

# National Health Federation



Site of Our Washington Office

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## AMERICANS CRUSADING FOR HEALTH LIBERTY

Volume VI — Numbers 11-12      Nov.-Dec., 1960

# BULLETIN

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Every dollar received will go into the treasury of the Federation. William Kulgren of Atascadero, California, is donating the proceeds to the Federation.

## HEALTH FOOD DISTRIBUTORS ATTENTION

EXHIBIT BOOTHS FOR THE NATIONAL HEALTH FEDERATION GREAT 3-DAY CONVENTION IN LOS ANGELES, CALIFORNIA, ON DECEMBER 31 TO JANUARY 1 AND 2 ... ARE GOING FAST.

*Last Year's Convention was the Greatest.*

**THIS YEAR'S WILL BE BIGGER AND BETTER!**

Write at once for information to

**CHARLES CRECELIUS**

142 East Altern, Monrovia, California

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NATIONAL HEALTH FEDERATION BULLETIN

*The*

## NATIONAL HEALTH FEDERATION

VOLUME VI

**BULLETIN**

Nov. - Dec.

NUMBERS 11-12

*Adventures on Health Frontiers*

1960

*Published Monthly*

## *The Family Circle*

By FRED J. HART

The National Health Federation will celebrate its sixth birthday on December 31st, Jan. 1st and 2nd, at the Embassy Auditorium, Ninth and Grand Ave., Los Angeles, California. And what a celebration that will be. See other pages in this issue for details. Plan now to attend—you will not regret it. Facts, Fellowship and Fun will be the order of the day. The speakers are all experts in their respective fields and to most of our delegates will be new faces.

### A HUSKY

Six years is a short period of time, yet because of your fine cooperation your organization has grown, in that short period, until today it is the largest general health organization in the United States, and the only one devoted to serving as the voice of the people in the field of health freedom and protection. Its Washington office has not only become a center of activity concerning national health matters, but is rapidly coming to be looked upon by legislators and governmental employees as the voice of the people in all matters relating to health.

This places the Federation in a position of grave responsibility, which means we as members must redouble our efforts to get new members and finances, to the end sufficient help may be employed to do the job as it should be done.

### N.H.F. INFLUENCE BEING FELT

Six years of educational work by your National Health Federation coupled with that of hundreds of other small health minded groups and individuals scattered throughout the nation has resulted in a new national mental attitude toward health matters and the approach to disease problems. A new attitude by newspapers and national magazines. A new attitude by members of Congress. A new attitude by governmental employees and men and women in high places.

It is true these attitudes are mild, as of today, but the trend is there and we of the National Health Federation must continue to focus the voice and power of the people in the right direction and toward the right objectives at the proper time, that this apparent trend may reach such proportion, as to push aside all that hinders true approaches and solutions to the nation's health problems, as well as those who would take away the individuals' right to control of his or her own body and soul in matters relative to health, be they physical or spiritual.

Are you not proud to be a part of this accomplishment? We are proud of what you have done and are very happy to have been associated with you in this great Crusade. We invite you to join with us in a redoubling of effort to make the year 1961 a really great year of vic-

(Continued next page)

NOV. - DEC., 1960

## THE FAMILY CIRCLE

(Continued from Page 3)

tory in all matters relating to health and health freedom.

### VANCOUVER, B.C. HEALTH FEDERATION CHAPTER

Your Federation has a number of active chapters in Canada. One of the most active is the Vancouver chapter. Each month they send a message on one or two subjects to city and legislative leaders. These messages are not too long and coming at regular intervals are bound to have a beneficial effect on the minds and actions of those who receive them. This is such a good idea I pass it on to you, as individuals and as chapters of N.H.F.

One of their messages was introduced with the following: See Page 12.

## We Visit So. Calif. Chapters

**SAN DIEGO KNOWS HOW.** It was our pleasure to spend five days in Southern California this past month. In San Diego we met with over 100 members of the San Diego County Chapter. This live Chapter of the Federation is driving to have 1,000 members and they are now close to the half way mark. Each month they publish a 12 page booklet and support it with local advertising. In addition to this, they operate a health book department, put on special dinners, hold rummage sales and bazaars, the proceeds of which are sent to the National Office, for the support of the work of the Federation.

**ORANGE COUNTY CHALLENGES SAN DIEGO.** At Anaheim in Orange County we met with the Orange County Chapter of the Federation, which under the capable leadership of June Weaver is making great strides. This County Federation has also set a goal of 1,000 members and is in a race with San Diego County. A rummage sale is being planned for the benefit of the National Federation work.

**RIVERSIDE ORGANIZES.** In Riverside we met with an enthusiastic group

of citizens and launched the formation of a Riverside County Health Federation. The Riverside group means business and in January we, at their invitation will visit them, at which time they say they will have a real live Federation actively at work. We believe them, as they have very capable leadership.

**FIVE CHAPTERS IN THE MAKING.** At Ontario, in San Bernardino County, we met with a large group of citizens who represented surrounding communities as well as Ontario. The result of this meeting was the setting up of organizational groups in four surrounding cities, as well as Ontario. Charles Crecelius, Chairman of the Board of Governors of the Southern California Health Federation is meeting with these groups, as this item is being written and he has promised us that come January, there will be active Chapters in each of these cities.

**TWO MORE CHAPTERS UNDER WAY.** At Alhambra, we met with a small group, but the meeting resulted in the setting up of an organizational committee for Alhambra and for the adjoining city of Arcadia. Charles is also working with this group and we are confident by the time of the annual meeting and convention, both of these cities will have active chapters.

And so, the National Health Federation grows and grows, all because of the fine cooperation of you folks, who have worked and prayed and given of your time and funds, that coming generations may have health and freedom. We count it a great privilege to be associated with you.

## Texas Here We Come

Harold Edwards reports he had an enjoyable visit with N.H.F. members and others in Fort Worth and Dallas. As a result of that visit, it is his feeling we will soon have an active Chapter of N.H.F. in each of these two cities. When such materializes, we will have enough chapters in Texas to form a State Federation.

# Circuit Judge Rules Water Treating Ordinance Is Unconstitutional

Circuit Judge Douglas L. C. Jones ruled at Clayton, Missouri, that an ordinance providing for fluoridation of St. Louis County's water supply is "invalid and unconstitutional." Judge Jones' ruling was in favor of plaintiffs in an injunction suit filed by eight residents of the county to bar water fluoridation. The ordinance, passed by the County Council in June 1959 over the veto of County Supervisor James H. J. McNary, ordered the St. Louis County Water Company to fluoridate the county water supply.

Named as defendants in the suit were members of the County Council, the County Clerk and the County Health Department. The water company was also named in the original suit, but Judge Jones sustained a motion to dismiss the company as a defendant. The company had not fluoridated the water, awaiting the outcome of the litigation.

### "Invades Liberty"

Judge Jones termed the ordinance "an unwarranted and unjustified invasion of the liberty as guaranteed the plaintiffs and others under the United States Constitution." He said the ordinance is also a violation of the Missouri State Constitution.

County Counselor William E. Gallagher said he feels certain the county will appeal Judge Jones' ruling to the Missouri Supreme Court.

The ruling stated, "Although much evidence was adduced by both sides on the advisability of fluoridating water, the court is of the opinion that the only questions to be determined by this court are those of purely legal and constitutional origin."

Judge Jones stated that evidence was introduced that some of the plaintiffs live in incorporated areas of the county which are not governed or controlled by the County Council.

"The court holds that the ordinance is void and unconstitutional, in that it attempts to fluoridate the entire water system when some residents and users

of the water have had no opportunity to vote upon the fluoridation measure," he said.

He said some residents would be compelled to drink and pay for "treated" water, and thus be compelled to take treatments from their only source of water.

"The plaintiffs are deprived of the liberty of deciding whether they want to apply fluorine to their teeth for the purpose of preventing tooth decay," he ruled.

### No Health Issue

Judge Jones stated that, "while tooth decay may be termed a "disease," it is not contagious in any way and in no way endangers the public health, in the sense that its existence in the teeth of one individual might adversely affect personal health of another individual.

"If fluorine is the key to dental health and, as the evidence shows, fluorides are readily available to all who desire them, it appears that through proper education and persuasion, the people would accept application of fluoride and would not have to be compelled to be subjected en masse to fluoride."

Fluoridation, a chemical process designed to cut tooth decay, especially in children, has long been a controversial subject in the county. St. Louis residents have been drinking fluoridated water since 1955.

Sorry, lack of space in this issue makes it necessary to hold until the next issue the last one-half of the report on the Toledo Convention. Our Bulletin needs to have at least 16 more pages. We are looking for a solution to this problem.

## FOOD FOR THOUGHT

October 6, 1960

To The Editor  
Beaver County Times,  
Aliquippa, Pa.:

Your recent article disclosing the active opposition of the Mathesius family, to compulsory vaccination law in Pennsylvania, might profitably be carried forward on a public forum basis.

Many of your readers should be interested to discover that no one has ever seen an antibody, the presumed little health supervisors within the human anatomy. And it is upon this fanciful presumption that the entire vaccination theory rests.

Mrs. Mathesius could have been right when she stated her belief "that smallpox epidemics were a result of poor sanitation conditions and when these improved the epidemics subsided". The incidence of that disease did drop to almost nothing since the year 1920, and that was the pivotal year with the great upsurge of sanitation and better nutrition control in America.

In the history of sanitation we have experienced a sharp increase in home bathrooms, improved home heating and ventilating, along with vastly better beds and bedding which have all but eliminated the bed-bug carrier of the ancient ailment of smallpox.

With reference to nutrition there has been noted an enormous increase in year-around availability of fresh fruits and vegetables, effectively guarded by modern refrigeration, along with a correspondingly lower intake of the acid forming foods—starches, fats, sugars—noting 1920 as the line of demarcation.

Figures from U.S. Vital Statistics are found to bear this out.

It should be borne in mind that no official agency has ever made a survey to determine the cause of smallpox, nor the actual worth of the remedy. All that is known is that the incidence of the ailment has steadily nosedived downward to almost nothing over the years since 1920, and that so many millions of

infants and children have been treated with a pus product from diseased animals. Nothing is officially known as to the many possible symptoms that can originate from the vaccination process, and no official agency seems concerned with the many potential dangers from this scientifically unproven procedure.

It is on such a flimsy and questionable presumption that the State decided to compel the introduction of "septic matter" into the inviolate bodies of infants and young children.

Would it not be timely for the editor to institute a forum for public expression to explore the possibility that injustice may have been done here, where no freedom of choice or freedom of conscience is allowed an intelligent parent?

The least the great State of Pennsylvania might do is follow the example of its neighboring State of Ohio and write a law that leaves the matter to the discretion, the conscience, and the judgment of the mother and father.

HAROLD EDWARDS, Director  
Washington Office  
National Health Federation

## The East Bay Thanks You

Marin County Thanks You and We Thank you, for the donations you made to help pay the bills which resulted from the good work these folks did in defeating Fluoridation. The debts are partly paid, so if any member, who has not contributed, desires to have a part in this battle, which ended in victory for all folks who do not want to be slowly poisoned, the opportunity is still open. Send contributions to: For the East Bay, Mrs. Anna Cuneo, 454 Wesley Ave., Oakland, and for Marin County: Marin Pure Water, Inc., P.O. Box 246, Fairfax, Calif.

## Naturopathic Lecture

On December 11th at 3480 Lake Shore Drive, Chicago, Dr. Jos. Liss, N.D.D.C., will lecture on the subject of "Naturopathic Concept of Cancer, Polio and Heart Disease. The public is invited.

NATIONAL HEALTH FEDERATION BULLETIN

## With N.H.F. Washington Counsel

By CHARLES ORLANDO PRATT, 1012 - 14th Street, Washington, D.C.

**Dietary Food Supplement Transported in Car by Purchaser from State of Purchase to Home of Purchaser in Another State.**

At the request of the President of the National Health Federation your Washington Counsel, on short notice, flew to St. Louis, Missouri, to help a member of NHF to present his side and defense in connection with a hearing being conducted by the Federal Food and Drug Administration regional inspector of Food and Drugs.

The charges consisted of five counts of misbranding for failure to label the product with adequate direction for the use for which intended.

The proper or legal use of the food supplement under the Federal Food, Drug and Cosmetic Act is only to supply food supplementation to help to balance the diet and to overcome the deficiency in intake for which the product is recommended for use.

This product, made principally from herbs, is a food product—not a drug product. However, therapeutic claims were implied that the product would diagnose, prevent, mitigate or cure specific diseases which were mentioned in an article appearing in a National Health Magazine.

The article in the National Health Magazine described several cases in which users of the product claimed that the food supplement prevented, mitigated or cured serious diseases.

Prospective purchasers of the product read the magazine article and decided to purchase the product to help them cure their specific diseases.

The magazine article referring to the therapeutic values of the product and the said magazine being closely associated with the product, under the Federal Food, Drug and Cosmetic Act, constituted therapeutic claims for the product which made it a drug product under the said Act.

**Interstate Commerce of the Product Which Constituted Federal Jurisdiction**

Several people from a midwestern state read the magazine article and decided to drive in their car to another state to purchase the product and to learn about its therapeutic values. The manufacturer of the product sold the people several bottles of the food supplement for themselves and for others. He or his men loaded the product in the car bearing out-of-state auto licenses, which license he saw; and in fact, that he knew by correspondence, came from out-of-state. This knowledge, coupled with the fact that the product was, in fact, transported to another state, constituted interstate commerce on the ground that the manufacturer held the product in this instance for introduction in interstate commerce.

## \$50,000.00 Fine Possible

The alleged violations, if proved, would constitute the second criminal conviction of the manufacturer and he personally would be subject to a maximum fine of \$50,000.00 and a prison sentence of six years in a federal penitentiary.

At the hearing, the very capable local attorney and your Washington counsel presented substantial mitigating circumstances, ignorance of the implications of the magazine article, his innocence of the criminal aspects, his complete lack of false or misleading intent to violate the law, his acts and steps to correct the situation, his improvement of his label to comply with the Federal Food and Drug laws, and his determination not to associate the magazine article with the product, and his prior approval of the product by the Federal Food and Drug Administration as a food supplement bearing the label changes suggested by that administration when the label was reviewed.

(Continued next page)

### Case Probably Will Be Presented to the U. S. District Court for Trial

Your Washington counsel believes the government will find it necessary under the law to send the case to the U. S. Attorney General for forwarding to the U. S. Attorney for prosecution—BUT, all of the mitigating circumstances and facts will be sent also on behalf of the defendant.

National Health Federation has helped tremendously to defend the member of NHF who manufactured and sold the food supplement. Your Washington counsel believes that the maximum fine for a second criminal offense and the maximum sentence will be materially reduced, provided the member will comply with all the requests of the inspector and with the letter and intent of the Federal Food and Drug laws; and provided he keeps the promises of compliance set forth at the hearing by his local attorney and your Washington counsel.

The National Health Federation can be justly proud of its efforts to help the member of NHF and the cause of proper use of food supplements for a better balanced diet and improved health.

Further consultations will be held by your Washington counsel and officials of the Federal Food and Drug Administration in Washington, D.C., for the purpose of cooperation with the FDA officials with the hope of mitigating the criminal charges on the ground that the public interest has been served by the St. Louis hearing and the attendant lessons learned there.

Your Washington counsel will make a further report on this case in the future, which may be as long as a year from now.

### Food and Drug Inspector Cooperated With Defendant's Counsel at the St. Louis Hearing

The Federal Food and Drug Administration officials in Washington familiar with the case and the inspector in St. Louis holding the hearing cooperated in every proper and legitimate way with your Washington counsel.

The St. Louis inspector dictated a very fair and honest report of the arguments and facts presented by the defendant's local attorney and your Washington counsel, which report will be sent to Washington for consideration.

### Warning! Do Not Discuss Specific Diseases When Selling a Product

The manufacturer, distributor or seller of a food, a food supplement or food tonic should not discuss specific diseases with the prospective purchasers if such discussion could imply that the product will diagnose, prevent, mitigate or cure the diseases discussed. Such discussion makes the product a drug product under Federal and State Food and Drug laws, based on such therapeutic claims.

Your President and Washington counsel were pleased at the government's giving the member of NHF a chance to appear at the St. Louis hearing to show cause why he should not be criminally prosecuted and to show mitigation facts and circumstances which could reduce the severity of the charges and the penalties based thereon.

## A Real American Newspaper

REGISTER October 12, 1960  
Santa Ana, California

Attention: Mr. Hoiles, owner.  
Mr. Wilkinson, editor.

Gentlemen:

On behalf of the members of the National Health Federation, I want to express appreciation to you both for publishing in your September 8th edition the excellent article by L. S. Sanderson which explains truthfully the activities of the National Health Federation.

The people of Orange County are to be congratulated upon having a real newspaper—a paper willing to give both sides to a question. Unfortunately, such newspapers are scarce in the United States.

With all good wishes,  
I am, sincerely yours,  
FRED J. HART,  
President  
National Health Federation

NATIONAL HEALTH FEDERATION BULLETIN

## Expert Says Some Antibiotics Are Perilous

WASHINGTON, Sept. 12 (UPI) — Dr. Maxwell Finland of Harvard Medical School said today that United States drug companies have put antibiotic combinations on the market which are both potentially and actually dangerous.

He recommended to Senate investigators that a panel of "honest, imperial" experts be set up to evaluate all new drugs before they are released to the public if the drug industry does not want to support such a study, he said, then the government should organize and finance it.

Finland, who is also chief physician at Boston City Hospital, told the Senate anti-trust and monopoly subcommittee that there are more than 100 antibiotic combinations on the market.

He said they are doing little but encouraging "shotgun therapy" by doctors.

Declaring it was "doubtful" if any of the combinations could be justified, he said that they fail to give the best treatment and even result in more resistant germs. This especially includes the dreaded staphylococci, he added.

The doctor said he was "discouraged and disturbed that these combinations continue to be prescribed by physicians in spite of repeated warnings of their potential and actual dangers by most of the leading workers in this field."

He said that patients generally should be treated with one effective antibiotic rather than multiple antibiotics which include some "inferior properties."

"Since none of the available combinations has clearly shown any advantage over the proper use of the more effective constituent alone, the patient is unnecessarily exposed to the risk of toxic reactions to the other component of the mixture," he said.

Finland told the subcommittee that the council of drugs of the American Medical Association (AMA) used to test new medicines. But then, he said, they became "sissy or scared" and gave it up.

Finland also spoke out against the use of chloromycetin for such ailments as the common cold, undiagnosed fever, gout, eczema and iron deficiency anemia.

He said that the AMA's council on drugs has warned doctors about some of the "serious blood disorders which have been attributed to this antibiotic" and cautioned against its use for minor ills.

Finland said that Parke, Davis & Co., sole manufacturers of chloromycetin, also has repeatedly advised against chloromycetin being prescribed "indiscriminately," especially for prolonged treatment without adequate blood studies.—Seattle Post-Intelligencer, Sept. 13, 1960.

## X-Ray Shoe Fitter Ban

WASHINGTON, August 18, 1960 — Twenty-four States have banned the use of X-ray fluoroscopes for fitting shoes and ten others have put such machines under tight regulation in the past three years, Surgeon General Leroy E. Burney reported.

Twenty-three States have developed legislation to guard the public against radiation hazards. Many others are considering such laws, he said. (Use of the machines is regulated in California.)

## Make Reservations Now

We suggest that you make your reservations now for the 6th annual meeting and convention of N.H.F., as New Year's is a busy time for hotels. If later you find you cannot attend, you can always cancel the reservation. Rates at the Hotel Embassy, which adjoins the Auditorium are from \$2.25 up per day. The address is 851 So. Grand Ave., Los Angeles. The Stillwell which is just across the street from the auditorium, also has very nice rooms and the rates are about the same. The address, 838 So. Grand Avenue.

# NHF SIXTH ANNUAL CONVENTION

Embassy Auditorium, Grand Ave. and Ninth St., Los Angeles, Calif.

## FIRST DAY

Saturday, December 31st, 1960

8:00 to 12:00 A.M.	Registration
9:00 to 10:30	Roundtables: Mental Health, Jane Storm, Chairman. Fluoridation, Roby Day, Chairman. Organization, Fred J. Hart, Chairman. Chemotherapy, Dr. Thelma Arthur, Chairman. Organic Growing, Phil Arena, Chairman. Nutrition, Betty Morales, Chairman. Smog, Chairman to be chosen. Pesticides, Mrs. Laura Tallian, Chairman. Colon Therapy, Dr. E. Hugh Tuckey, Chairman. Legal Problems, Attorney Charles Orlando Pratt, Chairman.
10:30 to 11:00	Recess Invocation
11:00 to 11:30	Your Glands and You—Dr. E. Hugh Tuckey
11:30 to 11:45	Questions and Answers
11:45 to 1:00 P.M.	Recess

## Afternoon

1:00 to 1:45 P.M.	Polio Can Be Cured—Motion Pictures—Lou Young, Narrator
1:45 to 2:30	Needed Legislation—Assemblyman Ron Cameron of Whittier
2:30 to 3:00	Recess
3:00 to 3:30	N.H.F. Washington Report—Harold Edwards
3:30 to 3:45	Questions and Answers
3:45 to 4:15	Legal Report—Charles Orlando Pratt, N.H.F. General Counsel
4:15 to 4:30	Questions and Answers
4:30 to 4:45	Convention Business
4:45 to 7:00	Recess

## Evening

	Invocation
7:00 to 7:45	Natural Child Birth—Motion Picture in Color—Actual Births
7:45 to 8:45	We are trying for Congressman Delaney.
8:45 to 9:00	Questions and Answers

## NUTRITION AND ORGANIC FARMING DAY

Sunday, January 1st, 1961

9:00 to 10:30 A.M.	Roundtables: Mental Health, Jane Storm, Chairman. Fluoridation, Dr. Harold Burkhart, Chairman. Organization, Fred J. Hart, Chairman. Chemotherapy, Dr. Thelma Arthur, Chairman. Organic Growing, J. T. Clark, Chairman. Nutrition, Betty Morales, Chairman. Smog, Chairman to be chosen. Pesticides, Mrs. Laura Tallian, Chairman. Colon Therapy, Dr. E. Hugh Tuckey, Chairman. Legal Problems of Drugless Doctors, Charles Orlando Pratt from Washington, D.C., Chairman.
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10:30 to 11:00  
11:00 to 12:00

Recess  
Church Services

## Afternoon Session

1:00 to 1:45	Organic Growing—Big and Small. Chairman, Betty Morales. Presenting resume of 5 years' practical experience, assisted by Ethel Adler, field representative, and Maria Wilkes, the West Coast's leading Organiculturist and Landscape Consultant.
1:45 to 2:30	Organic Growing—Big and Small. Chairman, Betty Morales. Maria Wilkes, West's leading Organiculturist, to answer your questions. Practical help for all!
2:30 to 3:00	Recess
3:00 to 3:30	Good Soil, Good Food, Good Health—LeRoy Miller of Michigan
3:30 to 3:45	Questions and Answers
3:45 to 4:15	Nutrition—Dr. G. Roy Lockwood, Sioux City, Iowa.
4:15 to 4:45	Questions and Answers
4:45 to 5:00	Convention Business

## Evening Session

7:00 to 7:45	How to Make Good Soil—Illustrated—Phil Arena, Narrator
7:45 to 8:45	Nutrition in Relation to Physical and Economic Health "The best speech we have ever heard at a convention—by V. Earl Irons of Boston, Mass.
8:45 to 9:00	Questions and Answers

## THIRD DAY

Monday, January 2nd, 1961

8:00 to 12:00	Registration
9:00 to 10:30 A.M.	Roundtables: Mental Health, Jane Storm, Chairman. Fluoridation, Roby Day, Chairman. Organization, Fred J. Hart, Chairman. Chemotherapy, Dr. Thelma Arthur, Chairman. Organic Growing, Will Kinney, Chairman. Nutrition, G. Roy Lockwood, Chairman. Smog, Chairman to be chosen. Pesticides, Mrs. Laura Tallian, Chairman. Colon Therapy, E. Hugh Tuckey, Chairman. Legal Problems of Health Food Stores, Attorney Charles Orlando Pratt from Washington, D.C., Chairman.
10:30 to 11:00	Recess Invocation
11:00 to 11:45	Honey—Its Place in Human Economy—by Andrew D. Kerr
1:00 to 1:45 P.M.	Hemo The Magician—Moving Picture in Color
1:45 to 2:15	California Mental Health Problem—by Thomas Sullivan
2:15 to 2:30	Questions and Answers
2:30 to 3:00	Recess
3:00 to 3:15	Dental Health—Dr. Vann
3:15 to 3:30	Fluoridation—Roby Day
3:30 to 3:45	Frederick Daugty Beck—Nothing Like It!
3:45 to 4:15	Affirmative Thinking for Constructive Action—by Dr. Jack Ensign Addington, D.D.
4:15 to 4:30	Convention Business Convention Adjourns

## Vancouver B.C. Branch National Health Federation

Headquarters: 709 Mission St.  
San Francisco 3, Calif.

### A Non-Profit Health Rights Organization

"The National Health Federation was founded a few years ago, for the purpose of providing the people of this continent with an organization to serve as their voice and to speak out in their defense for the protection and promotion of health freedoms.

The basic principle of the National Health Federation is that all people should be free to choose for themselves, what health measures they will follow, and that knowledge of all preventive and curative treatments should be equally and freely available to everyone.

The National Health Federation does not advocate or promote any particular treatment or cure. It does believe that greater stress should be laid on PREVENTIVE measures—through better nutrition—natural foods, organically produced, free from harmful sprays and chemical additives—and by healthier living conditions.

We encourage people to take a greater interest in their own health problems to offset the trend towards authoritarianism in health matters."

We think this is not only a very fine statement of the aims and purposes of the National Health Federation, but also a very practical way to introduce the subject matter being presented. It not only sets forth what the organization is, but it ties the local chapter in with a great American organization, and thus gives it added prestige. The term American, as used here, is used in its broad sense to include the American continent north of the Rio Grande.

When one door of happiness closes, another opens. But often we look so long at the closed door that we do not see the other which has been opened for us.—*Helen Keller.*

## Survey Reveals Americans Want Truth About Drugs

NEW YORK.—An overwhelming majority of Americans want fuller information about the prescriptions they pay for, this week's What America Thinks Poll shows.

It also shows that most Americans want the opportunity to buy drugs under their generic names as well as under their brand names.

Furthermore, it discloses a certain amount of distrust in doctors and pharmacists.

The question was based on recommendations to the Kefauver committee that a law require doctors list the generic names, as well as the brand names, of drugs in their prescriptions. It was: "Many prescription drugs are put out with and without brand labels. The brand label is usually higher priced. It has been suggested that a law provide that when a physician prescribes a brand name drug, he also give the generic name of the drug and that the druggist inform the buyer. Would you be for or against such a law?" The answer:

For .....	78.7
Against .....	13.2
Don't know .....	8.1

For the convenience of those who wish to incorporate into their will a bequest for unrestricted use in research and the general work of the National Health Federation.

*I give, devise, and bequeath to the National Health Federation, a corporation, located in San Francisco, California, the sum of \$..... (or property herein described) to be used by its Board of Governors, as they deem advisable for the benefit of said institution and its program.*

Should the donor desire to create a Memorial Fund, insert after "Property herein described," *the same to be known and designated as "the Memorial Fund."*

## "Go Slow on Pens and Needles"

Washington, Aug. 16. — Physicians often reach too quickly for their pens or needles, a prominent psychiatrist complained today.

Dr. Joost Meerloo, of Columbia University in New York, indicated physicians are relying too much on prescriptions and injections and too little on nature.

He said patients must share the blame for this.

"Often the patients tell the physician what to prescribe," Dr. Meerloo noted. "When no antibiotic is given for the common cold, the doctor is criticized and condemned—though the stuff does not work.

"The physician himself inadvertently indulges in the magic of prescription—no man with evil or depressive mood can pass him without the prescription of a miracle drug."

Dr. Meerloo pointed out nature takes care of a lot of ills—if given a chance—for every organism is equipped with "spontaneous regenerative forces."

However, he declared, doctors "give themselves very little opportunity to observe and evaluate" these "spontaneous healing forces in the patient."

Instead, the physicians are over-anxious "to do something and to interfere with processes we know so little about."

In the Journal, American Practitioner, Dr. Meerloo conceded "the magic exerted by chemical tests, the stethoscope, the x-ray machine and intestinal probing is enormous." And drugs also are valuable.

But, he cautioned, medicines can do harm as well as good. "Nowadays new chapters could be written on illnesses engendered by therapy."

Consequently, Dr. Meerloo insisted, drugs shouldn't be dispensed so freely.

Besides, he said, "People react almost as well to the magic symbol which arouses expectation of cure as to the

chemical formula." This is why "the old bread pills," doctors used to give, worked so well.

Thus, he stated, three or four out of every five persons can be relieved of pain by simply being given dummy pills.

Furthermore, Dr. Meerloo said, people with the jitters often show "marked improvement" if they are given fake pills but made to believe they are getting honest-to-goodness tranquilizers.

All this, the doctor contended, indicates physicians should be more willing to let nature take its course "without medical interference—provided no harm is done to the patient."

Editor's Note: All this adds up to "Give nature a chance and nature will reciprocate."

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## HOXSEY CLINIC CLOSED

WASHINGTON, Sept. 22.—The government said today that a federal court order has eliminated “the last remaining major source of the worthless and discredited Hoxsey cancer treatment.”

George P. Larrick, commissioner of the Food and Drug administration, named the source as the Taylor clinic at Dallas, Tex., operated by Dr. Harry R. Taylor.

Larrick noted that Taylor and two physicians on his staff have consented to a permanent injunction decree “which orders them to stop permanently the sale of medications comprising the Hoxsey cancer treatment.”

The Clinic is now closed and will not reopen.

**Editor's Note:** Whether or not Mr. Larrick and those associated with him in this action, acted through ignorance or malice, I know not, but I am sure each of them will have to account to his Creator for this deed, which deprives many wonderful people of a chance to regain health, when orthorox so-called methods have failed. Regardless of all that has been said against the Hoxsey treatment we are convinced from personal experience and observation the remedy brings help to many, when all else has failed.

Until such time as science knows what cancer is, how can anyone set himself up to say this or that remedy has no value, without a truly scientific research project having been conducted regarding the efficacy or lack of efficacy of the remedy? To our knowledge no such research has ever been made, by the government or any other scientific body, in connection with the Hoxsey remedy. The Food and Drug Administration's judgment in this matter must therefore be based entirely on hearsay. If it is not, then we challenge the Administration to publish the report of the scientific efficacy research project which supports its decision.

There's just one thing about rules for success—they do not work unless we do.

### STATEMENT REQUIRED BY THE ACT OF AUGUST 24, 1912, AS AMENDED BY THE ACTS OF MARCH 3, 1933, AND JULY 2, 1946 (Title 39, United States Code, Section 233) SHOWING THE OWNERSHIP, MANAGEMENT, AND CIRCULATION OF

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1. The names and addresses of the publisher, editor, managing editor, and business managers are:

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2. The owner is. (If owned by a corporation, its name and address must be stated and also immediately thereunder the names and addresses of stockholders owning or holding 1 percent or more of total amount of stock. If not owned by a corporation, the names and addresses of the individual owners must be given. If owned by a partnership or other unincorporated firm, its name and address, as well as that of each individual member, must be given.)

No stockholders.

3. The known bondholders, mortgagees, and other security holders owning or holding 1 percent or more of total amount of bonds, mortgages, or other securities are: (If there are none, so state.)

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5. The average number of copies of each issue of this publication sold or distributed, through the mails or otherwise, to paid subscribers during the 12 months preceding the date shown above was: 9,409.

FRED J. HART

Sworn to and subscribed before me this 27th day of September, 1960.

(Seal) Betty N. Kiddoo  
(My commission expires Nov. 20, 1960)

If you intend to go to work, there is no better place than right where you are. If you do not intend to go to work, you cannot get along anywhere. Squirming and crawling about from place to place can do no good.

—Abraham Lincoln

NATIONAL HEALTH FEDERATION BULLETIN

## Expert Doubtful on Cancer Signs

The American Cancer Society's own statistical research director believes that his organization has been “crying wolf too long and often” in constantly reiterating the so-called “seven danger signals” which are supposed to warn of cancer to come.

E. Cuyler Hammond, famed for his statistical study of six years ago which first produced an irrefutable cause-and-effect link between heavy cigaret smoking and lung cancer, was here yesterday to address the annual meeting of the Society's Northern California Division.

He based his belief that the society's seven symptoms, which may warn of the approach of cancer, are too generalized on a preliminary sampling of a six-year study of 1,100,000 Americans over 30 years of age.

In the sample of 43,235 persons from 25 States (including California) 62 per cent of the men and 55 per cent of the women said they suffered from one or more of the society's danger signals.

Hammond's points were that obviously all these people are not cancer candidates and if they obeyed society propaganda that they should see a doctor immediately the load would overwhelm medicine.

Further, he said, if a patient goes to a doctor complaining, for instance, of a chronic cough (one of the signals) and it is found to be due to bronchitis or over-smoking, then the patient may assume, when he next has a cough, that it's a symptom of the same trouble—when in reality it may be a sign of approaching cancer.

Hammond suggested that the danger signals should be re-examined and only those retained in which there is a direct and high correlation with cancer.—S.F. Examiner, Fri., Oct. 14, 1960.

Misfortune strengthens our faith which otherwise would become weak and flabby through non-use.

## Pharmaceutical Manufacturers Will Oppose Regulations

FDA's new regulations, which require full and understandable information of certain drugs' possible dangerous effects, still face a fight from the Pharmaceutical Manufacturers' association. The drug makers consider them to be too severe, and have requested “secret” hearings for possible revision — and weakening.

### Compromises in the Works

In order to safeguard trade secrets, the association protests against FDA's provision that the ingredients of a drug be described fully on the label of a package or container. This requirement is designed to warn physicians and patients that certain drugs, despite their specific curative qualities, may be harmful to the heart, the blood system or other organs.

Numerous deaths from drugs prescribed carelessly and indiscriminately, were responsible for FDA's insistence on this safeguard.

### Important Flash

If you want to have on hand articles which support your contention, that the time has come when something has to be done to correct present medical and drug abuses, send for the October issue of Harpers Magazine. The price is 60 cents and it contains a special 64 page supplement covering “The Crisis in American Medicine.” The following subjects are covered: The Politics of Medicine—The Decline of the Healing Art — The Patient's Right to Die — Do You Really Want a Family Doctor? — A Doctor Prescribes For His Profession—MEDICAL RESEARCH CHOKED BY DOLLARS — Tomorrow's Hospitals — and Beyond Traditional Medicine. Each of the foregoing subjects are covered in separate articles by experts who know whereof they speak. If your local news dealer cannot get you a copy, send direct to Harpers and Brothers, 59 East 33d St., New York 16, New York.



## HOXSEY REMEDY

The Food and Drug Administration have at long last closed the Hoxsey Cancer Clinic at Dallas, and in our opinion condemned many folks to death.

The Hoxsey treatment consists of a combination of herbs and potassium iodide. According to the Food and Drug Administration it is harmless but worthless. It can be administered by any licensed physician, with intestinal fortitude sufficient to do what is best for his patient, regardless of whether or not it is approved by the medical hierarchy. The Hoxsey remedy, like all other remedies, should be used by a doctor, as part of, or supplement to, his regular procedure.

That the Hoxsey remedy may be available to doctors every where, we shall, in the January issue of the Bulletin carry an article which will not only give the true formula in detail, but will also explain what each ingredient is, according to medical lore, used for in regular practice. This article will contain complete information, to the end any doctor will know how to have it prepared and how to administer it, provided of course the doctor has a license, which permits him to administer such remedies.

It is wrong in our opinion to force a patient to spend time and money to travel to Texas or any other state, for a remedy that should and could be administered to a sick person by his own doctor, and in his home town. It is to this end we are publishing the formula, etc.

### FOOD FOR THOUGHT . . .

No one who is fit for Heaven wants to go there alone.

Many a wife has learned that you can not make a man tender by keeping him in hot water.

There is no limit to the good a man can do if he does not care who gets the credit.

## Stannous Fluoride Used In Product

The American Dental Association has made history by officially recognizing a toothpaste as an effective decay preventive agent.

This had never been done before by the ADA, which for years had rejected claims of many dentifrice manufacturers, such as "a clean tooth never decays."

The unique distinction of being recognized by the ADA goes to "Crest," manufactured by Proctor & Gamble, Cincinnati.

"Crest," the ADA council on dental therapeutics reported in an issue of the Journal of the American Dental Association, "has been shown to be an effective anti-caries (decay preventive) dentifrice that can be of significant value when used in a conscientiously applied program of oral hygiene and regular professional care; Crest dentifrice may also be of value as a supplement to public health procedures."

The council emphasized its action applies only to one ingredient in the toothpaste—stannous fluoride, a compound of tin and fluorine.

Back of the council's decision are 10 years of clinical studies. There were seven test groups, each matched by "controls."

One group used the dentifrice "under normal conditions in their home." They experienced a 23 per cent reduction in the incidence of tooth decay.

### Reduction in Decay

Members of the second brushed their teeth once a day, under supervision, with a 34 per cent reduction. In a third group, with supervised brushing three times daily, there was a 57 per cent reduction in decay.

(Editor's Note: There certainly can be no further excuse for pushing for fluorides in public drinking water.)

If life were as easy as we wish, most of us would sleep all through it.

NATIONAL HEALTH FEDERATION BULLETIN

## Fluoridation On the Way Out?

By VERA E. ADAMS

President, National Committee Against Fluoridation, Inc.  
Room 504—1311 G Street N.W., Washington 5, D.C.

Probably all members of the National Health Federation are interested in the subject of fluoridation — compulsory mass medication through our public water systems, ostensibly for the benefit of children's teeth, but actually, and admittedly, for driving an entering wedge for a plan for mass control of non-contagious diseases. In this scheme for intrusion into the private lives of our people, the Public Health Service has over-reached itself, and has stirred up a veritable hornets' nest of opposition, so that the impetus of this pressure drive has been considerably checked.

The first instance of a great many of our free-born citizens, when threatened with this coercion, has been to judge it unconstitutional and expressive of totalitarian methods. The next instinct has been to try to protect themselves, and this has led to resistance, resulting in varying degrees of success. This resistance is represented, to date, by a total of well over 1200 cities and towns (not including dependent communities) which have rejected fluoridation in one way or another, many of them by referendum vote. And a significant point is that of all those communities which have "adopted" this program, according to statistics of the Public Health Service, barely 5 per cent have accepted it of their own free will, purportedly, all the rest having had it forced upon them by their local governments, often surreptitiously, or denying demands for a referendum. Of this number, nearly 100 have thrown it out after trying it for various periods, ranging up to seven years or more, as in the case of Concord, N. H., Canton, Ohio, and Horton, Kans. Perhaps the most impressive defeat of fluoridation was that following a vote in the East Bay District, California, which includes 25 communities, where the opposition to fluoridation won by about 40,000 votes. Marin County also, including about the same number of communities, registered a majority vote against it. An ironic phase of this contest was that it was the proponents of fluoridation who forced the balloting in these areas, and came in for a big surprise.

In the minds of many there is probably uncertainty as to the origin of this mass medication scheme. It was our own Public Health Service that sparked the drive. Some very illuminating testimony may be culled from the report of the Fourth Annual Conference of State Dental Directors with the Public Health Service and the Children's Bureau, held in Washington in June 1951. An apt slogan for that meeting might be: "We're going to give the public what it wants if we have to spend ten million dollars making them want it!" At that conference our then Surgeon General, Dr. Leonard Scheele, just returned from a World Health Assembly, reported that he "found a great resistance within the staff of the W.H.O. "to adopting the dental health program outlined in a ready-made resolution presented by the U. S. Delegation. But they finally came around and signed on the dotted line, and the promise was that "funds will now rise in the course of the coming year to the grand level of about seven and a half million dollars." Further comment then was: "The door is now wide open . . . Obviously one of the biggest things facing us is the catalyzing of a real national program of water fluoridation . . . But your toughest job is going to be with the officials of the communities who hold the purse strings and run the cities."

From Dr. Frank Bull, Director of Dental Education, Wisconsin, came the following encouragement: "One thing that is a little hard to handle is the charge that fluoridation is not needed . . . First you need a positive policy by your state

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dental society and your state board of health . . . You have got to get a policy that says 'Do it!' You have got to go to the public and say 'Do something, or don't do something,' and make it emphatic . . . Otherwise they wouldn't need public health people. **WHAT ARE WE HERE FOR?** We have told the public it works, so we cannot go back on that . . . Where the dentists do not seem interested, don't let that stymie you . . . **You can build a fire under the dentists.** That is promotional work . . . If you can—I say if you can—**KEEP FLUORIDATION FROM GOING TO A REFERENDUM.**"

Another source of energy for the fluoridation drive was the fast-growing interest of ALCOA (Aluminum Company of America) in this program, as a source of huge profits. Then came the appointment of Oscar Ewing to the position of head of the then Federal Security Agency, of which the Public Health Service was a branch, and a little later on the \$5,000 Johnny Appleseed joyride, all over the world, during which the seeds of fluoridation were sown apparently to good effect, for we now get reports from far countries of the battles being fought against this made-in-America imposition, with appeals for help. Then began the rain of chimerical statistics by which the PHS intended to persuade the people (as they are still doing) of the unmitigated blessings of this dental panacea. But—"There is nothing hidden that shall not be revealed." Recently, in the course of the injunction proceedings to stop fluoridation in Chicago, Dr. H. Trendley Dean, known as the "Father of Fluoridation," was backed into a corner by an anti-fluoridation expert, Dr. F. B. Exner, and was forced to admit major errors and fallacies in the basic studies on which the whole superstructure of fluoridation propaganda was built. This most important testimony drew no comment whatever, and no mention, from the local press, or the press in general. The gag rule of the PHS is quite effective! Dr. Dean's complete testimony will be published later on by the Devin-Adair Company, 23 E. 26th Street, New York 10, N. Y., and will also be added to the revised edition of "The American Fluoridation Experiment," by Drs. F. B. Exner and G. L. Waldbott, published by the same Company.

We cannot but be conscious of the fact that the fallacious nature of these so-called facts must have been well known to those who offered them to a gullible public. This bears out a statement of Edward L. Bernays, former public relations expert with Oscar Ewing: "The conscious and intelligent manipulation of the organized habits and opinions of the masses must be done by experts, the public relations counsels; they are the invisible rulers who control the destinies of millions . . . the most direct way to reach the mind of the **HERD** is through its leaders. For, if the group leaders accept our ideas, the groups they **dominate** will respond. **Indoctrination must be subtle.** It should be worked into the everyday life of the people—24 hours a day—in hundreds of ways. Public health officers cannot afford the professional modesty professed by physicians. A redefinition of ethics is necessary"—and—"The subject matter of the propaganda need not necessarily be true." (Quoted from Bernays' "Crystallizing Public Opinion.")

In the spring of 1952 the Board of Commissioners in Washington, D.C., announced that they intended to fluoridate our water supply. This was shortly after the Delaney Committee, in its findings, after extensive hearings, had concluded that fluoridation was a "calculated risk," and advised a "Go slow" policy. It was at this time that a small group organized the Citizens Committee Against Fluoridation, whose aim was to try to arouse sentiment against the local program, about which we had in no way been consulted. When the Commissioners got wind of the incipient opposition, they rushed the thing through without legislative action or authority, no bill having been before the Congress on this subject. They simply added the four words "and fluoridation of water" to the items under the appropriation for the Washington Aqueduct, and railroaded it through. This sort of thing

is "legislation by appropriation," and is illegal. The program is costing Washingtonians around \$100,000 a year, and since its inception close to \$1,000,000 have gone down the drain in this way, while in the meantime the District of Columbia is desperately in need of more funds for absolutely essential purposes.

The voiceless and voteless status of the citizens of our Capital City has resulted in an apathetic and resigned attitude toward this imposition. Hence our growth as a committee has been largely out in the States, with only about 15 per cent of our total membership in Washington and vicinity. Accordingly, several years ago it was agreed it would be logical to change the name to National Committee Against Fluoridation, our present title. We are chiefly a clearing house for information and printed material on the "other side" of the fluoridation question—the side which can get practically no publicity through the press or other ordinary channels of communication. We now have members in every State, many of them representing groups of anti-fluoridationists, and we have correspondents as far away as Australia and New Zealand, for the whole world is fighting this made-in-America imposition.

This Committee will be glad to send free sample literature on request. Address National Committee Against Fluoridation, Inc., 1311 G Street N.W., Room 504, Washington 5, D.C.

## Nutrition in the Space Age

Nutrition in the Space Age is a book for health-minded people—those who eat to live, instead of live to eat.

It is the first book to explain that food is only food when it is turned into nutrition by digestion, otherwise it becomes toxic waste material and such waste is only so much garbage; explain the food combinations which turn good food into garbage and those which turn food into nutrition; explain the acid-alkaline chemical balance of the body and the foods necessary to maintain such a balance, as well as its importance; explain the foods which rob the body of its energy and those which are the more energizing; explain the chemical change of life of both men and women; explain its symptoms and how it may be avoided or corrected; and explain how the chemical change of life is the source of the ill-health of many people.

It lists 204 foods and food combinations, and gives a new classification of foods, on the basis of the combinations which turn food into nutrition, keep the body free of toxins and maintain its proper acid-alkaline neutrality—which are the basis of good health.

Written by Dr. Geo. A. Wilson, D.C., an outstanding research scientist, the

author of six other popular books, makes this book outstanding. It is based on original research covering 14 years; has been thoroughly tested in the hospital, the clinic and the office. So it comes well recommended. The price is only \$2.00. (The regular 20% discount to NHF members.)

Send orders direct to Dr. George A. Wilson, Sr., 6455 Don Julio St., Long Beach 15, Calif.

## A Correction

In the Sept.-Oct. issue on the back cover we suggested health minded folks write for a copy of the latest free bulletin on crop spraying. It is right up our alley, so to speak. Unfortunately we had been furnished with the incorrect address. The correct address is **Division of Industrial Safety, 965 Mission Street, San Francisco 3, California.** The Cover has the following caption: Remember This About Sprays—Just because you don't feel the effect of small doses, don't think everything is all right. Repeated doses of some of these poisons may accumulate until one small dose may harm you seriously. The front cover has the caption "Look Our for Yourself, when you are around Crop Spraying." The inside pages are full of good cautions.

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## WE REPEAT

**MARK YOUR CALENDAR.** All members west of the Great Divide should underline December 31, January 1 and January 2. These are the dates of the Sixth Annual Convention of the National Health Federation to be held at Los Angeles, California. Those who attended last year's convention say it was the best they had ever attended. WELL—the best is yet to come! We intend to make this convention so outstanding it will be a landmark in the history of the Federation. These dates make a long weekend, so bring the family and friends. Learn to live and enjoy life. This will be a New Year's celebration you will long remember. There will be a Bazaar. Start making something now to donate. Maybe you have some item of value you no longer need; hunt it up. Send all donated items to Charles Crecelius, 142 E. Alern, Monrovia, Calif.