his opposition on this committee, and in the Senate. (He has since been joined by Sen. Tower of Texas who shares his minority views on 'youth counselors' with Federal Funds.) In 1958, Senator Goldwater made the following comment in his minority report:

"This bill...reminds me of an old Arabian proverb:"

"If the camel once gets his nose in the tent, his body will soon follow." "If adopted," he continued, "the legislation will mark the inception of aid, supervision, and ultimately control of education in this country by Federal authorities."

The Case bill (S-2892), if passed, would extend 'youth guidance counselors' to every **ELEMENTARY** school in the land, not by a new law, but by the very simple amendment of inserting the words "elementary and" before the word "secondary" wherever it appears in the original National Defense Education Act as passed in 1958, and extended for two years in 1961. To use Senator Goldwater's language, I smell a camel in the tent.

It is felt by your Washington office that Senator Case has introduced this bill, by request, on the part of one of those in America who would like to extend the brainwashing of our children by legal means to include all pupils even in the elementary grades of our schools.

This is a very bad bill and should be killed. Now is the time for all who believe in America to rise in their wrath and shower Senator Case, Senate Office Building, Washington, D. C., with letters in opposition to this bad bill. Urge the Senator not to push this bill. Make your letters short. All you need to say is this bill is contrary to the best interests of the children and of Amer-

NATIONAL HEALTH FEDERATION BULLETIN

ica. That you would appreciate his helping to keep the bill from being passed.

If a sponsor doesn't push his own bill, it has very little chance of passing. Senator Case's record doesn't indicate that he would knowingly promote the type of 'Youth Counseling' being uncovered in high school and colleges,

and certainly not favor its extension to elementary schools.

Send a copy of your letter written to Sen. Case to the Committee on Labor and Public Welfare, Sen. Lister Hill, chairman. Write also to your own Senator and Representative to watch for this bill if we are not able to kill it in committee.

Unlimited Presidential Dictatorship Over Health

By CLINTON MILLER

Director Washington Office N.H.F.

H. R. 828 by Abraham Multer (D) of N. Y. is given in full in this bulletin. See page 13. If passed it would establish an absolute dictatorship over health in this country. Read it carefully. Note the definition of the term "medicinal substance" means . . . "any . . . substance used for the **prevention** or treatment of disease." This broad definition would include every food, food supplement, and certainly fluoridation and vaccines, etc. Note the **unlimited** power granted to the President to "regulate its use and **distribution** as **HE** may deem necessary or appropriate etc." It is difficult to conceive of a broader grant of dictatorial power over health than this. And if you "fail to perform any act required . . ." you get . . . "up to \$10,000.00 and one year or both!"

By proclamation, the President could 'decree' that all Americans, whether they live in cities or not, whether their cities have voted against fluoridation or not, would have to give their children fluoridated water, for the bill says — "He may by order of regulation allocate such substance and **regulate its use and distribution** in such manner, upon such conditions and to such extent as **HE** may deem necessary or appropriate for the protection and preservation of the health of the American People." President Kennedy, has publically declared that he favors mass immunization and fluoridation. The President controls the **police power** of

the nation and could legally use it without limit to achieve compliance to his proclamation. No absolute monarch or dictator ever lived who dreamed of power like this. Be well or go to jail! And as to a choice of how to be well? There will be no choice, for . . . "whenever the President (or anyone he delegates—Sec. 3) finds that any particular medicinal substance **IS THE ONLY ONE**" . . . Then it is the **ONLY ONE**. This bill would, with one swoop, make it so that all the nation would have no choice if . . . "the President finds that any particular substance (note definition) is effective for the prevention of any disease . . ."

This is clearly a bill to test and see if America is ready to accept an absolute dictatorship over their health. **Letters should be written at once to your own Congressmen with a copy being sent to the committee on Banking and Currency, Brent Spence (D) Kentucky chairman.** While this bill does not have the tremendous momentum of the Hill-Harris bills (S-2910 and H. R. 10541), it is exceedingly dangerous, and must not go unprotected. A strong protest to your Congressman on this bill should alert him. Then we should concentrate on the Hill-Lister bill, for this is the one that may pass in this session. If you wish to grant an unlimited Presidential dictatorship over health, then be one of the 'good men who do nothing.' Otherwise, write!

H. R. 828

IN THE HOUSE OF REPRESENTATIVES
January 3, 1961

Mr. Abraham Multer (D) introduced the following bill; which was referred to the Committee on Banking and Currency

A BILL

To authorize the President, under certain conditions, to control, regulate, and allocate the use and distribution of medicinal substances for the purpose of protecting and preserving the health of the American people.

1 Be it enacted by the Senate and House of Representa-
2 tives of the United States of America in Congress assembled,
3 That (a) whenever the President finds that any particular
4 medicinal substance is the only one, or substantially the only
5 one, which is effective for the prevention or treatment of
6 any disease the prevalence and seriousness of which creates,
7 in his judgment, an emergent national health problem, he
8 may issue a proclamation setting forth such finding and de-
9 claring that it is necessary to exercise, in the case of such
1 medicinal substance, the powers granted by section 2 of this
2 Act.

3 (b) As used in this Act the term "medicinal substance"
4 means any vaccine, serum, medicine, chemical, or other sub-
5 stance used for the prevention or treatment of disease.

6 Sec. 2. Whenever the President, in accordance with
7 the first section of this Act, shall have issued a proclamation
8 with respect to any medicinal substance, he may by order
9 or regulation allocate such substance and regulate its use
10 and distribution in such manner, upon such conditions, in-
11 cluding the fixing of price ceilings, and to such extent as
12 he may deem necessary or appropriate for the protection
13 and preservation of the health of the American people.

14 Sec. 3. The President may delegate any power or
15 authority granted to him by this Act to the head of any
16 department or independent establishment in the executive
17 branch of the Government.

18 Sec. 4. Whoever willfully does any act prohibited, or
19 willfully fails to perform any act required, by the provisions
20 of any order or regulation issued under this Act shall, upon
21 conviction, be fined not more than \$10,000 or imprisoned
22 for not more than one year, or both.

1 Sec. 5. The President or the Congress may at any time
2 declare at an end the emergency proclaimed by the Presi-
3 dent, whereupon the future operation of the controls pursuant
4 thereto shall be suspended.

5 Sec. 6. This Act shall be effective immediately.

NATIONAL HEALTH FEDERATION

Sixth Annual Mid-West Convention
July 1, 2, 3 and 4
Neal House — Columbus, Ohio

Sunday, July First

1:30 to 7:30 P.M.
7:30 to 8:00 P.M.
8:00 to 9:15 P.M.

Registration
Official Opening of Convention
Mental and Moral Health of America's Children.
Speaker, Congressman John M. Ashbrook of Ohio,
author of H.B. 10508. See April issue of Bulletin, p. 17.
Adjourn

Monday, July Second

8:00 to 7:00 P.M.
8:00 to 9:30 A.M.
9:30 to 10:30 A.M.

Registration
Visit Exhibits
Round Tables
Nutrition — Chairman, Rev. Andrew G. Rosenberger
Legislation — Chairman, Clinton Miller
Organic Growing — Chairman, Jack Alkire
Chemotherapy — Chairman _____
Pure Food — Chairman _____
Pure Water — Chairman _____
Youth For Health — Chairman, Bob Hoffman
Recess to Visit Exhibits
Pure Water — Dr. Jonathan Forman, M.D., "Political
and Medical Aspects of Fluoridation."
Questions and Answers

10:30 to 11:00 A.M.
11:00 to 11:45 A.M.

11:45 to 12:00 Noon

Noon Recess

1:30 to 2:00 P.M.

President Hart presents Federation State and Local
Officers — short messages.
N.H.F. President's Report
Recess
N.H.F. Washington Report, Clinton Miller
Questions and Answers
Washington General N.H.F. Counsel
Charles Orlando Pratt
Questions and Answers
Convention Business
Recess

2:00 to 2:30 P.M.

2:30 to 3:00 P.M.

3:00 to 3:30 P.M.

3:30 to 3:45 P.M.

3:45 to 4:15 P.M.

4:15 to 4:30 P.M.

4:30 to 4:45 P.M.

Evening Program

7:30 to 8:00 P.M.

8:00 to 9:00 P.M.

Motion Picture
Dr. James "Jim" B. Jones, "The All Dimensional Ap-
proach to Rebuilding Our Soils in America."
Questions and Answers

9:00 to 9:15 P.M.

Tuesday, July Third

8:00 to 7:00 P.M.

8:00 to 9:30 A.M.

9:30 to 10:30 A.M.

Registration
Visit Exhibits
Roundtables Repeated as of Monday

(Continued next page)

10:30 to 11:00 A.M. Recess to Visit Exhibits
 11:00 to 11:45 A.M. Dr. Royal Lee, "We Are Fighting For Our Lives."
 11:45 to 12:00 Noon Questions and Answers

Noon Recess

1:00 to 1:30 P.M. Visit Exhibits
 1:30 to 2:00 P.M. Stanley Phillips, "The Rosy Future For Health Food Stores."
 2:00 to 2:15 P.M. Questions and Answers
 2:15 to 2:45 P.M. Chiropractic and its Problems — To Be Announced
 2:45 to 3:00 P.M. Questions and Answers
 3:00 to 3:30 P.M. Recess to Visit Exhibits
 3:30 to 4:00 P.M. Osteopathy and its Problems — To Be Announced
 4:00 to 4:15 P.M. Questions and Answers
 4:15 to 4:30 P.M. Youth For Health Clubs — Fred J. Hart

Recess

Evening Program

7:00 to 9:30 P.M. Annual Banquet — All Organic
 Reverend Andrew G. Rosenberger, "Why a Minister Should be Concerned With Wholesome Temporal as Well as Spiritual Food."

The Fourth of July

Wednesday

A Day of Inspiration and Rededication

8:00 to 12:00 Noon Registration
 8:00 to 9:30 A.M. Visit Exhibits
 9:30 to 10:00 A.M. V. Earl Irons, "The Cycle From Freedom and Independence to Slavery and Misery."
 10:00 to 10:30 A.M. Legislative Work Shop — Clinton Miller
 10:30 to 11:00 A.M. Recess to Visit Exhibitors
 11:00 to 12:00 Noon Bob Hoffman, U.S. Olympic Coach, "The Strongest Nation Must Have the Healthiest Children."

Noon Recess

1:00 to 1:30 P.M. Recess to Visit Exhibitors
 1:30 to 2:00 P.M. Fred Meyers, "What Fruits May We Expect From Inhumanity to Millions of Animals in Scientific Research?"
 2:00 to 2:30 P.M. Admiral Malstrom, "The Rise and Fall of the World's Great Civilizations as Written in Their Soils and Diets."
 2:30 to 3:00 P.M. Recess to Visit Exhibitors
 3:00 to 3:30 P.M. Arthur B. Greer, "All That Homeopathy Asks the World is Freedom."
 3:30 to 4:00 P.M. The Youth For Health Movement — Fred J. Hart.
 4:00 to 4:30 P.M. Resolutions
 Adjourn

The forgoing is the general outline of the program

(Continued next page)

Registration Fee for Entire Convention	\$5.00
Registration Fee for Three Days	4.00
Registration Fee for Two Days	3.00
Registration Fee for One Day	2.00
Registration Fee for One-half Day	1.50
Registration Fee for One Lecture	1.00
Banquet Ticket	5.00

The Fourth of July portion of the program will be educational, patriotic and inspirational. We shall, on that day, rededicate ourselves to the cause of freedom. Make reservations early. You can cancel if you find later you cannot attend. Special rates: See back cover of Bulletin.

COME ONE, COME ALL, AND LET US TOGETHER TELL THE WORLD,
 "THE SPIRIT OF AMERICA STILL LIVES."

THUMB SKETCHES OF CONVENTION SPEAKERS

U. S. CONGRESSMAN JOHN M. ASHBROOK (R) OHIO

Hon. John Ashbrook at 34 is one of the youngest, most dynamic Representatives in Washington. Son of the late Congressman William A. Ashbrook, he has come well prepared to the political arena. After graduation from high school, he joined the U. S. Navy and served in the Byrd Antarctic Expedition, 1946-47. Publisher of the JOHNS-TOWN INDEPENDENT NEWSPAPER since 1953, and a practicing attorney, he has still taken time to be active in public affairs and politics. Sen. Douglas (D) Ill., chose him recently as one of the 15 outstanding young men in politics in the U. S.

Rep. Ashbrook's bill, H. R. 10508 is of great interest to N.H.F. members (Jan. Bulletin, and April issue, p. 17). It requires parental knowledge of and consent for all guidance or personality tests given to their children. As a father of three daughters, he is vitally interested in his subject — "Mental and Moral Health of America's Children." He will speak Sun. night, July 1, 8:00 p.m.

BOB HOFFMAN

Bob Hoffman has been appointed the official Olympic Coach for the United States Weight Lifting team for four consecutive times. He has devoted a

lifetime to study and practice of both weight lifting and health food nutrition. A world-traveler, author, and businessman, he brings a wholesome balanced viewpoint to the task of physical fitness that America faces. Known as Mr. Physical Fitness, he has helped launch many youth health fitness programs. He has helped many World and Olympic weight lifting champions to attain their goal. He has researched and developed new food concentrates that have changed the nutritional patterns of thousands of health seeking Americans. A 100% American, he realizes the importance of raising healthy children with sound minds and bodies if we are to remain a great, free nation.

His topic is: "The Strongest Nation Must Have the Healthiest Children."

DR. JONATHAN FORMAN, M.D.

For 23 years, Dr. Forman was editor of the Ohio State Medical Journal. He is presently editor in chief of Clinical Physiology and Chairman of the National Medical, Dental Conference to Evaluate Fluoridation. He has made many contributions to medical literature, with outstanding articles on trace elements in soil and water. He has practiced medicine in Columbus, Ohio since 1920. His specialty is allergy.

(Continued next page)

He will speak on the subject of fluoridation on Monday, July 2, at 11:00 a.m. Dr. Forman presents a sound, dignified, factual opposition to fluoridation. Many thousands of his reprints have been nationally distributed with the result many influential, professional people have changed their views.

ARTHUR B. GREEN

Mr. Green is the Director of the Layman's Bureau of the American Foundation for Homoeopathy. A graduate from Harvard as a civil engineer, he introduced new concepts in paper processing now gaining wide acceptance. He wrote an article which was published in *Atlantic Monthly* entitled "An Engineer Talks on Medicine" in which he explained Homoeopathic Medicine. He is a trustee of the American Foundation for Homoeopathy. Mr. Green is editor of *THE LAYMAN SPEAKS*, a Homoeopathic Digest. As a student of Homoeopathy for 50 years, he comes well prepared to discuss his topic — "ALL THAT HOMOEOPATHY ASKS OF THE REST OF THE WORLD IS FREEDOM." Those who have read the late Alonzo J. Shadman's book — *WHO IS YOUR DOCTOR AND WHY* — on the Homoeopathic Method of Cure will want to hear Arthur B. Green.

V. EARL IRONS

Mr. Irons is Chairman of the Board of Directors of the National Health Federation. He is one of the most dynamic speakers on freedom and health in America. By special request he will speak on the cycle that humanity travels from freedom to slavery. Under his chairmanship, the National Health Federation has enjoyed rapid growth. He is owner of a national concern in the food supplement field. Not content with securing freedom for himself, he has devoted his life to bringing health knowledge to others, and stands with anyone who is persecuted because of health opinions that differ from the majority. Few speakers have the ability to stir the desire for patriotic action

that Mr. Irons has. He will keynote the 4th of July program speaking at 9:30. His subject — "THE CYCLE FROM FREEDOM AND INDEPENDENCE TO SLAVERY AND MISERY."

DR. JAMES "JIM" B. JONES, Ph.D.

Dr. Jones was one of a family of fourteen children, and his early life in the hills of Tennessee was marked by very modest circumstances. Today he heads a nationwide concern and is one of the top executives in the multimillion dollar food supplement field. He is author of an inspiring new book "IF YOU CAN COUNT TO FOUR."

Honest service to humanity is the key point around which he has built his life. He will speak Mon. night, July 2, at 8:00 on "THE DIMENSIONAL APPROACH TO REBUILDING OUR SOILS IN AMERICA." As president of the Abundivita Soil builder and Research Corporation, he will bring a startling new approach to one of our oldest problems.

DR. ROYAL LEE, D.D.S.

Royal Lee—humanitarian, researcher, scientist, scholar, nutritionist, crusader, inventor, statesman, businessman, philanthropist, and a fighter for freedom. Few men have achieved in a single field the success Dr. Lee has in a dozen. Loved and respected by thousands of seekers for the truth, he is destined to be written in the history books of our age as one of the few great crusaders whose life was so well balanced that he was able to live to see the first fruits of victory.

Thousands of individuals have had their visions of greater health kindled through the reprints of the Lee Foundation. One cannot share what is commonly known as the American way of life without benefiting from discoveries and developments developed by the Lee Engineering Co., on which Dr. Lee, as the inventor, owns the patents. But most endearing of his attributes is his willingness to set aside time to patiently

(Continued next page)

lecture, advise and counsel at our conventions.

Dr. Royal Lee is a HUMANITARIAN, and the National Health Federation has chosen Ohio, where Dr. Lee has so many friends, to award him their highest award — "THE HUMANITARIAN AWARD." It will be presented to Dr. Lee July 3 as the highlight of the all-organic banquet.

His subject will be, "We Are Fighting For Our Lives."

CLINTON R. MILLER

Assistant to the President of the National Health Federation

Clinton is a fighting optimistic believer in health freedoms. Experienced in legislative and organizational work, he is convinced that the National Health Federation is one of the most significant forces in the United States. He has been a school teacher, salesman, and owner of a health foods store and a health bakery. In his last capacity, he became acutely aware that tyranny wears many masks, and that there was not enough freedom in matters of health. He organized N.F.A. and N.H.F. chapters in Utah, and served for 9 years as State Chairman Against Fluoridation. During this time fluoridation was voted on 9 times, and defeated 9 times. A father of 6 children, he is active as a youth leader and determined to leave them a better, freer, healthier America than he inherited. His convictions and optimism are contagious.

STANLEY N. PHILLIPPS

Executive Secretary of the National Dietary Foods Association

Known to the health foods industry as Mr. HEALTH FOOD, Mr. Phillipps has brought organizational unity to the health foods industry. He is perhaps the best qualified man in America to give the history of the health foods stores and their internal and external problems connected with bringing more food to consumers. He owns two stores in Cincinnati, plus a health bakery

besides his national executive position. He is enthusiastic about the future of the health foods business without discounting its problems. He will discuss the health foods stores of the past, present and future. His subject will be "The Rosy Future for Health Foods Stores."

CHARLES ORLANDO PRATT

NHF General Counsel, Washington, D. C., Graduate of Colgate University, A.B. Degree; Graduate, Georgetown University, L.L.B. Degree; Georgetown Law School, Master of Laws Degree. Member of the Bars of: The Supreme Court of the United States; U. S. Court of Appeals for the District of Columbia Circuit; U. S. District Court of the Eastern District of Virginia; Supreme Court of Appeals of Virginia. Attorney, U. S. Dept. of Agriculture; Special Agent, FBI; Legal Advisor to F. & D. A.; Sr. Attorney, Exec. Offices, Pres. of the U. S.; Legal Advisor to Director of American Hemisphere Defense and Board of Economic Relations Office, U. S. State Dept.; Instructor of Law, American Institute of Banking; Asst. Gen. Consul, U. S. House of Representatives, Select Committee; Member, American Arbitration Assoc. Panel; Dir., U. S. Div. U. N. League of Lawyers, Attorney Pratt is retained by the National Health Federation as its General Counsel.

REAR ADMIRAL MALSTROM (Retired)

This man is a fighter. He was trained as a fighter. He knows that America must protect its soil, and eat properly or the military might of our nation will be completely destroyed. He has done extensive research into the matter of soil and diet in relationship to the military strength of world powers. He is convinced that this is a more fundamental consideration than weapons or strategy in the ultimate ascendancy or decline of a civilization. His gripping story of Gengis Kahn, Alexander, Napoleon, and others shed light upon our

(Continued on page 30)

LEGISLATIVE WORKSHOP

By **CLINTON R. MILLER**

ALL RED LIGHT BILLS

Red Light Bills — With Number Sponsor Description	Committee or Sub-Committee and Chairman — With Present Status of Bill and Anticipated Action	Instructions and Suggestions
S-2910 Sen. Lister Hill (D) Ala. H.R. 10541 Rep. Oren Harris (D) Ark. Identical bills for 'total coverage' national drive for mass-vaccination. Favored by Administration (Kennedy).	S-2910 — Senate Committee on Labor and Public Welfare. Sen. Lister Hill, Chairman H.R. 10541 House Committee on Interstate and Foreign Commerce — Rep. Oren Harris Chairman. No action taken or scheduled but anticipated early in June.	1. See pp. 7, 8 & 9 of May NHF Bulletin for complete bill, committees analysis, etc. 2. Flood committee chairman sponsors with letters of opposition. 3. Write committee members (May Bulletin, p. 9) in opposition. 4. Write your own Congressmen in opposition. 5. Write President Kennedy in opposition.
S-1552 Sen. Estes Kefauver so called Drug Anti-Trust Act. In reality it destroys Patent Rights & establishes Federal Power to prejudice efficacy of new products. (See pp. 13, 14, May NHF Bulletin.)	Senate committee on Judiciary, James O. Eastland, (D) Miss. Chairman. Hearings expected, pending, but not scheduled.	1. Write Sen. Estes Kefauver expressing disappointment that his bill didn't include what his hearings made us think they would. 2. Write opposition to Chairman Eastland. 3. Write your own Congressmen (and don't neglect Representatives) asking them to oppose it.
S. 2892 Francis Case (R) South Dakota. To Extend Youth Guidance Counselors to Elementary Schools.	Senate Committee on Labor and Public Welfare. Sen. Lister Hill, Chairman. No action taken or scheduled.	1. Write Sen. Case c/o Senate Office building a firm, polite letter of opposition. He assumed 'counseling' meant 'vocational counseling' as many of us did a short time ago. He may not push the bill when he gets your letters, and bill will die from lack of sponsor interest.
H.R. 828 Abraham Multer (D) N. Y. Making U. S. President a Dictator of Health.	House committee on Banking and Currency. Rep. Brent Spence (D) Kentucky, Chairman. No action taken or scheduled.	1. Write Chairman Spence in opposition. 2. Write your own Congressman in opposition. Educate him on just what the bill contains!
S. 917 Sen. Lister Hill (D) Ala. H.R. 4742 Rep. Oren Harris (D) Ark. Identical Bills. A grant program for control of Dental Disease which would give unlimited Federal funds for promotion of Fluoridation.	S. 917 — Senate Committee on Labor and Public Welfare. Sen. Lister Hill, Chairman. H.R. 4742 — House committee on Interstate and foreign Commerce—Rep. Oren Harris, Chairman. No action taken or scheduled.	1. Continue backing Congressman Baring's (D) Nev., opposition to these two bills. Your EXCELLENT action (hundreds of letters) has made action by committee on H.R. 4742 very unlikely. Don't let up. Keep writing until Congress adjourns.
H.R. 1235 Mrs. Sullivan (D) Mo. A 41 page omnibus FDA bill that holds many threats to Health Food Industry.	Committee on Interstate and Foreign Commerce. Rep. Oren Harris, Chairman. No action taken or scheduled.	Very little likelihood of action. It will probably die in committee without hearings. Will bear watching.
H.R. 7904 Cleveland M. Bailey (D) W. Va. S. 2345 Wayne Morse (D) Oregon. To extend and expand the National Defense Education act of 1958 to include in excess of 200 million dollars for 'youth counselors' over the next 5 years.	H.R. 7904 House Committee on Ed. & Labor. Adam C. Powell, N. Y., Chairman. S. 2345 Senate Committee on Labor and Public Welfare. Sen. Lister Hill, Ala., chairman. These bills are still on the calendar but will not be acted upon. There was so much opposition to increasing appropriations for the national defense education act as per H.R. 7904 and S-2345, that proponents hastily compromised by extending the National Defense Education Act which expired in 1961 for 2 more years.	THESE red light bills are considered 'dead'. However, the National Defense Education Act as extended (without expansion of 'youth counselors' funds), while preventing an additional 200 million dollars, still contained 7/4 million dollars for '62 and another 7/4 million for '63. This appropriation has passed the House of Representatives, and is now before the Senate. 1. Write to your Senator and ask him to oppose this expenditure for 'youth counselors'. 2. Write to the chairman of the Senate Committee on Appropriations, Sen. Carl Hayden, of Arizona, and oppose a single cent being spent for 'youth counselors'.

Fluctuation of Fluoride Content

There is persistent confusion and misinformation concerning the control of added fluorides in community water supply systems. The medical professions have been given the impression that the fluoride concentration can be readily maintained and controlled with a high order of accuracy and precision. The report of the Expert Committee on Water Fluoridation, World Health Organization (1958), specifies that the dosage is the fluoride content of the water as delivered to consumers, and that the degree of control shall be maintained so as not to exceed a variation of 0.1 ppm (plus or minus) the established dosage. It is instructive to learn what has occurred in actual practice.

Dr. Feltman (1954) was among the first to discover the fluctuation of fluoride content in a water supply system. He found that the Morristown, New Jersey supply, which was then being fluoridated, showed much less than the 1.2 ppm fluoride specified; in fact, samples taken at various points from consumers' taps revealed values ranging between 0.0 and 0.4 ppm. Gidley and Millar (1955) reporting on 18 installations in West Virginia revealed fluoride concentration ranges of 0.2-1.6 ppm. Kerslake (1957) covering four years of fluoridation at Milwaukee reported variations in the plant effluent ranging between 0.25 and 1.50 ppm, and corresponding variations in the distribution system at 11 widely separated points.

According to a recent report (N. Y. State Dept. Health, 1958) which contained limited information on variations of fluoride content in water as delivered to consumers, it is evident that erratic variations, far beyond the control range specified by the World Health Organization, occur. The following tabulation includes some of the data in this report:

TABLE V

City Baltimore, Maryland Surveys (12/56 - 8/57) by Health Department	Fluoride Content		
	Min.	Max.	Avg.
	0.30	1.40	0.99

Cleveland, Ohio Survey (June-Nov. 1957) Consumer tap samples not collected regularly.	0.6	1.1	
Denver, Colorado (one point in distribution system) treated supply.	0.7	1.4	0.9
Indianapolis, Indiana (some surveys in 1957)	0.5	0.9	0.79
Pittsburgh, Pa. (several points in distribution system)	0.30	0.90	
Rochester, New York Survey (July-August 1956)	0.7	1.15	
San Francisco, California Distribution samples.	0.25	.83	
Washington, D. C. Several samplings (1956)	0.7	1.4	1.06

Investigations sponsored by this Committee in other communities have confirmed this existence of extensive variations in fluoride content in water as it is delivered to consumers. A spot survey conducted in a New Jersey water supply system showed a variation of 0.65 ppm to 1.2 ppm. Less than 30% of the samples in this survey, conducted at the end of August 1957, were within the control range of 0.9-1.1 ppm. The others, with one exception, ran lower.

Three surveys in a Westchester County (New York) community which has been adding fluoride for 6 years revealed a range of values running from 0.45 to 1.35 ppm. Only 23% of the samples ran within the proper control range, 6% were too high, and 71% were too low. A series of surveys conducted over a period of a year in a large Long Island community revealed that only 39% of the samples contained fluoride within the required control range of 0.9-1.1 ppm. Most of the samples were below 0.9 ppm, and ranged down to 0.0; a few samples contained as much as 1.3 ppm.

A survey conducted in a large upstate city (New York) which is listed as fluoridating failed to show the presence of more than marginal amounts of fluoride, in all samples.

A study of data relating to fluoridation in Chicago, Illinois, covering a period of two years, showed variations

(Continued next page)

which ranged from 0.0 to about 1.2 ppm. It is evident that fluoridation in Chicago is not being successfully achieved. The officials there attributed this to short supply of fluoride (Chicago, 1956-1958), but other operative factors are indicated also.

This Committee is in possession of still other information which indicates that as far as maintaining control of fluoridation according to the specified requirements is concerned, the practice in many communities is a failure. The full extent of deficiency in control and operation is not known.

This article is taken from a report published by the "Medical-Dental Committee on Evaluation of Fluoridation," a national organization sponsored by more than 1,600 doctors, dentists and allied scientists.

Editor's Note:—The complete report may be obtained from the Secretary of the Committee for the sum of 35 cents. Address all communications to The Secretary Dr. A. Allen London, Old Boontown Road, Boontown, New Jersey.

Fluorides and Chronic Poisoning

Chronic poisoning can result from repeated exposure over a long period to a toxic agent which has a tendency to accumulate in the body. In such poisoning the offending substance persists in the tissues and thereby continually injures some body process. The accumulation is positive; that is, the rate of intake exceeds the rate of excretion or detoxification. The poison may enter the body through continuous or repeated exposure to contaminated beverages, articles of diet, or atmosphere. The continued insult with even small quantities of a persistent toxic agent tends to cause one or more organs to function at subnormal activity for a prolonged period, or even a lifetime.

That fluoride accumulates in soft tis-

ues is further substantiated by work with animal tissues over many years. More recently Miller and Phillips (1955), Buttner and Muhler (1957), Muhler (1958), Buttner and Muhler (1958) among others have presented data on the accumulative tendency of fluoride in soft tissues as well as information concerning factors which may affect the storage of this element. Thus Miller and Phillips reported finding enhanced fluoride toxicity in rats receiving a diet containing varying proportions of cottonseed oil. Buttner and Muhler (1957) showed a retention of fluoride in the heart and kidney when 2 mg of fluoride was ingested daily by rats, and observed that dietary fat seemed to enhance the retention of fluoride in certain soft tissues. Muhler (1958) also has shown that the presence of Vitamin C increases fluoride retention in the bony and soft tissues of the guinea pig. Buttner and Muhler (1958) showed the effect of feeding different dietary fats at a 5 and 20 percent level in the presence or absence of fluoride and found that increasing the dietary fat results in more fluoride retention in the entire carcass, femur and soft tissues when 2 mg of fluoride is fed daily, and state that the physiological significance of this increased fluoride retention in the liver, kidney and heart is not known. It is interesting with respect to the latter and the Utah report that Briggs, Chernick and Chaikoff (1949), who studied the metabolism of the rat thoracic aorta, found that the respiration of this tissue was inhibited by fluoride.

From book "Current Status of the Fluoridation Discussion."

Editor's Note: — This factual and instructive book, 50 pages — published February 1960 — may be purchased from Medical-Dental Committee, Dr. A. Allen London, Sect., 433 Old Boontown Road, Boontown, New Jersey. Price \$1.00.

FACTS ABOUT FLUORIDATION

"As a physician I am opposed to fluoridation because I am afraid of the hazards, as a scientist I am impressed by the contradictory evidence, and as a citizen I am shocked at the methods of promoting it."

George L. Waldbott, M.D., F.A.C.P.
Vice President
American College of Allergists

"It has never been demonstrated that fluorine, even in trace amounts, is necessary for life processes. We might, therefore, conclude that any amount is toxic and is a foreign agent. . . . Are we sure that the ameloblasts alone of all the tissue cells of the body are affected by fluoride? How can we be positive that subtle changes are not occurring in other cells in other tissues?"

"Oral Hygiene," September 1954

By the Editor, Edward J. Ryan, D.D.S.

Who Are Fluoridation Proponents?

Public Health employees and their influences.

"... so-called 'public servants' have spent millions of tax-dollars, and thousands of man-hours, on a high-powered campaign to deceive you."

— F. B. Exner, M.D., Lecturer in Medical Ethics,
University of Washington Medical School.

Mass Medication

"Fluoridation is mass medication without parallel in the history of medicine."

— Page 6. Delaney Report on Fluoridation of
Public Drinking Water Supplies. Congressional
Report No. 2500.

Toxicology

"There is no disagreement about the fact that fluorine is a protoplasmic and enzymatic poison."

"Chemically pure fluorides are drugs that are too poisonous to be dispensed to the general public over a drugstore counter — at least, without a prescription."

— V. O. Hurme, D.M.D., Forsyth Dental Infirmary.

One Source for All Fluoridation Propaganda

"Most of my colleagues have swallowed hook, line and sinker the material put out by their local dental so-

cieties which is usually a rehash of information disseminated by the American Dental Association and taken from the United States Public Health Service. The dentists are generally too busy . . . to read the true facts — the side of the story they were never told."

— Barnet Winter, D.D.S., Beacon, New York.

How Is Fluoridation Promoted?

"It would take too long to recite the dishonesty and chicanery employed to promote fluoridation, the falsehoods, half-truths, distortions, and evasions, the rigged endorsements and the carefully engineered 'public demands.' They follow the familiar pattern of Public Health Service promotions and, as usual, medical leaders who should know better give enthusiastic support."

— F. B. Exner, M.D., F.A.C.R.

"... I wish you Public Health people would get down to facts. I was public health director at one time, you know, and I know how we like to sort of over-emphasize certain things to make our point."

"... this frightens me just a little when the public health people go so far as to MISLEAD and DISTORT a national condition to put over an objective they might have in mind."

— Congressman A. L. Miller, M.D. (Nebraska) to
Dr. H. Trendley Dean, D.D.S., during Congressional
hearings on fluoridation, 1952.

"Science does not yet have a sufficiently delicate analytical technic to detect with certainty what is called subclinical injury. Usually there must be a great deal of damage . . . before we are aware that something is wrong."

"Too much emphasis has been placed on acute fluorine poisoning and results of chronic fluorosis in the last stages and too little on attempts to determine diagnostic symptoms in all cases of mild fluorine poisoning."

"There is plenty of evidence that 1 p.p.m. of fluorine, or a little more, in drinking water interferes with the enzyme systems which are involved in

(Continued next page)

growth of bones and functioning of nerve tissue."

— *Testimony given at Congressional Hearings in January, February, March, 1952. H. Res. 74—H. Res. 447.*

Non-Dental Effects of Fluoridation

Have studies, laboratory or clinical, been made of possible non-dental effects of the use of fluorides?

"I find no record of any such (competent, medical) studies but I do find some reports which indicate death in case of damage to the kidneys."

— *V. O. Hurme, D.M.D.*

"I have not, as yet, conducted studies on the effects on general health. The only studies which have been conducted have been related to the effects of fluorides on dental caries."

— *Dr. Vlado Getting, Massachusetts Commissioner of Health, an avid pro-fluoridationist.*

"Mottling of the teeth is not a localized lesion, but the first visible, external sign of chronic fluorine poisoning produced via the general blood circulation.

— *Leo Spira, M.D., Ph.D., renowned authority on fluorine poisoning.*

Structurally Weak Teeth Caused By Fluoridated Water

"There is ample evidence that mottled teeth, though they be somewhat more resistant to the onset of decay, are structurally weak and, when decay sets in, the result is often disastrous."

— *Professor H. V. Smith, Agricultural Experiment Station, University of Arizona.*

"Fluorosis is a well-established toxicological entity, characterized by increased fragility of bones . . . and by enamel defects of the teeth — exposing them to early decay."

— *Wm. Gutman, M.D., New York, N. Y.*

"Fluorine is not necessary for healthy tooth formation. Spectrographic analyses have shown that many healthy teeth do not contain fluorine."

— *Robert S. Harris, Ph.D., Biochemist, Massachusetts Institute of Technology.*

"Periodontal disease will occur prematurely and a widespread loss of teeth at an early age will be the penalty for a percentage reduction in juvenile caries."

— *Charles Dillon, D.D.S., L.D.S., "The Bio-Chemistry of Fluorides," Dental Digest, November, 1953.*

Natural Versus Artificial

In naturally fluoridated waters calcium fluorine is soluble sixteen ten-thousandths of a gram per hundred cubic centimetres of water. These waters having the natural antidotes, calcium and magnesium, and being hard, are largely excreted from the human system, although there is the degree of damage according to the concentration of fluorine. Fluorspar, the mineral in nature, used in metallurgy as a flux, before use has 51 and three-tenths per cent calcium and 48 and seven-tenths fluorine. Sodium fluoride, the waste produce of metallurgy, used in artificial fluoridation, is soluble four whole grams in the same quantity of water, (one hundred cubic centimetres), and is without calcium to reduce its toxicity. According to the above ratio of solubility, sodium fluoride in artificial fluoridation, is 2,500 times more soluble than calcium fluorine found in natural waters. Hence its potential to penetrate the human system generally, by way of calcium deprivation and precipitation, and enzyme inhibition. The data of the elements of solubility are by Dr. Jonathan Forman, Emeritus Professor of the History of Medicine, Ohio State University, Columbus, Ohio.

Cumulative Effects of Poison

American Journal of Chemistry says that fluorine may tend to accumulate within the body so that symptoms of fluorine poisoning may take as long as ten years to appear.

"It is important to remember . . . that more fluoride will be retained if given in small multiple doses."

— *Gustav Wm. Rapp, Ph.D.*

This article "Facts About Fluoridation" can be had in pamphlet form from National Health Federation, 709 Mission St., San Francisco, Calif., for \$3.00 per 100.

A Statement on Fluoridation

**Sponsored by
Medical-Dental Committee on the Evaluation of Fluoridation**

We, the undersigned are opposed to the fluoridation of public water supplies. As members of the medical, dental, and related public professions, we are as concerned as anyone over the prevalence of tooth decay, and as anxious that it be prevented; but each of us, for some or all of the reasons set forth here and discussed more fully in the appended memorandum believes that fluoridation of public water supplies is not a proper means of attempting such prevention.

1. Positive proofs of the safety of fluoridation are required. None has been offered.

2. The so-called therapeutic concentration of fluoride, arbitrarily established at 1 ppm., in drinking water, is in the toxic range.

3. Dental fluorosis, the first obvious symptom of chronic fluoride toxicity in children is an inevitable result of fluoridation. The evidence reveals that large numbers of the population may be afflicted, and with varying degrees of damage.

4. The determination of whether damage resulting from dental fluorosis is "objectionable" is a matter for the person whose teeth are affected, and not for the arbitrary assertion of public officials.

5. The conceivable role of fluoride as an insidious factor in chronic disease has been evaded by the proponents. A substantial amount of evidence indicates such a possibility. Properly planned long term studies are required to determine the possible comprehen-

sive association of fluoride with chronic disease.

6. Fluoridation imposes an extraordinary risk on certain individuals who by reasons of occupation, environmental circumstances, state of health, dietary habits, etc., are already exposed to a relatively high intake of fluoride.

7. Fluoridation is compulsory mass medication without precedent. Mass therapy cannot ignore the possibility of "mass" side reactions.

8. The function of a public water supply is to provide pure, safe water for everybody, not to serve as a vehicle for drugs.

9. The role and efficiency of fluoride in dental caries reduction is a matter of active controversy; whatever the outcome, there are less hazardous and more efficient ways of obtaining such benefits as fluoride may offer than by putting it into the public water supply.

Jonathan Forman, M.D.,
National Chairman
Columbus, Ohio.

Editor's note:— The forgoing 9 points are explained and substantiated in a 12 page pamphlet. This pamphlet may be secured by writing to Dr. A. A. London, 433 Old Boontown Road, Boontown, New Jersey. We suggest when writing you enclose 25 cents, to help defray the cost. The committee of which Dr. London is the secretary is a non profit voluntary organization. This pamphlet contains the names of over 500 medical doctors who agree to the facts in the pamphlet and who are sponsoring its distribution.

To Our Members

This issue is designed to 1— Acquaint Congress with facts about Fluoridation to build support for Congressman Barings bills on that subject, House Resolution 514 and H. Res. 516, and 2—To provide in one package sound arguments against Fluoridation of the public water supplies. Get an extra copy and mail to your Congressman. Do it at once. It all depends on you. We suggest you also purchase extra copies and present them to members of your City Council, even before Fluoridation becomes an issue in your City.

Medical Society of Bay Ridge Brooklyn, N. Y. Opposed Fluoridation

The Society's action was announced in a letter to President of the City Council, Abe Stark, in which it requested that he oppose any action to have the municipal water supply fluoridated. The text of the letter follows:

"Dear Mr. Stark:

The Medical Society of Bay Ridge (190 members) at its regular meeting held November 10, 1959 passed a resolution opposing the fluoridation of our municipal water supply for the following reasons:

1. No one knows for certain as to what the effect of fluoridated water will be on the human body if continued throughout a lifetime.

2. Fluoridation has been compared to chlorination which is used to eliminate or render inactive waterborne germs which can and do cause contagious communicable diseases. Dental caries, for which fluoridation is recommended as a preventive measure, is neither water-borne nor a communicable disease.

3. Fluoridation is not necessary for purification of the water supply. Fluoride is introduced into the water supply to benefit, questionably, a small part of our population, namely, children up to the age of adolescence. If fluoride is added to the municipal water supply, it means that all people will be forced to use this water, unless they can find an alternate water supply. A very large part of our population feels that this is an invasion of their rights. If fluorides are introduced, it will establish a principle for the introduction of other substances. It opens a door which we might never be able to close. Our water supply should not serve as a vehicle for drugs.

4. It would be far cheaper for the City to dispense free fluoride for children rather than resort to the expense of fluoridation of the water supply; only a very small fraction (about 1/4 of one percent) is used actually for drinking purposes.

5. Dr. Weston A. Price in his book 'Nutrition and Physical Degeneration' pointed out that tooth decay is only prevalent where refined foods are commonly used. Good teeth depend upon proper diet. In India, tooth decay is 1/1000 as common as it is here. That is most likely due to the lack of refined foods in their diet, even though their diet is inadequate in many other respects. This would indicate that fluorine might not be the most important factor in preventing tooth decay.

6. Fluorine has an avid affinity for almost every other element. It is entirely possible, therefore, by increasing the fluorine content in the living tissue we would be increasing our susceptibility to the effects of radiation and radioactive fallout.

7. We now have a large part of our population in the age group over sixty years of age. Many of these people are suffering from degenerative disease of heart, kidneys and liver, and other organs. In view of unknown effects of drinking fluoridated water, it is wrong to compel these people to drink this water when it will do them no good from a dental standpoint and may do them a great deal of harm.

8. A number of scientific organizations are in favor of fluoridation of our water supply, but a referendum of their membership, we feel confident, would indicate that a very large number of their members are opposed to this idea.

(Continued bottom next page)

NATIONAL HEALTH FEDERATION BULLETIN

Some Sources of Information for Citizens Opposed to Fluoridation of Public Water Supplies

By FRED M. DAVIS
Box 1022, Lynchburg, Virginia

1. THE AMERICAN FLUORIDATION EXPERIMENT, book by F. B. Exner, M.D., and G. L. Waldbott, M.D.; Devin-Adair Co., 23 East 26th Street, New York 10, N. Y.; \$3.75. This standard source of information gives the history of fluorine, the fallacies of the fluoridation thesis, the physiological action of fluorides, its dangers to consumers, its corrosive effect on equipment, the evaluation of symptoms, the alternatives to its use, and the method of promotion.

2. Citizens Against Fluoridation, Inc., 6632 South Lowe Avenue, Chicago 21, Illinois; very active in suit to stop fluoridation in Chicago; progress reports; other literature.

3. THE DRAMA OF FLUORINE, ARCH-ENEMY OF MANKIND, book by Leo Spira; The Bookmailer, Box 101, Murray Hill Station, New York 16, N. Y.; \$3.95. The author has degrees of M.D. from Vienna University and Prague University, and Ph.D. in Medicine from London University; member of Royal College of Surgeons. His

9. An article in the New York Times of September 20, 1959 stated that seventy-five communities have discontinued fluoridation in the years from 1950 to 1958.

10. The amount of water consumed by children varies considerably depending upon the season of the year and their individual requirements, likes and dislikes. This will result in some children receiving too little and others too much of a toxic substance.

11. Finally, some of the most recent studies indicate that the reduction of dental caries in children attributed to

clinical and experimental investigations of fluorine are recorded in 36 papers in medical journals in European countries and in the United States.

4. FACTS ON FLUORIDATION, Dan Smoot Report; Broadcast No. 219, Sept. 28, 1959; Box 9611, Lakewood Station, Dallas 14, Texas; \$.25; quantity discounts; excellent, non-technical discussion.

5. FLUORIDATION, ERRORS AND OMISSIONS IN EXPERIMENTAL TRIALS, book by Philip R. N. Sutton, D.D.Sc., L.D.S.; order from Cambridge University Press, 32 East 57th Street, New York 22, N. Y.; \$1.75; an investigation of the reliability, adequacy, and accuracy of the results reported on five experiments relied upon to support the efficiency of fluoridation.

6. FLUORIDATION, ITS MORAL AND POLITICAL ASPECTS, a new and comprehensive study by Dr. F. B. Exner; published in 1960 by Greater New York Committee Opposed to

(Continued next page)

the drinking of fluoridated water is much less than previously claimed.

For these reasons the members of the Bay Ridge Medical Society respectfully request that you oppose any action to have the municipal water supply fluoridated.

Respectfully yours,
William F. Rexer, M.D.,
Secretary"

Editor's Note:— Since 1959 when this action was taken thousands of doctors and dentists who have observed fluoride at work, have joined the ranks in opposition to fluoridation.

Fluoridation, Room 909, 342 Madison Avenue, New York 17, N. Y.; \$1.00.

This most important book on fluoridation shows plates of mottled teeth, and discusses the testimony of Dr. H. Trendley Dean, "father of fluoridation", in the Chicago injunction proceedings to halt fluoridation of Chicago's water. Based upon his statements under oath, when cross-examined, "the entire 'scientific basis' of water-fluoridation was shattered". Highly recommended.

7. Greater New York Committee Opposed to Fluoridation, Inc., Mrs. Emily Mehr, President, Room 909, 342 Madison Avenue, New York 17, N. Y. This organization, national in its influence, has prevented the fluoridation of New York City's water supplies. Newsletter; many reprints.

8. Marion E. Lyon, 415 South Main Street, Geneva, New York; list of communities which have discontinued fluoridation of their water supplies; other literature.

9. Medical-Dental Committee on Evaluation of Fluoridation, Dr. A. Allen London, Secretary, Old Boonton Road, Boonton, New Jersey. Pamphlet entitled "A Statement on the Fluoridation of Public Water supplies by the Medical-Dental ad hoc Committee on the Evaluation of Fluoridation. CURRENT STATUS OF THE FLUORIDATION DISCUSSION, based on the proceedings of the third Medical-Dental Conference, \$35. This booklet has chapters on how effective is fluoridation in actual reduction of caries, the accumulation of fluoride in soft tissues and its implications, errors in water supply control, alternative methods, incompatibility of fluoridation with safe public water supply, and recent public and professional reaction to fluoridation.

10. National Committee Against Fluoridation, Inc., Room 601, 1311 G Street, N.W., Washington 5, D. C. This group, headed by Miss Vera E. Adams, through numerous reprints have had a profound influence in accelerating the

trend against compulsory mass medication throughout the country; newsletter.

11. NATIONAL FLUORIDATION NEWS, Box 21, North End Station, Detroit 2, Michigan; \$3.50 per year; filled with current information regarding fluoridation. This publication is ably edited by Mrs. Edith Waldbott, wife of the celebrated allergist, Dr. G. L. Waldbott, who has been so active in opposing mass medication by machine. Many reprints are available from this source.

12. Ohio Pure Water Association, L. S. Stevens, Chairman, 72 North Main Street, Akron, Ohio; a number of reprints including FLUORIDATION, A STUDY IN CONFUSION, by Geoffrey Dobbs, Ph.D., A.R.C.A.

13. OPEN DOOR TO HEALTH, book by Fred. M. Miller, D.D.S., past president of Pennsylvania State Dental Society; Devin-Adair Company, 23 East 26th Street, New York 10, N. Y.; \$3.95. This Altoona dentist, through a program of nutrition, has had hundreds of children grow into their teens without a spot of tooth decay and hundreds of others of all ages who have not lost a tooth since coming under his regimen. In chapter 10 he gives his reasons for opposing fluoridation.

14. OUR DAILY POISONS, book by Leonard Wickenden, Fellow of American Institute of Chemists, \$3.00; THE HISTORY OF A CRIME AGAINST THE FOOD LAW, by Dr. Harvey W. Wiley, \$3.00; THE LEGACY OF DR. WILEY, by Maurice Natenberg, \$3.00; The Bookmailer, Box 101, Murray Hill Station, New York 16, N. Y.

15. PUBLIC HEALTH SERVICE DRINKING WATER STANDARDS 1946, reprinted April 1960; issued by U. S. Department of Health, Education and Welfare; obtain from Superintendent of Documents, Government Printing Office, Washington 25, D. C.; \$10. To quote therefrom: "The presence of ... fluoride in excess of 1.5 p.p.m....

shall constitute grounds for rejection of the supply". In other words, if the fluoride in a public water supply is over one and one-half parts per million, that constitutes grounds for its rejection. (The dilution of 1/1,000,000th part of fluorine in water seems a negligible quantity. Yet it took only 1/1000th as much of the chemical kinetin, or a dilution of 1/100,000,000th to cause plant cells to divide into two parts. Kinetin was isolated by a University of Wisconsin cancer study team of botanists and biochemists which thus produced cancer in the plant tissue by the use of only one in a hundred million parts.)

16. Pure Water Association of America, Inc., California Committee, Box 600, Palo Alto, California. Largely due to the vigorous activities of this organization, California cities and counties have rejected fluoridation. Pure Water News; many reprints.

17. Mrs. Arthur P. Robinson, 5217 East 43rd Street, Seattle 5, Washington; list of cities rejecting fluoridation (over 1200 as of January 1960 with a number of additions in 1960); \$1.00; also reprints.

18. ROBOTRY AND WATER, A CRITIQUE OF FLUORIDATION, by Dr. L. A. Alesen, past president California Medical Association, member of House of Delegates, American Medical Association Freedom Club, 535 South Hoover Street, Los Angeles 5, California; \$25; very informative.

Note: A number, if not all, of the books mentioned herein can be obtained from the loan library of Mrs. Mildred Hatch, 8 Pine Street, Saint Johnsbury, Vermont, on two-weeks' loan, merely for the cost of postage. She sends out some 6000 books on loan annually all over the world and stocks about 300 titles. Her loan-library services are non-profit, as she has other sources of income to pay for the cost of the loan library.

19. FLUORIDATION, "THE CRIME OF THE CENTURY" — 24 page booklet by J. A. Campbell, research and development engineer, 645 E. Wardlow Road,

Long Beach, California. This booklet by an outstanding engineer traces the history of water supply fluoridation, marshalls many facts in opposition to the practice, minces no words in calling a spade a spade. It has been very effective in victories for those opposed to mass medication via public drinking water. Single copies, \$20 each; in quantities of 500, \$15 each; when ordering 1,000 or more, \$10 each. Order from Mr. Campbell at above address.

Editor's Note: — The National Health Federation, 709 Mission St., San Francisco 3, California, has two pamphlets, which it believes are the best on the market on the subject of fluoridation. This belief is based on the fact they deal with the medical and dental aspects and are written by well qualified men. The first one is, "Medical Reasons Why You Should Not Drink Fluoridated Water," written by J. B. Bruce, S.B.; M.D.; F.A.C.S. Dr. Bruce is a top medical authority based on education and past experience. The Federation has probably distributed 900,000 of this reprint from the National Health Federation, March 1961 Bulletin. In lots of ten or more these reprints are 3 cents each. The second reprint is, "The Effects of Fluorides on the Human Body," written by Harold Burkhardt, D.D.S., of Seattle, Washington. The Federation has sold probably one-half million of these reprints from the February 1960 Federation Bulletin. Price of these reprints \$1.50 per one hundred.

Fluorides Damage Water Systems

Knoxville, Iowa, has joined several other cities in the state in withdrawing from fluoridation. Pipes in Knoxville plugged and corroded so much that in six months the Water Department put it up to the people who voted fluoridation OUT.

Northampton, Massachusetts; Sheridan, Wyoming, and numerous other cities experienced difficulty with corrosion and eating away of water works equipment.

How Effective is Fluoridation in the Actual Reduction of Caries?

The sole proclaimed benefit of fluoridation is "65% reduction in dental decay." The United States Public Health Service (1959) asserts this has been proved conclusively. There was a time when most critics of fluoridation seemed willing to accept with little question its claimed effectiveness in reducing the incidence of tooth decay; their criticism was directed at other aspects of fluoridated water supply. Now however, there has been time to study results from the artificial fluoridation projects, and to compare them with the early fluoride water data. So many discrepancies between fact and claims are found that it is necessary to re-examine all data, including the work of H. Trendley Dean, who is primarily responsible for the fluoride dental caries hypothesis.

A comprehensive investigation of the claim "65% reduction in dental decay" reveals it to be more slogan than fact.

(See charts on pages 31 and 32)

THUMB NAIL SKETCHES

(From page 19)

present sorry high rejection rate of prospective soldiers. He will speak July 4 from 2:00 to 2:30 on the subject "THE RISE AND FALL OF THE WORLD'S GREAT CIVILIZATIONS AS WRITTEN IN THEIR SOILS AND DIET." Long titles are popular this season and we are keeping in style with our program.

Fred Myers, Executive Director of The Humane Society of the UNITED STATES will speak on "The Importance of Federal Legislation for Humane Treatment of Experimental Animals." Mr. Myers wields a gifted and powerful pen. An executive background as a reporter included writing for the KANSAS CITY JOURNAL, ST. LOUIS Post-Dispatch, New York Mirror, and the United Press in Detroit.

In 1950, Mr. Myers was named editor of the National Humane Review. In 1954 he led a group of distinguished humanitarians to organize the Humane Society of the United States. During the six years under his leadership, the Humane Society of the U. S. has grown to include branches, affiliates and members in every state.

According to Dean's hypothesis, the 65% should refer to children in the 12 to 14 year age group. But the 65% reductions claimed in the experimental fluoridation projects refer to much lower age groups; **after the early years, an accelerating rate of decay is found in fluoridated children.**

A comprehensive investigation of the claim "65% reduction in dental decay" reveals it to be more slogan than fact.

The charts which appear on the following two pages were prepared by Charles Klint of Fresno, California. They show in a graphic manner, that while there is some benefit in the early years, the benefits fade out and after the age 15 the teeth of those having artificially fluoridated drinking water develop more cavities and have poorer teeth than do those who have pure water without the addition of fluorides.

During the past 20 years he has been a frequent contributor of human interest articles to a number of national magazines.

Fred Myers has devoted a lifetime to humanitarianism in the term's broadest and best sense. For to him the goal of the humane movement is not only kindness to animals but also compassion in humanity. He is equally certain that one of the best paths to this goal of universal understanding is by way of instilling in the human race thoughts of kindness to all living things.

One of the Newest Lecturers and Authors in the ever expanding health movement is a crusading minister from New England. Author of a now best seller—"EAT YOUR WAY TO BETTER HEALTH"—His gifted pen is matched only by his fluent tongue. His youth, scholarship, and dignity are encouraging to those who have noted that many of our greatest leaders are in their 70's and 80's. His active leadership in Mass. has resulted in victories against fluoridation in the Frederic J. Stare of Harvard stronghold. He brings a spiritual optimistic hopefulness with his messages which inspire one to join in the battle. His subject will be "Why A Minister Should Be Concerned With Wholesome Temporal, as well as Spiritual Food."

NATIONAL HEALTH FEDERATION BULLETIN

DECAYED - MISSING - FILLED TEETH PER CHILD

GRAND RAPIDS, MICHIGAN

Age	1954 (After 10 years of Fluoridization)	1944 (Before Fluoridization)
6	0.19	0.78
7	0.69	1.89
8	1.27	2.95
9	1.97	3.90
10	2.34	4.92
11	2.98	6.41
12	3.87	8.07
13	5.05	9.73
14	6.78	10.95
15	8.07	12.48
16	9.95	13.50

DATA FROM DE MOINES U. S. PUBLIC HEALTH SERVICE

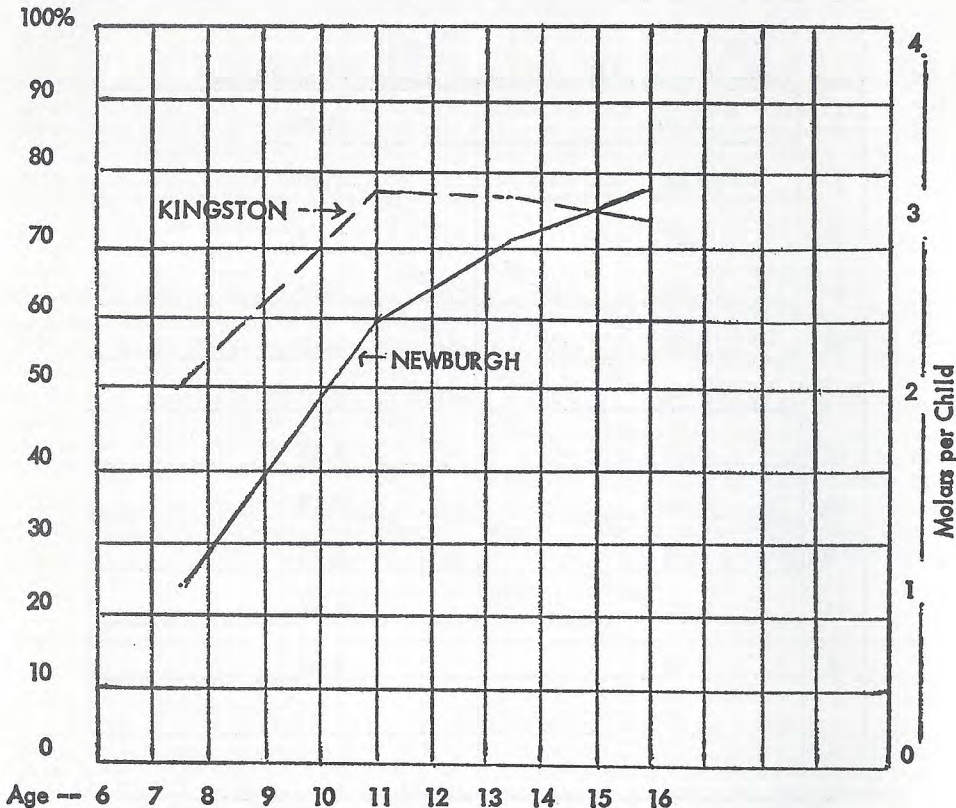
OFFICIALS' REPORT TO CITY COUNCIL

Note: Same (or more) decayed, missing or filled teeth after as before 10 years of fluoridization, but a 3 year delay only.

ACKERLY REPORT

WHERE OH WHERE IS THAT 65% REDUCTION IN TOOTH DECAY ??

NEWBURGH - KINGSTON STATUS
of erupted first permanent molars -
(Decayed and filled teeth)



DATA BY DR. DAVID B. ASH, IN CHARGE OF THE FLUORIDIZATION EXPERIMENT AND TABLE 5, PAGE 319, JOURNAL AMERICAN DENTAL ASSOCIATION. 1966

Note: Delay only until age 15, when Newburgh passes non-fluoridized Kingston in decayed and filled teeth - after 16 years of fluoridization.

Newburgh with 9% increase in population added 18% more dentists.
Kingston with 1% increase dropped 3% of its dentists.

DOES THIS LOOK LIKE A 65% REDUCTION IN TOOTH DECAY?

California Cities Rejecting Fluoridation

(Revised to January 15, 1961)

California cities stopping, rejecting or postponing fluoridation are listed below. These have a total population of more than 6,240,000. The unpopularity of fluoridation was admitted by Dr. John W. Knutson of the United States Public Health Service when he stated, in April, 1957, that in only 5% of the U. S. communities which fluoridate have the people themselves approved by voting for the program.

Cities stopping fluoridation:
1. San Diego
By referendum:
2. Martinez
3. Rio Vista
By city council action:
4. St. Helena

Cities rejecting fluoridation by referendum:

5. Calistoga	12. Del Monte	18. Manhattan	24. Pomona	31. Seaside
6. Carmel	13. Fairfield	19. Modesto	25. Sacramento	32. Suisan City
7. Carmichael	14. Glendale	20. Monterey	26. San Bruno	33. Sunnyvale
8. Cloverdale	15. Livermore	21. Napa	27. San Carlos	34. Ukiah
9. Colusa	16. Lodi	22. Oakdale	28. Santa Cruz	35. Watsonville
10. Crescent City	17. Long Beach	23. Pacific Grove	29. Santa Maria	36. Woodland
11. Davis			30. Santa Rosa	

The East Bay Municipal Utility District and the Marin Municipal Water District rejected fluoridation by referendum June 7, 1960. Marin Municipal Water District rejected again November 8, 1960 by a much larger margin. Communities served are:

37. Alameda	48. Emeryville	58. Lagunitas	69. Pinole	80. San Rafael
38. Alamo	49. Fairfax	59. Larkspur	70. Pleasant Hill	81. San Ramon
39. Albany	50. Fairview	60. Manor	71. Richmond	Valley
40. Alto	51. Forest Knolls	61. Marin City	72. Rodeo	82. Sausalito
41. Belvedere	52. Greenbrae	62. Marinwood	73. Ross	83. Terra Linda
42. Berkeley	53. Hamilton Air	63. Mill Valley	74. San Anselmo	84. Tiburon
43. Castro Valley	Force Base	64. Moraga	75. San Geronimo	85. Walnut Creek
44. Corte Madera	54. Hercules	65. Oakland	76. San Leandro	86. Woodacre
45. Danville	55. Kensington	66. Oleum	77. San Lorenzo	
46. El Cerrito	56. Kentfield	67. Orinda	78. San Pablo	
47. El Sobrante	57. Lafayette	68. Piedmont	79. San Quentin	

The following cities rejected, postponed or dropped the fluoridation proposal by city council action, advice of water boards, water engineers, health officers, etc.:

87. Belmont	91. Gonzales	95. Los Angeles	99. Redwood City	102. Susanville
88. Beverly Hills	92. Hollister	96. Menlo Park	100. San Dieguito	103. Upland
89. Chico	93. King City	97. Newport Beach	Irrig. Dist.	104. Yreka
90. Folsom	94. Laguna Beach	98. Redding	101. Soledad	

Promotion in the following died or did not gain acceptance of the people:

105. Biggs	109. Concord	113. Fresno	116. Mount Shasta	120. Solvang
106. Burbank	110. Dinuba	114. Fig Garden	117. Pittsburg	121. Sonora
107. Centerville	111. Eureka	District	118. San Jose	122. Turlock
108. Coalinga	112. Fontana	115. Merced	119. Santa Monica	

(Riverside experienced demands for fluoridation to reduce "terrible tooth decay" problem in children. Analysis revealed water supply already contained the so-called "proper amount" of fluoride. Despite fluoride, teeth no better than anywhere else. A similar embarrassment was only narrowly avoided by fluoridationists in Pasadena.)

Only 18 California communities are fluoridating despite nearly 10 years of intensive promotion and expenditures of hundreds of thousands of taxpayers' dollars.

Compiled as a public service by:
Pure Water Assoc. of America, Inc., Calif. Committee, P.O. Box 600, Palo Alto, Calif.

More Fluoridation Facts

Dentists Are Not More Vocal in Opposition

Because of Section 20 of Code of Ethics, in which they are restrained from making public statements against an A. D. A. approved measure.

The Dental Profession's Responsibility

In urging, pressuring and paid-propagandizing for fluoridation, will the dental profession be left in a position where it can be accused of having assumed more responsibility than it was prepared to discharge properly?

Absurd and Inconsistent Argument

("Just Adding a Deficient Element.")

A human body cannot be said to be "deficient" in an element, when that element has not been established as necessary to human life and nutrition.

"Fluorine has not been proved to be an essential element for the proper functioning of either osseous (bony) tissues or dental tissues or for any other body tissues or body function."

— F. J. McClure, National Institute of Health, Dental Research Division, (FSA), Bethesda, Md.

Calcium is the most essential mineral for the human body. Without it we die. What of cities (as in Florida, for instance) having only 7 p.p.m. calcium and others having 199 p.p.m.? Shall taxpayers buy expensive machinery and install it in the lesser-calcium-content waters so as to bring the calcium up to an "optional" level suggested by some bureaus? There are many other vital elements present in some water and absent in others — does that mean more taxpayers' money for more expensive machinery and expensive minerals to bring about more "optimal" leveling? The "deficiency" claim discredits sincerity on the part of fluoridators.

"We don't try to say that there is no such thing as Fluorosis (tooth damage)

even at 1.2 parts per million. . . . But you have got to have an answer. Maybe you have a better one."

— Francis Bull, D.D.S., Wisconsin fluoridation promoter, at Dental Directors Conference.

"Average Dose"

"Each child, 'on the average,' will receive the same dose of fluoride," we are told.

Some children drink fruit juices and milk exclusively; others drink water exclusively; still others vary in between. Some, due to warm weather or greater activity, drink 10 times as much water as others.

Are we, then, supposed to believe each child receives the same "average" dose of fluoride?

Dentists Oppose Fluoridation

One hundred nineteen dentists in Worcester, Mass., signed a petition headed by Max Ginns, D.M.D., condemning fluoridation as being unscientific . . . does not prevent tooth decay . . . cumulative poison . . . harmful to all human beings . . . good teeth are due to better nutrition . . . better hygiene.

During the fluoridation controversy in Seattle, Washington, a straw vote of the dentists there revealed 46% of them opposed to fluoridation.

Red and Green Lights

In connection with Federal Legislation we are trying to designate good and bad legislation by the use of Symbols, such as red light legislation and green light legislation.

The words Red Light will be used in connection with bad or dangerous legislation which should be opposed as not in the best interests of the public health.

The words Green Light will be used in connection with good legislation which should be supported because it is for the best interests of the peoples' health.

YOUR CAMPAIGN KIT

To those of our members and friends, who would like a KIT containing authentic information with which to meet the false and misleading statements to-wit; — that America's Food Supply is better than nature made it and that depleted soil can produce as healthy food as natural enriched soil, etc., the following will be good news.

The Federation is embarking on a project to furnish our members with such a Kit. This Kit looks a good bit like the one being distributed by the American Medical Association on the out side; there the likeness ends. The A.M.A. Kit is filled with statements by authorities who are apt to be biased because of their employment, training, or because their research funds are provided by business enterprises interested in manufacturing and processing America's Food and or Drugs, as they appear on the shelves of the Food and Drug Stores of America.

The National Health Federation's Kit, contains 14 well written documented pieces of literature, written by men whose research and thinking are not colored by the source of their research funds, their salaries, or previous training. Our purpose in publishing and distributing this KIT is to enable our members to give the public the other side of the nutrition picture. Having both sides of the picture will enable the public to arrive at a true conclusion.

These Kits will sell at the price of \$1.50 each, or in lots of 5 or more at the rate of \$1.00 each. These prices are only sufficient to cover the cost of printing, handling and mailing. If after you receive a KIT, you do not feel you can make use of it, or it is not what you expected, you may return it in good condition and your money will be refunded.

Send orders direct to National Health Federation, 709 Mission St., S. F. 3, Calif.

New Federation Pin

These are gold filled and make a very attractive pin or insignia. These can be had in many forms. Lapel pins, bracelet charms, brooches, for necklace piece, tie clips, etc. See price list below. These pins are very attractive and any one can be proud to wear one.

Lapel button or pin or charm . . .	\$2.75
Tie Tac	2.95
Tie Bar	4.50
Tie chain	4.95
Bracelet	4.50
Bow knot Brooch	4.50

All orders, or request for illustrated pamphlet should be sent direct to L. G. Balfour Company, attention Fred G. Stambaugh, 121 University Place, Pittsburgh 13, Pa.

FOR WILLS

For the convenience of those who wish to incorporate into their will a bequest for unrestricted use in research and the general work of the National Health Federation.

I give, despite, and bequeath to the National Health Federation, a corporation, located in San Francisco, California, the sum of \$..... (or property herein described) to be used by its Board of Governors, as they deem advisable for the benefit of said institution and its program.

Should the donor desire to create a Memorial Fund, insert after "Property herein described," the same to be known and designated as the "..... Memorial Fund."

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- I wish to become a **REGULAR MEMBER** of the National Health Federation and am enclosing \$5.00 as dues, \$1.50 of which is for a subscription to the **BULLETIN** for the current year. Family membership \$6.00.
- I wish to become an **ACTIVE MEMBER** of the National Health Federation and am enclosing \$5.00 as yearly dues, \$1.50 of which is for a subscription to the **BULLETIN**. I wish to form a local chapter, so please send me necessary literature and instructions.
- I wish to become a **SUSTAINING MEMBER** and am enclosing \$..... (minimum fee, \$25.00) as membership dues for the current year, \$1.50 of which is for a subscription to the **BULLETIN**.

Name

Address

NOTICE: Regular Membership Dues have been raised from \$3.00 to \$5.00 per year as of June 1st, 1962.

Mail direct to **NATIONAL HEALTH FEDERATION**
709 Mission Street, San Francisco 3, Calif.

Renewal

New Member

NHF Will Celebrate the 4th of July

- 1—The next mid-west convention of the National Health Federation will be held at Columbus, Ohio, July 1-2-3 and 4, this year 1962.
- 2—The place will be the Neal Hotel and to help the Federation make it a real old-fashioned family celebration the hotel management has made the following low rates. Single room \$7.00, double room only \$8.00, twin beds \$10.00, and all children under 14 free.
- 3—For years we have been celebrating the 4th of July by putting on our liberty stamp drive on that day. We have long felt our mid-west convention should climax on that day. We were hindered, but at long last we have the go ahead.
- 4—The liberty stamp drive will continue to climax on the Fourth of July, while our members in convention seek to arouse the public to a realization of our rapidly vanishing freedoms in the health field.
- 5—We have set our goal at 1,000 paid registered members and guests. Plan your vacation so you can be there. We suggest different groups start now planning on car loads and bus loads. The program will be the best. The June issue will tell you about it.
- 6—The Eastern convention — three days — will be held either the last week in September or the first week in October in Washington, D.C. THE NATIONAL HEALTH FEDERATION IS ON ITS WAY.