

National Health Federation



Our Washington Office

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AMERICANS CRUSADING FOR HEALTH LIBERTY

Volume VI — Numbers 9-10

Sept.-Oct., 1960

BULLETIN

DON'T LET

A COLD BED

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NATIONAL HEALTH FEDERATION BULLETIN

The

NATIONAL HEALTH FEDERATION

BULLETIN

SEPT.-OCT.

VOLUME VI

NUMBERS 9-10

Adventures on Health Frontiers

1960

Published Monthly

Fourth Annual Eastern Convention of National Health Federation

By **DON MATCHAN**

Complemented by a roster of able speakers, each an authority in his or her field, supported by a sizeable number of commercial exhibitors, and sparked by the attendance of enthusiastic members and friends, the fourth Annual Eastern Convention of the National Health Federation came to a successful conclusion Sunday, July 17, at the Commodore Perry Hotel in Toledo, Ohio. It was described by President Fred J. Hart as "outstanding in every detail, truly an inspiration."

Denoting increased interest in Federation affairs was the active participation and contribution of newly-elected members of the Board of Governors who sat through several extended sessions asking questions, making suggestions and formulating policy. "This lively interest is a heartening development," Mr. Hart observed, "and bodes well for the future of the organization."

Among actions taken by the Board were election of V. Earl Irons of Boston as chairman of the Board of Governors; appointment of a committee to study by-laws, a finance committee to investigate means of increasing revenue to support the offices in Washington and San Francisco, and a committee to evaluate promotional literature and prepare a new brochure.

An important feature of the Toledo convention were the roundtable sessions held from 9 to 10:30 a.m. each morning. Much to the surprise of seasoned convention-goers, these sessions got under way promptly as scheduled and each was attended by attentive audiences.

Eight different topics were covered: Organic growing: Phil Arena, LeRoy Miller and Harold Doster, co-chairmen; mental health: Loyce Furman Cargile and Raymond Hilderand, co-chairmen; fluoridation: Alice Schuringa, chairman; legal privileges and rights: Attorney Charles O. Pratt, chairman; organizational procedures: Mr. Hart and Harold Edwards, director of the Washington office, co-chairmen; chemotherapy: Charles Crecelius and Dr. Howard M. Beard, co-chairman; colon-therapy, Roy Paxton, chairman; nutrition: Doris Hill and W. R. Devlin, co-chairmen.

Electronics in Medicine

"The Theory of Electronics in Relation to Health" was the subject of an address by Mr. Hart, president of Electronic Medical Foundation, San Francisco. He described briefly the work of the late Dr. Albert Abrams, "father" of the electronic theory in medicine, and of development of an instrument designed to analyze blood.

(Continued on next page)

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"Electronic medical analysis of blood to show physical malfunction will come," he predicted. "In the last two or three years there have been significant developments justifying and supporting the Abrams theory. Early and correct diagnosis is possible, and should be developed for the good of humanity."

Mr. Hart told of the experience his organization has had in an effort to have the blood analysis instrument further researched, and of the frustration experienced by refusal of the American Medical Association to permit recognized schools to research and perfect the equipment.

"The process of ascertaining the disease chemistry rate for various organs and parts of the anatomy took much time and patience," he said. "The human equation still is involved in the process. We did our best to turn the work over to a research institution which would carry the development to its final conclusion, thus providing all doctors with a quick and scientific means of diagnosing, but we were thwarted at every turn. In spite of the set-backs, however, I believe the time is not too far off when the final phase of the work will be completed."

The afternoon of the first day Mr. Hart presented the President's Report, outlining organization problems and achievements, discussing future needs and trends.

Tobe Describes Hunza

A surprise speaker was presented—John Tobe, Canadian nurseryman and seed distributor who reported briefly on a trip through Hunza. He is the last westerner to have visited the country. Such well-known men as Drs. Albrecht of Missouri and Frances Pottenger of California have been unable to obtain visas.

"These people, with whom I had the privilege of living for 18 days, do not know what cancer, heart disease, diabetes, arthritis, high blood pressure, etc., are," he said. "How long this will prevail I do not know. The one doctor there said caries and goiter are on the in-

crease. They have started importing some salt. They have always lived the simple life, eating whole-grain unleavened breads, and vegetables and fruit. They have 24 different kinds of apricots which ripen the entire summer, and this food is important in their diet. They waste nothing, not even the apricot seed."

Mr. Tobe described their water as being "of most unusual quality. It contains many minerals in colloidal form, taken from the earth in glacial form. There is only two inches of rainfall a year, their water for drinking and irrigation comes from melting glaciers.

"They have a stamina remarkable and unique," he continued. "They are capable of walking great distances without tiring. They walk as if in a sort of glide, effortlessly."

Mr. Tobe has written a book, **Adventures in the Land of Paradise—Hunza—** published by Rodale Press, Emmaus, Pa., (\$5.95) slated for September release.

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IT'S COMING

Muscles broadcast not only relatively powerful signals but also very weak high-frequency signals. This discovery by Doctors W. K. Volkers and W. Candib of Schenectady, N. Y., may eventually explain often questioned natural phenomena such as telepathy and extrasensory perception, and may even add to our knowledge of hypnosis, say the researchers. — August, 1960 issue of *Mechanics Illustrated*.

(Editor's Note: The Electronic Theory of Medicine is being proved day by day. A 128-page book which explains the theory is now off the press. Price \$3.00 delivered, 20 per cent off to NHF members. The Electronic Theory holds the key to early and correct diagnosis. It is fascinating reading. Send orders to E.M.F., 709 Mission St., San Francisco, Calif.)

Things You Should Know About Cancer, by Dr. George A. Wilson, is the best we have seen in a small book. It sells for \$1.00 and can be secured through the N.H.F. office at 709 Mission St., San Francisco 3, California.

National Health Federation Progress Report

In the 1958 Session of Congress the National Health Federation, with your cooperation, secured the passage of the now famous Food Additive Law. This bill goes a long way toward protecting the public from harmful chemicals in their food supply. There is much work yet to be done to improve it and by the grace of God with your continued cooperation it will be done.

H.R. 9150 & H.J. RES. 523, **FOOD ADDITIVE & FLUORIDATION**. Your Washington Office spent weeks in preparing the material, including dozens of revisions, that eventually went into the two bills, in consultations with Congressman King and numerous others.

Many other national organizations were alerted and enlisted in this campaign, such as: D.A.R., S.A.R., Gold Star Mothers, Coalition of Patriotic Societies, National Committee Against Fluoridation, Medical-Dental Ad Hoc Committee, National Fluoridation News, Ohio Pure Water and others. A continuing campaign has been conducted over the past year among key congressmen to keep these two bills alive and in a promising position for action.

H.R. 7624, **THE COLOR ADDITIVE BILL**. There is ample evidence NHF efforts have gone far to stemming the onslaught to destroy the Delaney Cancer Clause in this desirable chemical additive legislation. We made a statement and contacted many in congress. The bill is now a law with the Delaney Cancer Clause included in it—a real victory for the people.

H.R. 10597, **PHARMACY CONTROL BILL**. Your Washington Office in conjunction with our legal counsel, Charles O. Pratt, Esq., secured removal of **destructive food supplement and vitamin clause**. We were on the scene early working with key members of committee to accomplish this vital contribution that

ensures future for the health foods industry.

H. CON. RES. 145 & H. RES. 548, **MENTAL HEALTH BILL**. Through extensive solicitation of interested, key members of congress, we found H. Con-Res. 145 to be impractical. Close liaison with Congressman Hiestand, sponsor, produced the new H. Res. 548, which is now awaiting go-ahead signal of Rules Committee, and is now being aggressively promoted.

H.R. 12419, **PESTICIDE COORDINATION PROGRAM BILL**. Following close NHF collaboration with National Audubon Society, National Wildlife Federation and Wildlife Management Institute, prompt action was taken on bill. Bill is now very much alive with good chance for this session.

S. 2562, **OBSCENITY AND MAIL FRAUD BILL**. Action on bill held up since hearings in which NHF was aligned with such firms as American Book Publishers Council, and delivered statement against bill's provisions inimical to mailing interests of health foods industry, publishers and others.

H.R. 12110, **LIBONATI CANCER PROCEDURE BILL**. Your Washington Office has worked closely with and consulted frequently with Congressman Libonati in the development of this history-making cancer bill. We have alerted all known interested individuals and groups to encourage participation in public hearings now being pushed through with House Commerce Committee.

S. J. RES. 41, **INTERNATIONAL MEDICAL RESEARCH**. NHF stood almost alone among all organizations in opposition to this huge grab of medical power and public funds. Action to date

(Continued on next page)

has brought about deletion of the \$50 million provision of bill.

H.R. 11050, POULTRY INSPECTION AGREEMENT. Washington Office gave considerable help in the knock-out of this attempt to circumvent the Poultry Products Inspection Act of 1957. Among others we worked effectively with the AFL-CIO organization and the key humane groups.

S. 1227, FEDERAL EMPLOYEES CHIROPRACTIC ACT. NHF has been working on this measure. We are also continuing the effort in behalf of participation in the present Health Insurance for the Aged legislation.

H.R. 8238, AUTO EXHAUST CONTROL BILL. Your Washington Office became closely associated with Congressman Schenck on very friendly basis in his successful measure to curb auto exhausts.

PUBLIC LAW 86-139, METCALF PESTICIDE RESEARCH BILL. Your Washington Director has had a close relationship with the key wildlife groups in efforts to ensure that bill's provisions are utilized.

HUMANE SLAUGHTER. We have given a limited amount of time and effort working with humane groups in Washington to further the spread of the program nationally.

H.R. 7480, PESTICIDE LABELING BILL. The Washington Office devoted extended time and research into this vital consumer amendment during entire 86th Congress. We have gained extensive insight in this battle for a partial victory, but much more is required.

CRANBERRY EPISODE. This office participated in the hearings, researched and wrote up entire story. Reprints of this were made and distributed to entire D.A.R. membership.

STILBESTROL IN CAPONETTES. The Federation's Washington Director has continued to follow up and research this matter with USDA and FHA Departments.

ICAL APPROPRIATIONS. We have been in close contact with this huge

problem; got Federal statements into record in both Houses in 1960 hearings; have extensive data on hand for future hearings.

KEFAUVER DRUG HEARINGS. Washington Office covered the entire proceedings from December to June. We have much valuable testimony on file including complete case on Dr. Welch as well as story of and close contact with Dr. Barbara Moulton.

VIRGINIA COMPULSORY VACCINATION BILL. In February we responded to appeal of Richmond N.H.F. members and aided them in the defeat of the legislation.

OHIO COMPULSORY VACCINATION BILL. In Spring of 1959 we acted at urgent request of Ohio Federation and published information booklet along with personal appearance before Ohio Senate while on membership tour. Ohio Federation succeeded in getting provision in the bill which allowed parents to say no vaccination for their children.

POST OFFICE CARDIAC SOCIETY & "DIET PREVENTS POLIO" CASES. Limited time was given to covering Cardiac hearings. Information files have been collected on both cases through Department contacts.

McNAMARA SUBCOMMITTEE ON AGED AND AGING. This representative has attended Senate hearings on the problem and has collected extensive material, and reported on our work in the Bulletin.

WASHINGTON LEGAL COUNSEL. In every instance your Washington Office has worked under the scrutiny and wise guidance of Charles O. Pratt, Esq., our Washington legal counsel. His store of knowledge in Washington legislative problems has been priceless.

GOVERNMENT AGENCIES AND OTHERS. Washington Office has developed key contacts with Food and Drug Adm., Federal Trade Commission, Post Office Dept., U. S. Dept. of Agriculture, as well as most other health-related agencies in the Capital City.

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NATIONAL HEALTH FEDERATION BULLETIN

Summary Report of

CHARLES ORLANDO PRATT, WASHINGTON COUNSEL NATIONAL HEALTH FEDERATION 1959-1960

Your Washington counsel, at the request of the President of the National Health Federation, makes this brief summary report of the work and accomplishments on behalf of the Federation.

This report will set forth a brief outline of the legal, administrative, legislative and public relations work undertaken during the fiscal year July 1959-July 1960.

Legal Articles for National Health Federation Bulletin

Your Washington counsel each month since February 1959, studied, prepared and assembled legal articles for the National Health Federation bulletin. These articles concerned legal problems of universal interest to the members in the field of food, drugs, medicines, nutrition and the healing arts generally, with emphasis on one's legal and professional rights to practice in the healing arts field as prescribed by federal and state laws and court decisions. This work entailed continuous study of governmental activities and court decisions.

Administrative Legal Office Work

Your Washington counsel studied and answered orally and in writing, opinions on hundreds of legal questions presented to him by members and friends of members of the National Health Federation. The purpose of this work was to cooperate in advising and aiding the members in every area of their legal problems. In addition, numerous office and phone conferences were held in the office with members and friends of the National Health Federation.

Public Relations Work on Behalf of NHF

Your Washington counsel, being a member of the Washington Trade Association Executive Club, attended many weekly and monthly meetings, with other trade association counsels and executives, including representatives of gov-

ernmental departments, agencies and the U. S. Senate and House of Representatives. Through these contacts your Washington Counsel acquainted many top lawyers, executives, government officials and members of Congress with the aims and purposes of the National Health Federation. NHF is now known in Washington and respect for its program of freedom of choice in the healing arts field is growing. It usually takes years of work and contact in Washington to begin to learn one's way around. It will require several years' work and association to earn the prestige that will benefit NHF by winning friends and influencing administrative and congressional leaders.

Numerous conferences have been held with government officials of the Federal Food and Drug Administration and the Federal Trade Commission to discuss the food, drug and nutritional health problems affecting the American people.

Your Washington counsel in association with Mr. Charles Harold Edwards, Vice President of your National Health Federation, in charge of the Washington office, has taken every step possible to bring about legislative and federal departmental cooperation on programs; and in every instance, the members of Congress and the departments have extended a courteous and welcome reception to us.

Legal Assistance to Doctors in Court Cases in California, Washington, D.C., New York and Arizona

Your Washington counsel, on behalf of the National Health Federation, has advised with doctors, chiropractors and others engaged in scientific matters, relating to the healing arts. In California a doctor of medicine was charged, arrested and tried, for making illegal claims for certain cures of a specific dis-

(Continued on next page)

ease. The doctor was sentenced and fined before the matter was called to my attention. I arranged for the engagement of an outstanding attorney in San Diego to take the necessary steps to obtain a new trial and set aside the verdict.

In Washington, D.C., a person was arrested for practicing medicine without a license. He retained a competent attorney; and at his request, I advised with his attorney concerning the defense of his case.

In New York a chiropractor was tried for practicing medicine. I advised with him, his friends and his attorney. He won his case.

In Arizona, a scientist was using an electronic device without charge, to help a patient. He was tried, convicted and sentenced. I assisted him and his friends in seeing to it that he had competent counsel which resulted in his ultimate freedom.

The foregoing are only examples of legal aid by your Washington counsel to those who have been referred to me by members and friends of NHF.

Legislative Work

Your Washington counsel has continuously consulted and advised with Mr. Edwards, Vice President, on all legislative bills presented to Congress. I have assisted in drafting bills requested by NHF; and in suggesting amendments and changes in the provisions.

In this connection, I have appeared before congressional committees and have taken part in congressional hearings.

The highlight of the successful efforts of your Vice President and Washington counsel was evidenced by the defeat of an amendment in a proposed Pharmacy Act which would have deprived persons and drugless doctors from using and suggesting use of dietary food supplements, concentrated foods and foods for special dietary uses, such as vitamins and minerals. Based upon the arguments of your Washington counsel before the officials of the Congressional Committee, and at the hearing, and with the counsel of the proponents of the Amendment,

the provision was dropped from the bill. The U. S. Attorney General's office and the District of Columbia Commissioners agreed with your Washington Counsel. The effect of this success was to protect again the rights of all to use and sell dietary food supplements. The bill would have given a complete monopoly to the **drug stores and drug and pharmaceutical interests.**

This victory insures the future for health food stores.

Some of the hearings and bills introduced into Congress on which your Washington counsel worked closely with Mr. Edwards are briefly set forth below:

The Color Additive Bill, H.R. 7624

The Pharmacy Control Bill, H.R. 10597

The Obscenity and Mail Fraud Bill, S-2562

The Libonati Cancer Procedure Bill, H.R. 12110

Kefauver "Dept. of Consumer" Bill, S. 1571

Poultry Inspection Amendment, H.R. 11050

Federal Employees Chiropractic Act, S. 1227

Forand Health Insurance Bill, H.R. 4700

Pesticide Labeling Bill, H.R. 1480

Cranberry episode: stilbesterol in caponettes; public health service medical appropriations; Kefauver drug hearing; Virginia compulsory vaccination bill.

In addition to the above, your Washington counsel advised closely with Mr. Edwards concerning the Post Office Cardiac Society and "Diet Prevents Polio" case.

Hospital Discrimination Bill to deny tax exemptions to hospitals that discriminate in their professional privileges between different doctors.

Health Funds Bill which would deny tax exemptions to health fund collection agencies and require honest and accurate financial report to the U. S. Treasury and the public.

Bill to Expand Federal Department of Nutrition. The purpose of this bill would be to provide for greater and more effi-

ent research on the problem of nutrition and its relationship to health.

Food Additive and Fluoridation Investigation Bills. The purpose is to retain the protective provisions of the food additives law and to establish a thorough investigation into fluoridation.

New and important contacts have been developed with key officials of governmental agencies.

Future Program for Washington Counsel

Your Washington counsel will work and advise closely with the Washington Vice President of the National Health Federation and with the National President and officials to push forward a sound congressional and state legislative program that will further protect and extend the rights of all to take an effective part in the healing arts program of the American people. Assistance has been given to the Vice President on the work involved in his official report.

Your Washington counsel will take every legal step necessary to promote the aims of the National Health Federation in Congress, legislative, governmental agencies and the federal and state courts.

Your Washington counsel wishes to take this opportunity to state that your President, Mr. Fred J. Hart, and your Vice President, Mr. Charles Harold Edwards, who is in charge of the Washington office, have done an excellent job of cooperating and advising him in his legal program.

The Washington effort has been successful and has laid the foundation for greater service and accomplishment. The NHF was fortunate when Mr. Hart chose and persuaded Mr. Edwards to head up the Washington office. His services will be more valuable in the future.

The establishment of the office of the Vice President in a suite in the new Continental Building has made it possible for the activities of the National Health Federation headquarters, the office of the Vice President and the Washington

Egg Yolk Curbs Rheumatic Fever

Egg yolk has a markedly strong action against rheumatic fever in children, reports Dr. Alvin F. Colburn, associate professor of pediatrics at the New York Medical College.

Dr. Colburn's report is based on 12 years of study of this disease, commonly associated with poverty. He discovered that rheumatic fever in children is usually found where there are few, if any, eggs in the diet. He also discovered that supplementation of rheumatic children's diets with egg yolk is followed by a decreased susceptibility to the disease.

The doctor said that egg yolk seems to have a cumulative process in helping to prevent the symptoms of rheumatic illness in young children. His survey showed that it was highest in those families suffering from poverty and eating few eggs. He supported this by telling of successful results when he supplemented diets of rheumatic children with eggs.—Pacific Coast Review, July 1960.

(Editor's Note: Could be the sulphur.)

Preaching is like drilling for oil. If you do not strike oil in twenty minutes, quit boring.

counsel to coordinate efforts more effectively for the benefit of the Federation.

In closing, it has been pleasant working with the officials and members of the National Health Federation to carry out a program, the aims and purposes of which have been to improve generally the health of our people and to protect their rights.

Respectfully submitted,

CHARLES O. PRATT,
Washington Counsel
301 Continental Building
1012 - 14th Street N. W.
Washington 5, D.C.

Drug Firm Abuses Scored

WASHINGTON, Aug. 11—One of the nation's top medical journals today charged Congress has been "unreasonably deaf to any pleas for a decent regulation" of the drug industry.

The New England Journal of Medicine said Congress has "crippled" the Food and Drug Administration by failing to give this agency enough money and power to police pharmaceutical manufacturers "in an adequate manner."

The Journal said the subcommittee led by Senator Estes Kefauver (D-Tenn.) has "provided evidence . . . that all has not been well" with the drug industry.

Pointing to "abuses uncovered in the marketing of drugs," the medical publication declared:

"It was apparently high time that some of these matters should have been brought to light, and the resulting publicity has constituted a sort of shock treatment that will be of therapeutic value to the doctors, the public and the industry."

The Kefauver committee has investigated makers of hormones, tranquilizers and anti-diabetes pills. It plans to resume hearings late next month, when probers will check into manufacture of antibiotics.

The Journal said "a great deal of good" may result if the FDA "can be strengthened and upheld." However, it complained, "this agency has been largely bypassed by a hitherto indifferent Congress."

It said Congress has been "bent on pouring millions upon millions of dollars into medical research but unreasonably deaf to any pleas for a decent regulation of some of the results of that burgeoning business."

For the fiscal year which ended June 30, Congress gave the National Institute of Health \$500 million, most of which goes into medical research. This was \$106 million more than President Eisenhower asked.

In contrast, the FDA was given \$15.5 million last year and is slated for \$18.2 million this year — just about what the President requested.

The Journal lambasted Congress for refusing seven years ago to grant FDA's request for "a comprehensive factory-inspection law that would permit it to make reasonable investigations, including a look at a company's formula, personnel and complaint files."

It applauded makers of prescription drugs for favoring this. — San Francisco News-Call Bulletin, Thursday, August 11, 1960.

(Editor's Note: An ounce of prevention is worth a pound of cure. Congress needs to give more financial consideration to causes of disease, and those departments set up in government to keep the nation's food pure and wholesome.)

IT'S NEW!

The inside front cover of the Bulletin, for the first time, carries an advertisement of a product. We are trying this as an experiment. You will note we have put a better cover on the Bulletin. We are trying to offset this extra expense by running an ad on the inside front cover. We may also include the inside back cover, if this one works out. If it is decided to continue with an ad, as set forth above, we shall always pick a product which is not controversial and not in competition with those of our members who are in the Health Food Business. As stated, this is an experiment and we would like to hear from our members, as to whether or not they approve of this new idea.

FRONT COVER

We hope you like it. Each issue we will have a different color. The building pictured is the National Health Federation Washington Office and the office of our General Counsel. We are sure the day will arrive when Federation activities will require an entire floor of this fine building.

Family Circle

Bulletin Every Other Month For Balance of Year

The Toledo Convention was the best ever. A complete report has been prepared and will be published in two parts. Part one will be in this issue and part two in the next issue of the Bulletin. The report is by Dan Matchan, so you know it will be good.

Thanks to Eugene Detrich

The Convention opened on time—all speakers were within their time limits—the booths were ready the day before the opening—the banquet was wonderful and consisted of all organic foods — so was the President's breakfast. Thanks, Gene, for the best convention we have yet held. Harold Edwards was an able assistant to Gene. Our thanks also to Harold.

Peoria, Here We Come!

The next Eastern NHF convention will be held in Peoria, Illinois. The date will be announced soon. Start planning now for it. There will be another White Elephant Auction, so start saving things or making things for it. NHF grows bigger and better day by day—thanks to each of you and your good work.

You Will Be Thrilled!

As you read the report of Charles Pratt—the Federation General Counsel—and Harold Edwards—Director of our Washington Office—you will be thrilled with the accomplishments and impressed with the need to not only keep the work going but to extend it. The health of the American people cannot help but be improved because of victories you are winning through your organization. The Washington Office needs funds very badly. We are still 40% short of enough funds in sight to keep the office operating. Be as generous as you can. Make a monthly pledge if you can.

STAMP OUT Opposition to Health Liberty with N.H.F. LIBERTY STAMPS!

YOU CAN HELP BY . . .

1. Paying Your DUES
2. Making a DONATION
3. Getting a NEW MEMBER.

Fourth Annual Convention

(Continued from Page 4)

Washington Report

A five-page report on activities on the legislative front in Washington, D.C., was presented (and appears in condensed form elsewhere in *The Bulletin*) by Washington Office Director Harold Edwards who said "I have learned much in the last year and a half about what goes on in our capitol city, and I've learned too that the men responsible for our laws really appreciate being briefed on matters of interest to us.

"Tremendous pressures are put on congressmen and senators in considering important legislation. This is especially true in the area of food additives . . . The Kefauver hearings will go far in providing us with information as to the relationship between some officials and people in industry."

Mr. Edwards described Dr. Barbara Moulton as "a godsend" and "potentially another Dr. Wiley." The matter of Dr. Henry Welch has not been settled, he added.

He views the Libonnati Bill as an important step toward compelling government agencies to investigate certain methods of cancer treatment.

The effect of the poultry inspection bill was nearly nullified by an attempt to permit the Secretary of Agriculture to set ahead the date of the final effectiveness of the bill. "We alerted two other organizations," he said, "and the move was killed."

He said it is important that funds appropriated by the Metcalf Bill to investigate effect of pesticides on wildlife be used as intended by Congress. Other legislation of interest to health-conscious citizens also was discussed briefly by the speaker.

Attorney Pratt Reports

Attorney Charles O. Pratt, general counsel for the Federation, traced briefly accomplishments to date and outlined legal, administrative, legislative and public relations activities of the past 18 months.

"Counsel studied and prepared articles for *The Bulletin* relating to matters of interest to healing art practitioners," he reported. "I can assure you that NHF is known now in Washington, and respected. It will take more years to win prestige, this cannot be accomplished overnight, but we're definitely making progress.

"One of my main jobs is to acquaint people with their rights. Much trouble could be avoided if people would only find out before they go ahead with a project, just what their rights are."

Mr. Pratt revealed the crucial role he played in eliminating a proposal aimed at requiring that vitamin products be dispensed in D.C. only by prescription. He was able to obtain deletion of such a clause from a proposed law despite opposition from the proprietor of two drug stores and one health food store there.

Among bills he worked with Mr. Edwards in supporting or opposing according to the organization's interest in each were these: Legislation concerning color additives; pharmaceutical control of vitamin sales; the so-called obscenity bill; the Libonnati cancer procedures bill; a proposed Department of Consumers Bill; poultry and meat inspection legislation; federal employees' chiropractors' act; expansion of the nutrition department of Public Health Service.

"You have a wonderful organization which fills a unique place," he declared. "It is of utmost importance to the nation's welfare that your work continue and grow. You perform a vital function—you must press forward without let-up."

Beard on Chemotherapy

Following showing of a dramatic film depicting surgery for lung cancer, Dr. Howard H. Beard of Fort Worth, Texas, lectured on "The Chemotherapy Approach to Cancer." Dr. Beard has written a book, "A New Approach to the Conquest of Cancer, Rheumatic and Heart Diseases"—(Pageant Press, Inc., New York, \$5.00), and his lecture sum-

marized the work of the late John Beard, M.D., who originated the "prophoblastic theory of malignancy." The work has been perpetuated by the John Beard Memorial Foundation, San Francisco, developers of an anti-cancer agent known as Laetrile, a substance which when effective suffocates the tumor.

"Malignancy, according to the trophoblastic theory, is caused by the disorganized and unchanneled growth of ectopic germ and trophoblast cells identical in chemistry and action to the trophoblast cells of early pregnancy," Dr. Beard says.

"In only these two situations (benign and malignant tumors) do the ectopic cells exist in the human body. In pregnancy, when the fetus has attained approximately two months' growth, its embryonic pancreas starts developing a substance called chymotrypsin which digests the wild trophoblast cells and canalizes them into the fetus.

"But some of the cells escape this canalization process and lodge in the growing fetus to erupt years later as cancer."

Dr. Beard has evolved a test he calls the anthrone test, to determine whether malignancy exists within the human body. Since a hormone known as chorionic gonadotrophin is excreted only by a pregnant woman or a person with malignancy, the anthrone test, which measures the chorionic gonadotrophin present in urine, indicates, according to Dr. Beard, months or years in advance of other types of clinical examination whether or not malignancy exists.

He maintains that treatment by chymotrypsin or Laetrile and betagluconidase stops tumor respiration, "and in an impressive number of cases leads to a definite recovery."

"In the more than 2,000 tests I have made, results have been 94.3 per cent correct in determining that malignancy existed," he said. "A doctor in the Philippines claims 100 per cent effectiveness with the test. The test will indicate positive six to eight months sooner than

will a biopsy. Since it is a metabolic test, it does not work in event the patient is dying—when the liver is completely gone.

"But there must be at least 50 per cent liver function to come through," he said. Injection of chymotrypsin, supplements pancreatic enzymes which destroy cancer, he said. He recommended "a normal protein diet every day," to keep up enzyme production. Protein sources he listed as meat, fish, eggs, cheese, milk in moderation. Amino acids for protein are more important than vitamins, he declared. These are available in vegetables as well as meat, he said.

Chicago Fluoridation Report

A first-hand report was given by Alice Schuringa on the classic court case in which a group of Chicago citizens, supported by people throughout the country, are endeavoring to strike a death-blow to fluoridation.

Mrs. Schuringa is plaintiff, along with others, in the case seeking an injunction to prohibit the city of Chicago from adding sodium fluoride to the water supply. To date more than 40 hearings have been held on the suit filed May 7, 1956, in Chicago's superior court. Hearings have been held before Master of Chancellery Mayer Goldberg, 33 North LaSalle Street, who will summarize the transcript for Judge Norman C. Barry.

Mrs. Schuringa heads Citizens Against Fluoridation, Inc., 6632 South Lowe Avenue, Chicago 21, and has been active not only in obtaining key witnesses to present the case against fluoridation, but in raising funds to pay attorneys, witnesses, and other costs. For her efforts in behalf of those throughout the nation opposing mass medication by adding fluoride to public drinking water, the National Health Federation awarded her the organization's Humanitarian Award in the form of a bronze plaque. It was presented to her by President Fred J. Hart during the Saturday evening banquet.

"We are told," Mrs. Schuringa reported at the convention, "that the city has finished its testimony. Opportunity

will be given each side to summarize, bring in whatever additional witnesses may be deemed necessary for rebuttal.

"This is the first time experts on both sides have testified and been cross-examined at length. I can tell you the case is extremely damning to the fluoridationists. This is a key case, it is making history if we can carry it through. The pro-fluoridationists have hoped we would run out of money and have to quit, but they finally learned we are determined to follow it through, thanks to you people, everywhere, who have made it possible by your financial assistance. It is still urgent that we get contributions, we must pay up bills if we are to continue."

Testimony in June included that of Dr. Andelman, newly appointed Commissioner of Health under Dr. Bundeson, and a statistician in charge of Chicago health records.

"He attempted to show that health conditions have improved in Chicago since the water was fluoridated," Mrs. Schuringa said. "Under cross examination it was revealed that many causes of death diagnosed by the attending doctor are not listed on the charts showing the four leading causes of death. And many doctors are not familiar with the effects of fluoride any more than is Dr. Andelman. No studies are being made, either on toxicological effects or on dental caries or fluorosis so this testimony showed how little they know about fluorosis."

One of the most significant developments in the entire case resulted when Dr. H. Trendley Dean, "father of fluoridation," was cross-examined by an arch foe of fluoridation, Dr. Frederick B. Exner, Seattle radiologist, who was brought to Chicago to aid Attorney Kirkpatrick Dilling with cross examination.

Dr. Exner was jubilant following the hearing, and has proclaimed that "the entire 'scientific basis' of water fluoridation was shattered" as a result of the questioning of Dr. Dean. No reporters were present, the testimony went unnoticed in the nation's press.

Dr. Dean was director of the National Institute of Dental Research from its founding in 1948 until 1953. He was secretary of the Council of Dental Research of American Dental Association from 1953 to 1959. From 1931 to 1953 he was in charge of dental fluorine research for Public Health Service and was officially responsible for the entire fluoridation program. He has testified twice before congressional committees, lectured extensively, and written about 100 articles and six or eight chapters in books on water-borne fluorine and dental health. From 1931 to 1938 his task was to determine how much fluorine might be permitted in a water supply. On the basis of his studies, Public Health Service in 1942 set 1.0 parts per million as the maximum tolerance for fluorine in a public water supply.

"The fluoride-dental caries hypothesis which led to the fluoridation experiments at Grand Rapids, Mich., Newburgh, N. Y., Brantford, Ont., and the claims that fluoridation is safe are based on studies by Dr. Dean and co-workers," said Dr. Exner.

"His May 13 testimony, revealed for the first time in public record the errors and fallacies in these basic studies. It confirms in detail the charges brought by leading opponents of fluoridation and my analysis as presented in my book, **The American Fluoridation Experiment.**

"There will be some mighty red faces in very high places when this testimony is published. Those who have accepted fluoridation on faith from the Public Health Service, and who have lent their names and prestige to its promotion, will have some tall explaining to do."

Charles Crecelius Speaks

"In Union There Is Strength," was the subject of an address by Charles Crecelius, Monrovia, Calif., active in NHF organizational work and responsible for bringing hundreds of new members into the organization.

Dr. Arthur Discusses Cancer

A surprise speaker was Thelma Ellis Arthur, D.O., Monrovia, Calif., who was introduced and spoke briefly on cancer.

"A question most frequently asked me is, 'what is cancer, its cause, can it be cured or prevented?' A revision of ideas motivating treatment suggested 20 years ago is called for," Dr. Arthur said. Few of the new ideas concerning the nature of cancer are being presented the public, and few of the new concepts find their way to the general practitioner.

"In my opinion the condition called cancer is a symptom of a metabolic abnormality, or an abnormal chemical state in a particular or all 20 of the body tissues."

Dr. Arthur said malignancies are found in plant life as well as in animal life. If hot-house mushrooms are exposed to diesel fumes 80 per cent will become malignant, she said. Radiation to plants causes tumor—a wound in the bark of white spruce results in tumor. In man, the gastro-intestinal tract is "one of the common sites of tumor," she stated.

Post Office Spokesman

Richard S. Farr, assistant general counsel in the post office department, spoke on "Fraud and Mailability." He traced the history of the 1872 Fraud Act enacted by congress to prevent use of mails to mulct the public.

"It is not our desire or function to act as an arbiter for different schools of the healing art," Mr. Farr said. "When a fraud order is issued, we must prove intent to deceive, although the courts have enabled us to infer intent in some cases. But the way to avoid trouble is to be literally truthful in making claims. Outright false claims, gross exaggerations or overstated claims must be avoided. Fraud may be commissive or omissive. In practical application, we first write a firm suggesting they voluntarily desist making false claims. If this doesn't halt the violation, further steps are taken. The final move, of course, is to forbid use of the mails pending determination of the case in court."

(To be continued next issue.)

Senate OKs Color Additives Bill, Send it to White House

WASHINGTON.—The House-passed tough color additive bill (S. 2197) with an anti-cancer clause received final Senate approval and was sent to the White House.

There was no Senate debate and approval came swiftly for this bill which the House had accepted earlier last week. The House actually approved its own bill, H.R. 7624, and then substituted the Senate number, S. 2197, so that the Senate approval would be the final action.

Rep. Lee Allen (R., Ill.) was the only House member, during floor debate, to challenge the anti-cancer clause, which he termed unnecessary and restrictive.

Rep. Leonor K. Sullivan (D., Mo.) complained the bill was too weak and represented "a special interest bill to bail out the cosmetics and margarine and bakery, frozen food and ice cream and other industries which use artificial coloring strictly for product eye appeal."

She also protested that the House Interstate Commerce Committee failed to act on the request of the Health, Education and Welfare Department for a clause in the color additives bill that would eliminate the "grandfather" provision in the Food Additives Law.

Under this provision, if a food additive is to be banned under the anti-cancer provisions of the Food Additive Law, it can be banned only for new applicants and not for those firms which previously had permission under the Food, Drug and Cosmetic Law to use such additives.

The color additives bill approved by the House includes an appeals procedure so any bans on color additives on the basis of their being unsafe under the anti-cancer clause can be appealed and reviewed by a specific scientific commission.

(Editor's Note: The Delaney Anti-Cancer Clause was kept in the Bill, but the measure as passed is so watered down we must amend it at the next session. We have a job to do.)

Metropolitan N. Y. Chapter of N.H.F. Means Business

In the Sherry Room of the Hotel Woodstock, at 127 West 43rd Street, New York City, New York, on January 29, 1960, Mr. Fred J. Hart, President of the National Health Federation, addressed a gathering of members and friends and urged that there be formed a New York Chapter which would include outlying areas of New York City and parts of New Jersey and Connecticut.

At that meeting there assembled a group of individuals who became the nucleus of the new Chapter. The first meeting of this group was held on February 16, 1960, and thereafter meetings were held on the average of twice a month. Work on the by-laws was commenced immediately. It was unanimously decided to call the New York Chapter the "Metropolitan New York Chapter of the National Health Federation," and an office address was located at 342 Madison Avenue, Room 909, New York 17, New York. The following officers were elected to serve until the annual meeting in November, 1960:

Mr. A. W. Landry, President
Mrs. Marie Cavan, Vice President
Mr. Hans Bamberg, Treasurer
Miss Marilyn E. Johnson, Recording Secretary
Mrs. Natalie Sandell, Corresponding Secretary
Mr. Edward Dilday, State Representative, Board of Governors, NHF
The following persons were appointed to serve on the following committees:
Membership and Organizational Committee—Mr. E. F. Woodhull, Mrs. Ferne Woodhull.
Program Committee—Mr. Robert Sandell, Mrs. Natalie Sandell, Mr. M. J. Martin.
Legislative Committee—Mr. E. R. Anderson.
Education Committee—Mr. A. W. Landry, Mr. Edward Dilday.
Nominating Committee—Mrs. Harry Baer, Mr. George Simpson.

These officers and committee members were elected on motion being duly made, seconded and carried.

It was a well organized, well by-lawed Chapter that hosted members and friends on July 18, 1960, in the Sherry Room of the Hotel Woodstock. The presentation of the Charter by Mr. Fred J. Hart, President of the National Health Federation, was the highlight of the evening. Additional honor was bestowed when Mr. Hart announced that the New York Chapter was the first to be chartered with an official document. As guest speaker, Mr. Hart spoke of the effectiveness of the Washington office and the letters, petitions and testimony of members of the Federation in influencing legislation.

(Editor's Note: These folks mean business and intend to do a real job.)

Hail to "Useless" Appendix, Dr. Says it Guards Infection

PASADENA, Calif.—Lost your appendix?

The time may come when you wish you had it back, research at the California Institute of Technology indicated.

The appendix, long considered a useless organ, may play an important role in the body's defense against infections, said immunologist Dieter Sussdorf.

It may also help protect these body defenses from damage by radiation such as X-rays or the rays given off in a nuclear explosion.

Dr. Sussdorf said the appendix has been found to be rich in lymphoid cells that are capable of producing disease fighting antibodies.

Paralysis of the body's mechanism for making antibodies is a major cause of radiation deaths. With no antibodies to stop them, ever-present germs can invade the body uncontrolled and the victim dies of infection.

Dr. Sussdorf's research with rabbits, sponsored by the Atomic Energy Commission, shows that it is not necessary to shield the whole body from radiation to save the defense mechanism. Shield-

ing only certain organs, such as the spleen and the appendix can do it.

Shielding only the spleen, another lymphoid-rich organ just below the stomach, helped somewhat—but shielding the appendix alone gave much greater protection.

Dr. Sussdorf concluded that the lymphoid cells in the shielded appendix migrated through the blood stream to the spleen and there repopulated the radiation-damaged spleen with fresh antibody-producing cells.

"The results suggest a practical application to therapy requiring high doses of total body radiation, such as in leukemia and certain other forms of cancer," commented Dr. Dan H. Campbell, Caltech professor of immunochemistry.

"Selectively shielding small areas such as the appendix and spleen could minimize the dangers of infection after such irradiation."—The Miami Herald, July 17, 1960.

Tapes and Records Available

The National Health Federation—in cooperation with Merle Enterprises, Box 145, Lombard, Illinois—now has available tapes and recordings of all speeches given at NHF convention during the past two years. These are for sale at prices not to exceed \$4.00.

Catalogues have been prepared—listing speakers, subjects, and prices. For further information, write direct to Merle Enterprises. All talks and speeches are by men who are the best in their field. If you are interested in the way to better health, we suggest that you avail yourself of this service. When you have finished with the tape or record, you can lend it to other groups interested in health.

When you feel dog tired at night it may be because you growled all day.

They Fought Our Battle

We should take our hats off to the valiant folks who fought fluoridation to a standstill in the Oakland, California and East Bay areas. The victory was complete. This was a fight which—had it been unsuccessful—would have meant that most of the larger cities in the U. S. would fluoridate the water supply and America would have mass medication with all its attendant evils.

These good folks went all out and so did their funds. They are about \$3,700.00 in the red—money that must be paid. If you appreciate this noble fight on your behalf and can afford it, send in a contribution to help pay off this debt. Send your donations direct to Mrs. Anna Cuneo, Treasurer, Safe Water Committee, 454 Wesley Avenue, Oakland, Calif.

Our Hat is Off to Marin County, California

The proponents of water fluoridation in this County were very, very vicious in their attacks on those who opposed

putting poison in the drinking water in that County. In spite of abuse and heavy odds, our valiant fighters succeeded in defeating the fluoridation ordinance. True, they won by only a slight margin but they won. They are over \$1,000.00 in debt, and it looks now as if they will have to do the fight all over again in November of this year. We must all get into this fight. Those who believe in liberty and are opposed to mass medication should send contributions—as they can afford it—to help pay the past bills to the end that our dedicated anti-fluoridation fighters may enter the new contest with a clean slate financially. Send contributions to Marine Pure Water, Inc., P.O. Box 246, Fairfax, California. No contribution can be too small, and none can be too large.

Be sure your brain is in Gear, before releasing the Clutch on your Tongue.

Washington Report

(Continued from Page 6)

HOSPITAL DISCRIMINATION BILL. A major effort throughout the 86th Congress has been devoted to this bill that would deny tax exemptions to hospitals that discriminate in their privileges between different medical doctors. Some headway has been made but congressmen are calling for more complete and detailed information which will require extensive research. This we are proceeding to do. We need the aid of members in developing information files.

HEALTH FUNDS BILL. Much time and effort has gone into the objectives of this legislation that would deny tax exemptions to health fund collection agencies and would eliminate questionable and vague financial reports by the agencies. Congressmen have been under the impression that Internal Revenue regulations are ample for control of the matter. We are proceeding to do the enormous amount of research required for benefit of Congressmen.

BILL TO EXPAND FEDERAL DEPARTMENT OF NUTRITION. Work is proceeding with Congressmen to develop legislation on this vital subject.

FOOD AND DRUG DEPARTMENT INVESTIGATION. We are working closely with our Washington Counsel and various members of Congress toward a well-conceived, well-planned and constructive bill on resolution that can open up this matter of Food and Drug bias and of favoritism to different lines and sizes of business.

FOOD ADDITIVE & FLUORIDATION BILLS. Work has been underway for some time to revise and realign these two bills with interested Congressmen preparatory to changed prospects for next Congress.

THE FUTURE PROGRAM

Based on present outlook and expanding knowledge gained by experience with the 86th Congress we can offer Federation members firm assurances for promising developments in the following important fields:

1—A more workable food additive bill. An improved fluoridation bill.

2—Action directed at long-delayed investigation of Food & Drug practices.

3—A mental health bill that can start moving forward in Congress.

4—Continued improvement in controls of indiscriminate Pesticide Spraying.

5—Correction of biased Post Office mail fraud practices.

6—Effectively utilize long-delayed hearings on government cancer policies.

7—Alert wide support in opposition to the threat of International medical research, and its grab for money and power.

8—Devote time and study to the proposed Department of Consumers.

9—Continue cooperative work with Chiropractic Assn. representatives for Federal recognition that Chiropractic is a first class healing art.

10—Utilize friendly working arrangement with Congress on Air Pollution.

11—Continue to work with Wildlife groups for better pesticide control legislation for humans as well as animals.

12—Continue to increase efforts for improvement of inadequate regulation of pesticides on raw produce.

13—Combine Federation resources and prestige with other groups demanding proof of safety for Stilbestrol used in poultry and animal husbandry.

14—Continue efforts to alert nation regarding enormous increase in organized grab of government medical research funds to build a Public Health Service medical bureaucracy, both national and international.

15—Continue to keep Federation in touch with all government health programs such as: Youth Fitness, the Aged and Aging, Children and Youth.

16—Expand our efforts for Federal Trade Commission recognition of non-medical business and professional problems.

17—Continue to widen and consolidate our friendly and effective working arrangements with Congressmen, their staffs, committee staffs, and principal government departments.

Family Circle

(Continued from Page 11)

Federation. We feel that a good start has been made and that by this time next year we will have a strong Connecticut State Federation. New York Chapter has offered to help. While in Connecticut, we were the guests of Dr. and Mrs. Warmbrand and Mr. and Mrs. W. H. Hadley. They are very wonderful folks.

Health Food Stores and Vitamin Distributors

All health food stores, vitamin and nutritional distributors and manufacturers should not only belong to the Federation but should urge their customers to join. Read the report of Charles Pratt, our General Counsel, and you will see why. Call this item to the attention of your health or nutritional food store. Those who sell you chemically poisoned foods are united, so we who want pure food and good health must unite.

For Your Consideration

Membership in this organization is open to all residents of the United States of America, except those who believe in, or profess to believe in, the overthrow of the Government of the United States of America by any means, forceful or otherwise.

The above is the essence of an amendment the Metropolitan New York Chapter of the National Health Federation has added to its by-laws. This was done to prevent infiltration of N.H.F. by subversives, etc. It is worthy of consideration by all chapters of N.H.F.

We Have Come of Age

NHF has now developed to a place where we must make our program more and more constructive and attractive. I mean by this that we must put more and more effort into promoting our program which is constructive, while at the same time resist those things which are detrimental. When NHF was organ-

ized, things in a health way were so bad a great deal of our effort was needed to call attention to the things that were wrong in the world healthwise. We have done a good job but now the Board feels we should emphasize the Positive. The aims and objectives of the Federation are wonderful, and we must tell the folks about them. In making progress toward our goal, the Negative no doubt will raise its head—again and again. When it does, we will have to neutralize it or move it out of the way, but we must not allow ourselves to become so involved that we lose sight of our objectives. So, from here on out, the emphasis will be on the Positive.

"WE COULD WRECK THE PYRAMIDS!" is the slogan of a well known demolishing company and doubtless they could. But, could they BUILD A PYRAMID? That's the question! A child with a knife can destroy a valuable painting, but it takes an artist to produce a masterpiece. One person could wreck our Federation. But, could they build it, or keep it going? We have now reached the stage of growth where we must keep this thought always before us.

TOUCH OF HUMOR

A young mother, after putting her two children to bed, changed into a droopy blouse and an old pair of slacks and proceeded to shampoo her hair. All during the shampoo she could hear the children growing wilder and noisier. Finishing as hurriedly as possible, she wrapped a large towel around her head, stormed into their room and put them back to bed with the stern warning to stay there. As she left the room, she heard her two-year-old say to his sister in a trembling voice: "Who was that?"

FOOD FOR THOUGHT

"Our lives are God's gift to us, what we do with them is our gift to God."

"Sin first deceives, then defiles, then deadens."

"Seven days without prayer makes one weak."

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Bulletin

Mark your calendar. All members west of the Great Divide should underline December 31, January 1 and January 2. These are the dates of the sixth annual convention of the National Health Federation to be held at Los Angeles, California. Those who attended last year's convention say it was the best they had ever attended. **WELL**—the best is yet to come! We intend to make this convention so outstanding it will be a landmark in the history of the Federation. These dates make a long week-end, so bring the family and friends. Learn to live and enjoy life. This will be a New Year's celebration you will long remember. There will be a Bazaar—start making something now to donate. Maybe you have some item of value you no longer need; hunt it up. Send all donated items to Bonnie Rainey, 8723 E. Artesia Blvd., Bellflower, California.

Californians Attention: We suggest, if you are health-minded, you send to the Division of Industrial Spraying, Sacramento, Calif., and request they send you their latest bulletin on "Crop Spraying." The contents supports our side of the case. Heavy orders for this important bulletin will impress upon them the large public concern and interest in this important matter. We understand the Bulletin is free.